## DIGITAL CHANT STAND

OF THE GREEK ORTHODOX ARCHDIOCESE OF AMERICA

## The Service of Matins

on Sunday, July 28, 2024

Octoechos - Mode 4 on Sunday Morning Eothinon 5

Menaion - July 28 Katavasias of Summer

Texts in Greek and English

## **Links to Matins Ordinary**

#### **Bilingual**

dcs.goarch.org/goa/dcs/p/b/matinsordinary/normal/gr-en/bk.matinsordinary.normal.pdf

#### **English**

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#### Sources

GOASD Greek Orthodox Archdiocese of America. Fr. Seraphim Dedes. AC Anthony Cook. GKD George K. Duvall. KW Kallistos Ware. RB Richard Barrett. SD Fr. Seraphim Dedes.

TC Thomas Carroll. VPA Virgil Peter Andronache. GOA Greek Orthodox Archdiocese of America. HC Holy Cross Orthodox Press. OCA Orthodox Church in America.

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https://dcs.goarch.org

#### **Email**

dcsinfo@goarch.org

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#### Βιβλία - Πηγαί

Όκτώηχος - Ήχος δ΄.

Τῆ Κυριακῆ Πρωΐ

#### ΟΡΘΡΟΣ

#### ΧΟΡΟΣ

## Ήχος δ'.

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν. Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.

**Στίχ. α΄.** Έξομολογεῖσθε τῷ Κυρίῳ καὶ ἐπικαλεῖσθε τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

**Στίχ. β΄.** Πάντα τὰ ἔθνη ἐκύκλωσάν με, καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτούς.

**Στίχ. γ΄.** Παρὰ Κυρίου ἐγένετο αὕτη καὶ ἔστι θαυμαστὴ ἐν ὀφθαλμοῖς ἡμῶν.

Τῆς Ὀκτωήχου - -

## Απολυτίκιον Άναστάσιμον. Ήχος δ'.

Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἁγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριαι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρἱψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

#### Δόξα. Τὸ αὐτό.

Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἁγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριαι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

#### **Books - Sources**

Octoechos - Mode 4.

On Sunday Morning

#### **MATINS**

#### **CHOIR**

#### Mode 4.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

**Verse 1:** *Give thanks to the Lord and call upon His holy name.* 

**Verse 2:** All the nations surrounded me, but in the name of the Lord I defended myself against them.

**Verse 3:** And this came about from the Lord, and it is wonderful in our eyes.

From Octoechos - - -

## Resurrectional Apolytikion. Mode 4.

When the women disciples of the Lord heard the Angel joyously proclaim the resurrection, they cast aside the ancestral verdict, and boasting in glory they said to the Apostles, "Death has been despoiled! Christ God has risen, granting the great mercy to the world!" [GOASD]

## Glory. Repeat.

When the women disciples of the Lord heard the Angel joyously proclaim the resurrection, they cast aside the ancestral verdict, and boasting in glory they said to the Apostles, "Death has been despoiled! Christ God has risen, granting the great mercy to the world!" [GOASD]

Καὶ νῦν. Θεοτοκίον.

Τῆς Ὀκτωήχου - - -

## Ήχος δ'.

Τὸ ἀπ' αἰῶνος ἀπόκρυφον, καὶ Ἁγγέλοις ἄγνωστον μυστήριον, διὰ σού Θεοτόκε τοῖς ἐπὶ γῆς πεφανέρωται, Θεὸς ἐν ἀσυγχύτῳ ἑνώσει σαρκούμενος, καὶ Σταυρὸν ἑκουσίως ὑπὲρ ἡμῶν καταδεξάμενος· δι' οὖ ἀναστήσας τὸν πρωτόπλαστον, ἔσωσεν ἐκ θανάτου τὰς ψυχὰς ἡμῶν.

#### ΙΕΡΕΥΣ

Έτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

ΧΟΡΟΣ· Κύριε, ἐλέησον.

#### ΙΕΡΕΥΣ

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῆ σῆ χάριτι.

ΧΟΡΟΣ· Κύριε, έλέησον.

### ΙΕΡΕΥΣ

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν, Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἀγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

**ΧΟΡΟΣ**· Σοί, Κύριε.

#### ΙΕΡΕΥΣ

Ότι σὸν τὸ κράτος καὶ σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ ἀγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

**ΧΟΡΟΣ**· Άμήν.

ΧΟΡΟΣ

Κάθισμα Α΄.

Τῆς Ὀκτωήχου - - -

Both now. Theotokion.

From Octoechos - - -

#### Mode 4.

O Theotokos, revealed through you to us on earth was the mystery, that was hidden for ages and unknown by the angels. God became incarnate, uniting natures without confusion, and for us He voluntarily accepted crucifixion, through which He resurrected the first-formed man, and He saved our souls from death. IGOASDI

#### **PRIEST**

Again and again in peace let us pray to the Lord.

**CHOIR:** Lord, have mercy.

#### **PRIEST**

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

**CHOIR:** Lord, have mercy.

#### **PRIEST**

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

**CHOIR:** To You, O Lord.

#### **PRIEST**

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

**CHOIR:** Amen.

#### **CHOIR**

Kathisma I.

From Octoechos - - -

## Ήχος δ'.

Άναβλέψασαι τοῦ τάφου τὴν εἴσοδον, καὶ τὴν φλόγα τοῦ Άγγέλου μὴ φέρουσαι, αἱ Μυροφόροι σὺν τρόμῳ ἐξίσταντο λέγουσαι· Ἄρα ἐκλάπη, ὁ τῷ λῃστῇ ἀνοίξας Παράδεισον; ἄρα ἡγέρθη, ὁ καὶ πρὸ πάθους κηρύξας τὴν ἔγερσιν; Ἀληθῶς ἀνέστη Χριστὸς ὁ Θεός, τοῖς ἐν ἄδῃ παρέχων ζωὴν καὶ ἀνάστασιν.

## Δόξα.

## Ήχος δ΄. Κατεπλάγη Ίωσήφ.

Έκουσία σου βουλῆ, Σταυρὸν ὑπέμεινας Σωτήρ, καὶ ἐν μνήματι καινῷ, ἄνθρωποι ἔθεντο θνητοί, τὸν διὰ λόγου τὰ πέρατα συστησάμενον ὅθεν δεσμευθεὶς ὁ ἀλλότριος, θάνατος δεινῶς ἐσκυλεύετο, καὶ οἱ ἐν ἄδη ἄπαντες ἐκραύγαζον, τῆ ζωηφόρῳ ἐγέρσει σου Χριστὸς ἀνέστη, ὁ ζωοδότης, μένων εἰς τοὺς αἰῶνας.

# Καὶ νῦν. **Θεοτοκίον.** <sup>3</sup>**Ηχος δ΄.** *Αὐτόμελον*.

Κατεπλάγη Ἰωσήφ, τὸ ὑπὲρ φύσιν θεωρῶν, καὶ ἐλάμβανεν εἰς νοῦν, τὸν ἐπὶ πόκον ὑετόν, ἐν τῇ ἀσπόρῳ συλλήψει σου Θεοτόκε, βάτον ἐν πυρὶ ἀκατάφλεκτον, ῥάβδον Ἀαρὼν τὴν βλαστήσασαν· καὶ μαρτυρῶν ὁ μνήστωρ σου καὶ φύλαξ, τοῖς ἱερεῦσιν ἐκραύγαζε· Παρθένος τίκτει, καὶ μετὰ τόκον, πάλιν μένει παρθένος.

#### Mode 4.

Looking up at the entrance to the sepulcher, then unable to endure the Angel's radiance, the Myrrh-bearing Women were frightened; and perplexed they said, "Has He been stolen, who opened Paradise to the Robber? Has He arisen, who before His Passion announced His rising?" Indeed, Christ God has truly risen, granting life and resurrection to those in the netherworld. [GOASD]

### Glory.

## **Mode 4.** Joseph marveled. Κατεπλάγη Ἰωσήφ.

By Your voluntary will, O Savior, You endured the Cross, \* In a new tomb mortal men buried Your body, O Lord, \* who by a word had created the universe. \* Death, the ancient foe, was restrained by You \* and forcefully deprived of the spoils it had. \* And all the souls in Hades sang and glorified \* Your resurrection, which gave them life, \* "Christ the Giver of Life has risen! \* And He abides forever!" [GOASD]

## Both now. **Theotokion. Mode 4.** *Automelon.*

Joseph marveled when he saw that which transcends nature's laws: \* You conceived without the seed of man, O Mother of God. \* Then he remembered the dew on the fleece of Gideon, \* the bush that Moses saw burning yet not consumed, \* and Aaron's rod that sprouted and blossomed forth. \* And your betrothed and guardian bore witness \* before the priests, and he cried aloud, \* "The Virgin gives birth, and

Τῆς Ὀκτωήχου - - -

## Κάθισμα Β΄.

Ήχος δ΄. Ταχὺ προκατάλαβε.

Άνέστης ὡς ἀθάνατος, ἀπὸ τοῦ ἄδου Σωτήρ· συνήγειρας τὸν κόσμον σου, τῆ ἀναστάσει τῆ σῆ, Χριστὲ ὁ Θεὸς ἡμῶν· ἔθραυσας ἐν ἰσχύϊ, τοῦ θανάτου τὸ κράτος· ἔδειξας Ἐλεῆμον, τὴν ἀνάστασιν πᾶσι· διό σε καὶ δοξάζομεν, μόνε Φιλάνθρωπε.

#### Δόξα.

**Ήχος δ΄.** Κατεπλάγη Ἰωσήφ.

Έκ τῶν ἄνω κατελθών, τῶν ὑψωμάτων Γαβριήλ, καὶ τῇ πέτρα προσελθών, ἔνθα ἡ πέτρα τῆς ζωῆς, λευχειμονῶν ἀνεκραύγαζε ταῖς κλαιούσαις· Παύσασθε ὑμεῖς, τῆς θρηνώδους κραυγῆς, ἔχουσαι ἀεί, τὸ εὐσυμπάθητον· ὃν γὰρ ζητεῖτε κλαίουσαι, θαρσεῖτε, ὡς ἀληθῶς ἐξεγήγερται· διὸ βοᾶτε, τοῖς Ἀποστόλοις, ὅτι ἀνέστη ὁ Κύριος.

Καὶ νῦν. **Θεοτοκίον.** <sup>3</sup>**Ηχος δ΄**. *Κατεπλάγη Ἰωσήφ*.

Κατεπλάγησαν Άγνή, πάντες Άγγέλων οι χοροί, τὸ Μυστήριον τῆς σῆς, κυοφορίας τὸ φρικτόν, πῶς ὁ τὰ πάντα συνέχων νεύματι μόνῳ, ἀγκάλαις ὡς βροτός, ταῖς σαῖς συνέχεται, καὶ δέχεται ἀρχὴν ὁ Προαιώνιος, καὶ γαλουχεῖται σύμπασαν ὁ τρέφων, πνοὴν

after childbirth \* still she remains a virgin."

[GOASD]

From Octoechos - - -

#### Kathisma II.

**Mode 4.** Come quickly.

Ταχὺ προκατάλαβε.

You rose, as immortal Savior, from the netherworld, \* and with yourself You also raised Your world by Your resurrection, O Christ our God. \* Mightily You shattered the power of death, O Master. \* Merciful Lord, You showed to all the resurrection. \* Therefore we glorify You, only benevolent God. [GOASD]

Glory.

**Mode 4.** Joseph marveled. Κατεπλάγη Ίωσήφ.

From exalted heights above Gabriel came down to earth; \* and he sat upon the rock wherein the Rock of life had lain. \* Arrayed in white, he cried out to the weeping women, \* "Women, even though you are emotional, \* You no longer need to lament and mourn. \* No more weeping, for the One you are seeking \* has truly risen, so be of good cheer. \* And go and tell it to His Apostles, \* that the Lord has truly risen." [GOASD]

Both now. **Theotokion. Mode 4.** Joseph marveled.
Κατεπλάγη Ἰωσήφ.

O pure Virgin, all the hosts of holy angels were amazed \* at the awesome mystery of your pregnancy and birth, \* how He whose simple command holds all things together \* is held in your embrace as a mortal babe, \* the pre-eternal Word accepts an origin; \* and He is nursed who nourishes the whole world \* in His

ἀφάτω χρηστότητι, καὶ σὲ ὡς ὄντως, Θεοῦ Μητέρα, εὐφημοῦντες δοξάζουσι.

# Εὐλογητάρια Άναστάσιμα. <sup>3</sup>Ηχος πλ. α'.

Εύλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Τῶν Ἁγγέλων ὁ δῆμος, κατεπλάγη ὁρῶν σε, ἐν νεκροῖς λογισθέντα, τοῦ θανάτου δὲ Σωτήρ, τὴν ἰσχὺν καθελόντα, καὶ σὺν ἑαυτῷ τὸν Ἀδὰμ ἐγείραντα, καὶ ἐξ Ἅδου πάντας ἐλευθερώσαντα.

Εύλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Τί τὰ μύρα, συμπαθῶς τοῖς δάκρυσιν, ὧ Μαθήτριαι κιρνᾶτε; ὁ ἀστράπτων ἐν τῷ τάφῷ Ἅγγελος, προσεφθέγγετο ταῖς Μυροφόροις Ἰδετε ὑμεῖς τὸν τάφον καὶ ἤσθητε· ὁ Σωτὴρ γὰρ ἐξανέστη τοῦ μνήματος.

Εύλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Λίαν πρωΐ, Μυροφόροι ἔδραμον, πρὸς τὸ μνῆμά σου θρηνολογοῦσαι· ἀλλ' ἐπέστη, πρὸς αὐτὰς ὁ Ἅγγελος, καὶ εἶπε· θρήνου ὁ καιρὸς πέπαυται, μὴ κλαίετε, τὴν ఉνάστασιν δέ, Ἀποστόλοις εἴπατε.

Εύλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Μυροφόροι γυναῖκες, μετὰ μύρων ἐλθοῦσαι, πρὸς τὸ μνῆμά σου, Σῶτερ ἐνηχοῦντο. Ἁγγέλου τρανῶς, πρὸς αὐτὰς ineffable kindness. \* And they extol you and glorify you \* who are truly Theotokos. [GOASD]

# Resurrectional Evlogetaria. Mode pl. 1.

Blessed are You, O Lord, teach me Your statutes.

When the hosts of the Angels saw how You were accounted among the dead, they all marveled. You, O Savior, are the One who destroyed the might of death; and when You arose You raised Adam with yourself and from Hades liberated everyone.

Blessed are You, O Lord, teach me Your statutes.

"Why do you mingle the ointments with your tears full of pity, O women disciples?" Thus the Angel who was shining in the tomb cried to the myrrh-bearing women. "See for yourselves the empty tomb and understand, that the Savior has risen from the sepulcher."

Blessed are You, O Lord, teach me Your statutes.

Very early in the morning, the myrrhbearing women were hastening to Your tomb lamenting. But the Angel appeared to them and uttered, "The time for lamentation has ended; weep no more. Go announce the Resurrection to the Apostles."

Blessed are You, O Lord, teach me Your statutes.

When the myrrh-bearing women had come with their spices to Your sepulcher, O Savior, they heard the voice of an Angel clearly

φθεγγομένου· Τί μετὰ νεκρῶν, τὸν ζώντα λογίζεσθε; ὡς Θεὸς γάρ, ἐξανέστη τοῦ μνήματος.

#### Δόξα.

Προσκυνοῦμεν Πατέρα, καὶ τὸν τούτου Υἱόν τε, καὶ τὸ Ἅγιον Πνεῦμα, τὴν Ἁγίαν Τριάδα, ἐν μιᾳ τῇ οὐσίᾳ, σὺν τοῖς Σεραφείμ, κράζοντες τὸ Ἅγιος, Ἅγιος, Ἅγιος εἶ, Κύριε.

#### Καὶ νῦν.

Ζωοδότην τεκοῦσα, ἐλυτρώσω Παρθένε, τὸν Ἀδὰμ ἁμαρτίας, χαρμονὴν δὲ τῇ Εὔα, ἀντὶ λύπης παρέσχες, ῥεύσαντα ζωῆς, ἴθυνε πρὸς ταύτην δέ, ὁ ἐκ σοῦ σαρκωθείς Θεὸς καὶ ἄνθρωπος.

Άλληλούϊα. Άλληλούϊα. Άλληλούϊα. Δόξα σοι, ὁ Θεός. (3)

#### ΙΕΡΕΥΣ

Έτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

ΧΟΡΟΣ· Κύριε, έλέησον.

#### ΙΕΡΕΥΣ

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῆ σῆ χάριτι.

ΧΟΡΟΣ· Κύριε, ἐλέησον.

#### ΙΕΡΕΥΣ

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν, Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

speaking to them, "Why do you account among the dead the One who lives? For as God, He has risen from the sepulcher."

### Glory.

We bow down in worship to the Father and His Son and the Holy Spirit, the Holy Trinity, one in essence; and we cry aloud with the Seraphim: Holy, Holy, Holy are You, O Lord.

#### Both now.

Giving birth to the Giver of life, O Virgin, you delivered Adam from sin, and to Eve you have rendered joy in place of sorrow. He who from you became incarnate, God and man, has directed to life him who fell from it.

Alleluia. Alleluia. Glory to You, O God. (3)

#### **PRIEST**

Again and again in peace let us pray to the Lord.

**CHOIR:** Lord, have mercy.

#### **PRIEST**

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

**CHOIR:** Lord, have mercy.

#### **PRIEST**

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

**ΧΟΡΟΣ·** Σοί, Κύριε.

#### ΙΕΡΕΥΣ

Ότι ηὐλόγηταί σου τὸ ὄνομα καὶ δεδόξασταί σου ἡ βασιλεία, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰὧνας τῶν αἰώνων.

**ΧΟΡΟΣ**· Άμήν.

#### ΑΝΑΓΝΩΣΤΗΣ

Τῆς Ὀκτωήχου - - -

## Ύπακοή. ϶Ήχος δ΄.

Τὰ τῆς σῆς παραδόξου ἐγέρσεως, προδραμοῦσαι αἱ Μυροφόροι, τοῖς Αποστόλοις ἐκήρυττον Χριστέ, ὅτι ἀνέστης ὡς Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

#### ΧΟΡΟΣ

## Οἱ Ἀναβαθμοί. Ἀντίφωνον Α΄. <sup>°</sup>Ηχος δ΄.

Έκ νεότητός μου πολλὰ πολεμεῖ με πάθη· άλλ' αὐτὸς ἀντιλαβοῦ, καὶ σῶσον Σωτήρ μου.

Οἱ μισοῦντες Σιών, αἰσχύνθητε ἀπὸ τοῦ Κυρίου· ὡς χόρτος γάρ, πυρὶ ἔσεσθε ἀπεξηραμμένοι.

Δόξα· καὶ νῦν.

Άγίω Πνεύματι πᾶσα ψυχὴ ζωοῦται, καὶ καθάρσει ὑψοῦται, λαμπρύνεται, τῆ τριαδικῆ μονάδι ἱεροκρυφίως.

### Άντίφωνον Β΄.

Έκέκραξά σοι Κύριε, θερμῶς ἐκ βάθους ψυχῆς μου· Κἀμοὶ γενέσθω, πρὸς ὑπακοὴν τὰ θεῖά σου ὧτα.

Έπὶ τὸν Κύριον ἐλπίδα πᾶς τις κεκτημένος, ὑψηλότερός ἐστι, πάντων τῶν λυπούντων.

**CHOIR:** To You, O Lord.

#### **PRIEST**

For blessed is Your name, and glorified is Your kingdom, of the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

**CHOIR:** Amen.

#### **READER**

From Octoechos - - -

### Hypakoe. Mode 4.

The Myrrh-bearing Women hurried to declare the matter of Your paradoxal rising to Your Apostles, O Christ, that You rose, as God, and granted to the world the great mercy.

#### **CHOIR**

## Anavathmoi. Antiphon 1. Mode 4.

From my youth, many passions war against me. O my Savior, I implore You, uphold me and save me. [GOASD]

You who hate Zion, be shamed by the Lord; for you will be withered like grass in the fire. [GOASD]

Glory. Both now.

By the Holy Spirit every soul is animated, and when purified, it is mystically uplifted and brightened by the triune Godhead. [GOASD]

## Antiphon 2.

I have cried to You, O Lord, from the depth of my soul with fervor. Let Your divine ears be attentive to me. [GOASD]

Everyone who has their hope in the Lord is higher than anything that could sadden them.

[GOASD]

Δόξα· καὶ νῦν.

Άγίω Πνεύματι, ἀναβλύζει τὰ τῆς χάριτος ἡεῖθρα, ἀρδεύοντα, ἄπασαν τὴν κτίσιν πρὸς ζωογονίαν.

#### Άντίφωνον Γ΄.

Ἡ καρδία μου πρὸς σὲ Λόγε ὑψωθήτω, καὶ οὐδὲν θέλξει με, τῶν τοῦ κόσμου τερπνῶν πρὸς χαμαιζηλίαν.

Έπὶ τὴν μητέρα αὐτοῦ, ὡς ἔχει τις στοργήν, ἐπὶ τῷ Κυρίῳ, θερμότερον φίλτρον χρεωστοῦμεν.

Δόξα· καὶ νῦν.

Άγίω Πνεύματι, θεογνωσίας πλοῦτος, θεωρίας καὶ σοφίας· πάντα γὰρ ἐν τούτω, τὰ πατρῷα δόγματα, ὁ Λόγος ἐκκαλύπτει.

## Προκείμενον.

Άνάστα, Κύριε, βοήθησον ἡμῖν, καὶ λύτρωσαι ἡμᾶς, ἕνεκεν τῆς δόξης τοῦ ὀνόματός σου. (δίς)

**Στίχ.** Ὁ Θεός, ἐν τοῖς ἀσὶν ἡμῶν ἡκούσαμεν.

Άνάστα, Κύριε, βοήθησον ἡμῖν, καὶ λύτρωσαι ἡμᾶς, ἕνεκεν τῆς δόξης τοῦ ὀνόματός σου.

#### ΙΕΡΕΥΣ

Έτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

ΧΟΡΟΣ· Κύριε, ἐλέησον.

#### ΙΕΡΕΥΣ

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῆ σῆ χάριτι.

Glory. Both now.

From the Holy Spirit the streams of grace well forth; they water all creation, so that life be engendered. [GOASD]

### Antiphon 3.

Let my heart be lifted up to You, O Logos; and none of the world's delights will entice me to be earthly-minded. [GOASD]

Whereas one has filial affection for his mother, for the Lord we ought to have a love even more fervent. [GOASD]

Glory. Both now.

In the Holy Spirit is the wealth of knowledge of God, contemplation and wisdom. For in Him the Logos discloses all the dogmas of the Father. [GOASD]

#### Prokeimenon.

Arise, O Lord; help us, and redeem us, because of the glory of Your name. (2)

**Verse:** O God, we heard with our ears.

Arise, O Lord; help us, and redeem us, because of the glory of Your name. [SAAS]

#### **PRIEST**

Again and again in peace let us pray to the Lord.

**CHOIR:** Lord, have mercy.

#### **PRIEST**

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

ΧΟΡΟΣ· Κύριε, έλέησον.

#### ΙΕΡΕΥΣ

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν, Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

**ΧΟΡΟΣ·** Σοί, Κύριε.

#### ΙΕΡΕΥΣ

Σὺ γὰρ εἶ ὁ βασιλεὺς τῆς εἰρήνης καὶ σωτὴρ τῶν ψυχῶν ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

**ΧΟΡΟΣ**· Άμήν.

#### ΑΝΑΓΝΩΣΤΗΣ

Τῆς Ὀκτωήχου - -

## Κοντάκιον Άναστάσιμον.

Ό Σωτήρ καὶ ῥύστης μου, ἀπὸ τοῦ τάφου, ώς Θεὸς ἀνέστησεν, ἐκ τῶν δεσμῶν τοὺς γηγενεῖς, καὶ πύλας ἄδου συνέτριψε, καὶ ὡς Δεσπότης, ἀνέστη τριήμερος.

#### Ὁ Οἶκος.

Τὸν ἀναστάντα ἐκ νεκρῶν, Χριστὸν τὸν ζωοδότην, τριήμερον ἐκ τάφου καὶ πύλας τοῦ θανάτου σήμερον συνθλάσαντα, τῇ δυνάμει τῇ αὐτοῦ, τὸν ἄδην τε νεκρώσαντα, καὶ τὸ κέντρον τοῦ θανάτου συντρίψαντα, καὶ τὸν Ἀδὰμ σὺν τῇ Εὕᾳ ἐλευθερώσαντα, ὑμνήσωμεν πάντες οἱ γηγενεῖς, εὐχαρίστως βοῶντες αἶνον ἐκτενῶς· Αὐτὸς γὰρ ὡς μόνος κραταιὸς Θεὸς καὶ Δεσπότης, ἀνέστη τριήμερος.

Ό λαὸς ἵσταται διὰ τὴν ἀνάγνωσιν τοῦ Συναξαρίου.

**CHOIR:** Lord, have mercy.

#### **PRIEST**

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

**CHOIR:** To You, O Lord.

#### **PRIEST**

For You are the King of peace and the savior of our souls, and to You we offer up glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

**CHOIR:** Amen.

#### READER

From Octoechos - - -

#### Resurrectional Kontakion.

He who saved and rescued me has resurrected from the tomb and bonds of death those born on earth, for He is God. He smashed the gates of the netherworld, and on the third day, He rose, as the Lord of all. [GOASD]

#### Oikos.

Christ is the Giver of Life. He rose from the dead and the tomb, on the third day. He smashed the gates of death with His might today. He neutralized Hades and crushed the sting of death. And He freed Adam and Eve. Let all of us born on earth earnestly sing and praise Him with gratitude; for He is our one and mighty God, and on the third day He rose, as the Lord of all. [GOASD]

Stand for the reading of the Synaxarion.

## Συναξάριον

Τοῦ Μηναίου.

Τῆ ΚΗ΄ τοῦ αὐτοῦ μηνός, μνήμη τῶν Άγίων Ἀποστόλων καὶ Διακόνων Προχόρου, Νικάνορος, Τίμωνος καὶ Παρμενᾶ.

Τῆ αὐτῆ ἡμέρα, μνήμη τοῦ Άγίου Μάρτυρος Εὐσταθίου τοῦ ἐν Άγκύρα.

Τῆ αὐτῆ ἡμέρᾳ, μνήμη τοῦ Ἁγίου Μάρτυρος Ἀκακίου· καὶ ἀνάμνησις τῶν Ἐγκαινίων τοῦ ναοῦ τῆς Ὑπεραγίας Θεοτόκου ἐν τοῖς Διακονίσσης.

Ἡ Ἁγία Μάρτυς Δροσίς, ἐν χώνῃ χρυσῆ βληθεῖσα, τελειοῦται.

Μνήμη τῆς Ὁσίας μητρὸς ἡμῶν Εἰρήνης τῆς ἐκ Καππαδοκίας, ἀσκησάσης ἐν τῆ Μονῆ τοῦ Χρυσοβαλάντου.

Ό Όσιος Παῦλος ὁ Ξηροποταμηνός, ὁ ἱδρύσας τὰς δύο Μονάς, τὴν τοῦ Ξηροποτάμου καὶ τὴν τοῦ Ἁγίου Παύλου, ἤτοι τὴν τοῦ Ἁγίου Γεωργίου, ἐν Ἁγίῳ Ὅρει, ὁ ἐν ἔτει 820 ἀκμάσας, ἐν εἰρήνῃ τελειοῦται.

Ταῖς αὐτῶν ἁγίαις πρεσβείαις, ὁ Θεός, ἐλέησον ἡμᾶς. Ἀμήν.

#### ΧΟΡΟΣ

# Καταβασίαι Θεριναί 'Ωδὴ α'. 'Ήχος δ'.

Χοροὶ Ἰσραήλ, ἀνίκμοις ποσί, πόντον ἐρυθρόν, καὶ ὑγρὸν βυθὸν διελάσαντες, ἀναβάτας τριστάτας, δυσμενεῖς ὁρῶντες ἐν αὐτῷ ὑποβρυχίους, ἐν ἀγαλλιάσει ἔμελπον Ἄσωμεν τῷ Θεῷ ἡμῶν, ὅτι δεδόξασται.

#### **Synaxarion**

From the Menaion.

On July 28, we commemorate the holy Apostles and Deacons Prochorus, Nicanor, Timon, and Parmenas.

On this day we also commemorate the holy Martyr Eustathius of Ancyra.

On this day we also commemorate the holy Martyr Acakius; and the consecration of the church of the Most Holy Theotokos in the Quarter of Deaconess.

On this day the holy Martyr Drosis died after she was cast into a crucible of gold.

On this day we also commemorate our devout Mother Irene of Cappadocia, who lived in asceticism in the Monastery of Chrysovalantou.

The devout Paul Xeropotaminos, who founded two Monasteries on Mount Athos, Xeropotamou and Saint Paul's (which is dedicated to Saint George), and who flourished in the year 820, reposed in peace.

By their holy intercessions, O God, have mercy on us. Amen.

#### **CHOIR**

## Katavasias of Summer Ode i. Mode 4.

When the hosts of Israel crossed the Red Sea, \* passing through the midst of the sea on foot, and did not get wet, \* they beheld Pharaoh's army, \* the horsemen and chosen captains, submerged beneath the waters. \* With great rejoicing they sang this song, \* "Let

## 'Ωδη γ'.

Τόξον δυνατῶν ἠσθένησε, καὶ οἱ ἀσθενοῦντες, περιεζώσαντο δύναμιν· διὰ τοῦτο ἐστερεώθη, ἐν Κυρίῳ ἡ καρδία μου.

## 'Ωδη δ'.

Εἰσακήκοα τὴν ἔνδοξον οἰκονομίαν σου Χριστὲ ὁ Θεός, ὅτι ἐτέχθης ἐκ τῆς Παρθένου, ἵνα ἐκ πλάνης ῥύσῃ τοὺς κραυγάζοντας· Δόξα τῆ δυνάμει σου Κύριε.

### Ώδὴ ε΄.

Ό τοῦ φωτὸς διατμήξας τὸ πρωτόγονον χάος, ὡς ἐν φωτὶ τὰ ἔργα ὑμνεῖ σε Χριστέ, τὸν Δημιουργόν, ἐν τῷ φωτί σου, τὰς ὁδοὺς ἡμῶν εὔθυνον.

### 'Ωδη ζ'.

Έν τῷ θλιβεσθαί με, ἐβόησα πρὸς Κύριον, καὶ ἑπήκουσέ μου, ὁ Θεὸς τῆς σωτηρίας μου.

#### Ώδὴ ζ΄.

Άβραμιαῖοί ποτε, ἐν Βαβυλῶνι Παῖδες, καμίνου φλόγα κατεπάτησαν, ἐν ὕμνοις κραυγάζοντες· ὁ τῶν Πατέρων Θεὸς εὐλογητὸς εἶ.

us sing to our God, for He is greatly glorified."

#### Ode iii.

Weakened is the bow of mighty men, \* and those who are weak are girded with strength from our righteous God. \* For this reason, as it is written, my heart is strengthened in the Lord. [GOASD]

#### Ode iv.

I have heard about Your glorious divine economy, O Christ my God, \* that You were born of the virgin Maiden, \* so as to free from error those who cry to You, \* Glory to Your strength, O Lord my God. [GOASD]

#### Ode v.

You divided the light from the primordial darkness, \* so that Your works, in the light, may sing praises to You, \* the Creator, O Christ. \* We now entreat You: \* In Your light make straight our ways. [GOASD]

#### Ode vi.

When I was afflicted, I cried out to the Lord my God, \* the Lord of Deliverance. I prayed and He heard my voice. [GOASD]

## Ode vii.

Servants in Babylon, of old, \* those three descendants of Abraham, trampled on the furnace fire. \* In hymns they cried out to You, \* "O Lord and God of our fathers, You are blessed." [GOASD]

### 'Ωδή η'.

Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν τὸν Κύριον.

Οἱ ἐν Βαβυλῶνι Παῖδες, τῷ θείῳ πυρπολούμενοι ζήλῳ, τυράννου καὶ φλογὸς ἀπειλήν, ἀνδρείως κατεπάτησαν, καὶ μέσον πυρὸς ἐμβληθέντες, δροσιζόμενοι ἔψαλλον· Εὐλογεῖτε πάντα τὰ ἔργα Κυρίου τὸν Κύριον.

Ό λαὸς ἵσταται διὰ τὴν ἀνάγνωσιν τοῦ Εὐαγγελίου.

ΔΙΑΚΟΝΟΣ· Τοῦ Κυρίου δεηθῶμεν.

ΧΟΡΟΣ· Κύριε, έλέησον.

#### ΙΕΡΕΥΣ

Ότι ἄγιος εἶ, ὁ Θεὸς ἡμῶν, καὶ ἐν ἁγίοις ἐπαναπαύῃ, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

**ΧΟΡΟΣ**· Άμήν.

## Ήχος β΄.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. (δίς) Αἰνεσάτω πνοή πᾶσα τὸν Κύριον.

#### ΔΙΑΚΟΝΟΣ

Καὶ ὑπέρ τοῦ καταξιωθῆναι ἡμᾶς τῆς ἀκροάσεως τοῦ ἀγίου Εὐαγγελίου, Κύριον τὸν Θεὸν ἡμῶν ἱκετεύσωμεν.

**ΧΟΡΟΣ**· Κύριε, έλέησον. (3)

#### ΔΙΑΚΟΝΟΣ

Σοφία. Όρθοί. Άκούσωμεν τοῦ ἁγίου Εὐαγγελίου.

#### Ode viii.

We praise and we bless and we worship the Lord.

Once in Babylon, those Servants, \* on fire with divine zeal and longing, \* courageously defying the threat \* of both the tyrant and the flame, \* were thrown into the midst of the furnace. \* As they were refreshed with dew, \* they were singing, "O all you works of the Lord, praise and bless the Lord." [GOASD]

Stand for the Gospel reading.

**DEACON:** Let us pray to the Lord.

**CHOIR:** Lord, have mercy.

#### **PRIEST**

For You, our God, are holy, and You rest among the holy ones, and to You we offer up glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

**CHOIR:** Amen.

#### Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes praise the Lord. [SAAS]

#### **DEACON**

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

**CHOIR:** Lord, have mercy. (3)

#### **DEACON**

Wisdom. Arise. Let us hear the holy Gospel.

ΙΕΡΕΥΣ· Είρήνη πᾶσι.

ΧΟΡΟΣ· Καὶ τῷ πνεύματί σου.

#### ΙΕΡΕΥΣ

Έκ τοῦ κατὰ Λουκᾶν ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

ΔΙΑΚΟΝΟΣ· Πρόσχωμεν.

### ΧΟΡΟΣ

Δόξα σοι, Κύριε, δόξα σοι.

ΙΕΡΕΥΣ (ἀπὸ τῆς ἁγίας τραπέζης)

Έωθινὸν Ε΄ Λουκᾶν 24:12 – 35

Τῷ καιρῷ ἐκείνῳ, ὁ Πέτρος ἀναστὰς ἔδραμεν ἐπὶ τὸ μνημεῖον, καὶ παρακύψας βλέπει τὰ ὀθόνια κείμενα μόνα, καὶ ἀπῆλθε πρὸς ἑαυτόν, θαυμάζων τὸ γεγονός. Καὶ ίδοὺ δύο έξ αὐτῶν ἦσαν πορευόμενοι ἐν αὐτῆ τῆ ἡμέρα εἰς κώμην ἀπέχουσαν σταδίους έξήκοντα ἀπὸ Ἱερουσαλήμ, ἡ ὄνομα Ἐμμαούς. καὶ αὐτοὶ ὡμίλουν πρὸς ἀλλήλους περὶ πάντων τῶν συμβεβηκότων τούτων. καὶ ἐγένετο ἐν τῷ ὁμιλεῖν αὐτοὺς καὶ συζητεῖν καὶ αὐτὸς ο Ίησοῦς ἐγγίσας συνεπορεύετο αὐτοῖς· οί δὲ ὀφθαλμοὶ αὐτῶν ἐκρατοῦντο τοῦ μὴ έπιγνῶναι αὐτόν. εἶπε δὲ πρὸς αὐτούς· τίνες οἱ λόγοι οὖτοι οὓς ἀντιβάλλετε πρὸς ἀλλήλους περιπατοῦντες καί έστε σκυθρωποί; ἀποκριθεὶς δὲ ὁ εἶς, ὧ ὄνομα Κλεόπας, εἶπε πρὸς αὐτόν· σὺ μόνος παροικεῖς ἐν Ἱερουσαλὴμ καὶ οὐκ ἔγνως τὰ γενόμενα ἐν αὐτῇ ἐν ταῖς ἡμέραις ταύταις; καὶ εἶπεν αὐτοῖς· ποῖα; οἱ δὲ εἶπον αὐτῷ· τὰ περὶ Ἰησοῦ τοῦ Ναζωραίου, ὃς έγένετο άνὴρ προφήτης δυνατὸς ἐν ἔργῳ καὶ λόγω ἐναντίον τοῦ Θεοῦ καὶ παντὸς τοῦ λαοῦ, ὅπως τε παρέδωκαν αὐτὸν οἱ ἀρχιερεῖς καὶ οἱ ἄρχοντες ἡμῶν εἰς κρῖμα θανάτου καὶ

**PRIEST:** Peace be with all.

**CHOIR:** And with your spirit.

#### **PRIEST**

The reading is from the holy Gospel according to Luke.

**DEACON:** Let us be attentive.

#### **CHOIR**

Glory to You, O Lord, glory to You.

**PRIEST** (from the altar table)

Eothinon 5 Luke. 24:12 – 35

At that time, Peter rose and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; and he went home wondering at what had happened. And behold, two of them were going to a village named Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing together, Jesus himself drew near and went with them. But their eyes were kept from recognizing him. And he said to them, "What is this conversation which you are holding with each other as you walk, looking sad?" Then one of them, named Cleopas, answered him, "Are you the only visitor to Jerusalem who does not know the things that have happened there in these days?" And he said to them, "What things?" And they said to him, "Concerning Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and rulers delivered him up to be condemned to death, and crucified him. But we had hoped that he was the one to redeem

έσταύρωσαν αὐτόν. ἡμεῖς δὲ ἠλπίζομεν ὅτι αὐτός ἐστιν ὁ μέλλων λυτροῦσθαι τὸν Ἰσραήλ· άλλά γε σὺν πᾶσι τούτοις τρίτην ταύτην ἡμέραν ἄγει σήμερον ἀφ' οὖ ταῦτα ἐγένετο. άλλὰ καὶ γυναῖκές τινες έξ ἡμῶν έξέστησαν ήμᾶς γενόμεναι ὄρθριαι ἐπὶ τὸ μνημεῖον, καὶ μη εύροῦσαι τὸ σῶμα αὐτοῦ ἦλθον λέγουσαι καὶ ὀπτασίαν ἀγγέλων ἑωρακέναι, οἳ λέγουσιν αὐτὸν ζῆν. καὶ ἀπῆλθόν τινες τῶν σὺν ἡμῖν έπὶ τὸ μνημεῖον, καὶ εὖρον οὕτω καθώς καὶ αἱ γυναῖκες εἶπον, αὐτὸν δὲ οὐκ εἶδον. καὶ αὐτὸς εἶπε πρὸς αὐτούς· ὧ ἀνόητοι καὶ βραδεῖς τῆ καρδία τοῦ πιστεύειν ἐπὶ πᾶσιν οἶς ἐλάλησαν οί προφῆται! ούχὶ ταῦτα ἔδει παθεῖν τὸν Χριστὸν καὶ είσελθεῖν είς τὴν δόξαν αὐτοῦ; καὶ ἀρξάμενος ἀπὸ Μωϋσέως καὶ ἀπὸ πάντων τῶν προφητῶν διηρμήνευεν αὐτοῖς ἐν πάσαις ταῖς γραφαῖς τὰ περὶ ἑαυτοῦ. Καὶ ἤγγισαν είς τὴν κώμην οὖ ἐπορεύοντο, καὶ αὐτὸς προσεποιεῖτο πορρωτέρω πορεύεσθαι· καὶ παρεβιάσαντο αὐτὸν λέγοντες· μεῖνον μεθ' ἡμῶν, ὅτι πρὸς ἐσπέραν ἐστὶ καὶ κέκλικεν ἡ ἡμέρα. καὶ εἰσῆλθε τοῦ μεῖναι σὺν αὐτοῖς. καὶ ἐγένετο ἐν τῷ κατακλιθῆναι αὐτὸν μετ' αὐτῶν λαβὼν τὸν ἄρτον εὐλόγησε, καὶ κλάσας έπεδίδου αὐτοῖς. αὐτῶν δὲ διηνοίχθησαν οἱ όφθαλμοί, καὶ ἐπέγνωσαν αὐτόν· καὶ αὐτὸς ἄφαντος ἐγένετο ἀπ' αὐτῶν. καὶ εἶπον πρὸς άλλήλους∙ ούχὶ ἡ καρδία ἡμῶν καιομένη ἦν έν ἡμῖν, ὡς ἐλάλει ἡμῖν ἐν τῇ ὁδῷ καὶ ὡς διήνοιγεν ἡμῖν τὰς γραφάς; Καὶ ἀναστάντες αὐτῆ τῆ ὥρα ὑπέστρεψαν εἰς Ἱερουσαλήμ, καὶ εὖρον συνηθροισμένους τοὺς ἕνδεκα καὶ τοὺς σὺν αὐτοῖς, λέγοντας ὅτι ἠγέρθη ὁ Κύριος ὄντως καὶ ὤφθη Σίμωνι. καὶ αὐτοὶ έξηγοῦντο

Israel. Yes, and besides all this, it is now the third day since this happened. Moreover, some women of our company amazed us. They were at the tomb early in the morning and did not find his body; and they came back saying that they had even seen a vision of angels, who said that he was alive. Some of those who were with us went to the tomb, and found it just as the women had said; but him they did not see." And he said to them, "O foolish men, and slow of heart to believe all that the prophets have spoken! Was it not necessary that the Christ should suffer these things and enter into his glory?" And beginning with Moses and all the prophets, he interpreted to them in all the scriptures the things concerning himself. So they drew near to the village to which they were going. He appeared to be going further, but they constrained him, saying, "Stay with us, for it is toward evening and the day is now far spent." So he went in to stay with them. When he was at table with them, he took the bread and blessed, and broke it, and gave it to them. And their eyes were opened and they recognized him; and he vanished out of their sight. They said to each other, "Did not our hearts burn within us while he talked to us on the road, while he opened to us the scriptures?" And they rose that same hour and returned to Jerusalem; and they found the eleven gathered together and those who were with them, who said, "The Lord has risen indeed, and has appeared to Simon!" Then they told what had happened on the road, and how he was known to them in the breaking of the bread. [RSV]

τὰ ἐν τῆ ὁδῷ καὶ ὡς ἐγνώσθη αὐτοῖς ἐν τῆ κλάσει τοῦ ἄρτου.

#### ΧΟΡΟΣ

Δόξα σοι, Κύριε, δόξα σοι.

#### ΑΝΑΓΝΩΣΤΗΣ

Άνάστασιν Χριστοῦ θεασάμενοι, προσκυνήσωμεν Ἅγιον Κύριον Ἰησοῦν, τὸν μόνον ἀναμάρτητον. Τὸν Σταυρόν σου, Χριστέ, προσκυνοῦμεν καὶ τὴν ἁγίαν σου ἀνάστασιν ὑμνοῦμεν καὶ δοξάζομεν· σὺ γὰρ εἶ Θεὸς ἡμῶν, ἐκτός σου ἄλλον οὐκ οἴδαμεν, τὸ ὄνομά σου ὀνομάζομεν. Δεῦτε πάντες οἱ πιστοί, προσκυνήσωμεν τὴν τοῦ Χριστοῦ ἁγίαν ἀνάστασιν· ἰδοὺ γὰρ ἦλθε διὰ τοῦ Σταυροῦ χαρὰ ἐν ὅλῳ τῷ κόσμῳ. Διὰ παντὸς εὐλογοῦντες τὸν Κύριον, ὑμνοῦμεν τὴν ἀνάστασιν αὐτοῦ· Σταυρὸν γὰρ ὑπομείνας δι' ἡμᾶς, θανάτῳ θάνατον ἄλεσεν.

#### ΧΟΡΟΣ

Ψαλμὸς Ν' (50).

**Ήχος β΄.** (ἢ τῆς ἑβδομάδος.)

Έλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου έξάλειψον τὸ ἀνόμημά μου.

Έπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν με.

Ότι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία μου ἐνώπιόν μού ἐστι διαπαντός.

Σοὶ μόνῳ ἥμαρτον, καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα· ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε.

#### **CHOIR**

Glory to You, O Lord, glory to You.

#### READER

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. Your Cross, O Christ, we venerate, and Your holy Resurrection we praise and glorify. For You are our God; apart from You we know no other; we call upon Your name. Come, all faithful, let us venerate the holy Resurrection of Christ; for behold, through the Cross, joy has come to the whole world. Ever blessing the Lord, let us praise His Resurrection; for having endured the Cross for us, He destroyed death by death. [GOA]

#### **CHOIR**

#### Psalm 50 (51).

**Mode 2.** (or the Mode of the week)

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Wash me thoroughly from my lawlessness and cleanse me from my sin.

For I know my lawlessness, and my sin is always before me.

Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged.

Ίδοὺ γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου.

'Ιδοὺ γὰρ ἀλήθειαν ἠγάπησας· τὰ ἄδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι.

'Ραντιεῖς με ὑσσώπῳ, καὶ καθαρισθήσομαι· πλυνεῖς με καὶ ὑπὲρ χιόνα λευκανθήσομαι.

Άκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην· ἀγαλλιάσονται ὀστέα τεταπεινωμένα.

Άπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν ἁμαρτιῶν μου, καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον.

Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς ἐγκάτοις μου.

Μὴ ἀπορἡίψης με ἀπὸ τοῦ προσώπου σου, καὶ τὸ Πνεῦμά σου τὸ ἅγιον μὴ ἀντανέλης ἀπ' ἐμοῦ.

Άπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῷ στήριξόν με.

Διδάξω ἀνόμους τὰς ὁδούς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι.

'Ρῦσαί με ἐξ αἰμάτων, ὁ Θεὸς ὁ Θεὸς τῆς σωτηρίας μου· ἀγαλλιάσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου.

Κύριε, τὰ χείλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου.

For behold, I was conceived in transgressions, and in sins my mother bore me.

Behold, You love truth; You showed me the unknown and secret things of Your wisdom.

You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow.

You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice.

Turn Your face from my sins, and blot out all my transgressions.

Create in me a clean heart, O God, and renew a right spirit within me.

Do not cast me away from Your presence, and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my mouth will declare Your praise.

Ότι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν· ὁλοκαυτώματα οὐκ εὐδοκήσεις.

Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον· καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει.

Άγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τείχη Ἰερουσαλήμ.

Τότε εὐδοκήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ ὁλοκαυτώματα.

Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους. Καὶ ἐλέησόν με, ὁ Θεός.

Δόξα.

Ταῖς τῶν Ἀποστόλων πρεσβείαις, Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν ἐγκλημάτων.

Καὶ νῦν.

Ταῖς τῆς Θεοτόκου πρεσβείαις, Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν ἐγκλημάτων.

**Στίχ.** Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Άναστὰς ὁ Ἰησοῦς ἀπὸ τοῦ τάφου, καθὼς προεῖπεν, ἔδωκεν ἡμῖν τὴν αἰώνιον ζωήν, καὶ μέγα ἔλεος.

#### ΙΕΡΕΥΣ

Σῶσον ὁ Θεὸς τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου· ἐπίσκεψαι τὸν κόσμον σου ἐν ἐλέει καὶ οἰκτιρμοῖς· ὑψωσον κέρας χριστιανῶν ὀρθοδόξων καὶ κατάπεμψον ἐφ' ἡμᾶς τὰ ἐλέη σου τὰ πλούσια·

For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings.

A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise.

Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built.

Then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings.

Then shall they offer young bulls on Your altar. And have mercy on me, O God. [SAAS]

Glory.

At the intercession of the Apostles, O Lord of mercy, blot out my many offenses. [5D]

Both now.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offenses. [SD]

**Verse:** Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Jesus, having risen from the grave as He foretold, has granted us eternal life and great mercy. [SD]

#### **PRIEST**

O God, save Your people and bless Your inheritance. Look upon Your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us Your rich mercies:

πρεσβείαις τῆς παναχράντου δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας, δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων δυνάμεων άσωμάτων, ίκεσίαις τοῦ τιμίου ἐνδόξου προφήτου προδρόμου καὶ βαπτιστοῦ Ίωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων άποστόλων, τῶν ἐν ἁγίοις πατέρων ἡμῶν μεγάλων ἱεραρχῶν καὶ οἰκουμενικῶν διδασκάλων Βασιλείου τοῦ Μεγάλου, Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου τοῦ Χρυσοστόμου, Άθανασίου καὶ Κυρίλλου, Ίωάννου τοῦ Ἐλεήμονος πατριαρχῶν Άλεξανδρίας Νικολάου τοῦ ἐν Μύροις, Σπυρίδωνος ἐπισκόπου Τριμυθοῦντος, καὶ Νεκταρίου Πενταπόλεως τῶν θαυματουργῶν· τῶν ἁγίων ἐνδόξων μεγαλομαρτύρων Γεωργίου τοῦ τροπαιοφόρου, Δημητρίου τοῦ μυροβλήτου, Θεοδώρου τοῦ τήρωνος, Θεοδώρου τοῦ στρατηλάτου, Μηνᾶ τοῦ θαυματουργοῦ· τῶν ἱερομαρτύρων Χαραλάμπους καὶ Ἐλευθερίου, τῆς ἁγίας ένδόξου μεγαλομάρτυρος καὶ πανευφήμου Εύφημίας· τῶν ἁγίων ἐνδόξων μαρτύρων Θέκλας, Βαρβάρας, Άναστασίας, Αίκατερίνης, Κυριακῆς, Φωτεινῆς, Μαρίνης, Παρασκευῆς καὶ Εἰρήνης· τῶν ὁσίων καὶ θεοφόρων πατέρων ἡμῶν· (τοῦ ἁγίου τοῦ ναοῦ)· τῶν άγίων καὶ δικαίων θεοπατόρων Ίωακεὶμ καὶ Άννης, καὶ πάντων σου τῶν ἁγίων·

ίκετεύομέν σε, μόνε πολυέλεε Κύριε, ἐπάκουσον ἡμῶν τῶν ἁμαρτωλῶν δεομένων σου καὶ ἐλέησον ἡμᾶς.

#### ΧΟΡΟΣ

Κύριε, ἐλέησον. (ιβ΄)

#### ΙΕΡΕΥΣ

Έλέει καὶ οἰκτιρμοῖς καὶ φιλανθρωπία τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὖ εὐλογητὸς εἶ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου

through the intercessions of our allimmaculate Lady Theotokos and ever-virgin Mary, by the power of the precious and lifegiving Cross, the protection of the honorable, heavenly, bodiless powers, the supplications of the honorable, glorious prophet and forerunner John the Baptist, the holy, glorious, and praiseworthy apostles, our fathers among the saints, the great hierarchs and ecumenical teachers Basil the Great, Gregory the Theologian, and John Chrysostom; Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria, Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonderworkers; the holy, glorious, great martyrs George the triumphant, Demetrios the myrrh-streamer, Theodore the soldier, and Theodore the general; Menas the wonderworker; Charalambos and Eleutherios, the hieromartyrs; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; our venerable and God-bearing fathers; (local patron saint); holy and righteous ancestors of God Joachim and Anna; and all Your saints:

We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

#### **CHOIR**

Lord, have mercy. (12)

#### **PRIEST**

Through the mercy, compassion, and love for humankind of Your only-begotten Son, with whom You are blessed, and Your allΠνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

### **ΧΟΡΟΣ**· Άμήν.

Ό λαὸς ἵσταται διὰ τὴν Θ΄ Ὠδήν.

#### ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν ὕμνοις τιμῶντες μεγαλύνωμεν.

#### ΧΟΡΟΣ

#### Ώδὴ θ΄.

## Μεγαλυνάριον. ή Ηχος δ΄.

**Στίχ.** Μεγαλύνει ἡ ψυχή μου τὸν Κύριον, καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ σωτῆρί μου.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Ότι ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν τῆς δούλης αὐτοῦ· ἰδού γάρ, ἀπὸ τοῦ νῦν μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Ότι ἐποίησέ μοι μεγαλεῖα ὁ Δυνατός, καὶ ἄγιον τὸ ὄνομα αὐτοῦ, καί το ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεὰν τοῖς φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν

holy, good and life-creating Spirit, now and ever and to the ages of ages.

#### **CHOIR:** Amen.

Stand for the singing of Ode ix.

#### **DEACON**

Let us honor and magnify in song the Theotokos and the Mother of the light.

#### **CHOIR**

#### Ode ix.

#### The Magnificat. Mode 4.

**Verse:** My soul magnifies the Lord, and my spirit has rejoiced in God my Savior. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Verse: For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Verse: For He who is mighty has done great things for me, and holy is His name.

And His mercy is on those who fear Him from generation to generation. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to

άδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως God the Word, and are truly Theotokos. You Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ἐποίησε κράτος ἐν βραχίονι αὐτοῦ, διεσκόρπισεν ὑπερηφάνους διανοία καρδίας αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ένδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν άδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Καθεῖλε δυνάστας ἀπὸ θρόνων, καὶ ὕψωσε ταπεινούς, πεινῶντας ἐνέπλησεν άγαθῶν, καὶ πλουτοῦντας έξαπέστειλε κενούς.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ένδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν άδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Άντελάβετο Ίσραὴλ παιδὸς αὐτοῦ, μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς Πατέρας ἡμῶν, τῷ Ἀβραάμ, καὶ τῷ σπέρματι αύτοῦ ἕως αίῶνος.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ένδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν άδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

## 'Ωδή θ'. Καταβασία. 'Ήχος δ'.

Ό τόκος σου ἄφθορος ἐδείχθη, Θεὸς ἐκ λαγόνων σου προῆλθε, σαρκοφόρος, ὃς ὤφθη έπὶ γῆς, καὶ τοῖς ἀνθρώποις συνανεστράφη, σὲ Θεοτόκε· διὸ πάντες μεγαλύνομεν.

do we magnify. [GOASD]

**Verse:** He has shown strength with His arm; He has scattered the proud in the imagination of their hearts. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

**Verse:** *He has put down the mighty from* their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

**Verse:** He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

#### Ode ix. Katavasia. Mode 4.

Your childbirth occurred without corruption. \* It was God, wearing flesh, who came forth from your all-holy womb. \* He was seen upon the earth and lived among men, O

#### ΙΕΡΕΥΣ

Έτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

ΧΟΡΟΣ· Κύριε, έλέησον.

#### ΙΕΡΕΥΣ

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῆ σῆ χάριτι.

**ΧΟΡΟΣ**· Κύριε, ἐλέησον.

#### ΙΕΡΕΥΣ

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν, Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἀγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

**ΧΟΡΟΣ·** Σοί, Κύριε.

#### ΙΕΡΕΥΣ

Ότι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰωνων.

**ΧΟΡΟΣ**· Άμήν.

#### ΧΟΡΟΣ

## Ήχος β΄.

Άγιος Κύριος ὁ Θεὸς ἡμῶν. <mark>(δίς)</mark>

Ύψοῦτε Κύριον τὸν Θεὸν ἡμῶν καὶ προσκυνεῖτε τῷ ὑποποδίῳ τῶν ποδῶν αὐτοῦ.

Ότι ἅγιός ἐστι.

Τῆς Ὀκτωήχου - - -

Theotokos; \* therefore we all magnify you.

[GOASD]

#### **PRIEST**

Again and again in peace let us pray to the Lord.

**CHOIR:** Lord, have mercy.

#### **PRIEST**

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

**CHOIR:** Lord, have mercy.

#### **PRIEST**

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

**CHOIR:** To You, O Lord.

#### **PRIEST**

For all the powers of heaven praise You, and to You they offer up glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

**CHOIR:** Amen.

#### **CHOIR**

#### Mode 2.

Holy is the Lord our God. (2) [SAAS]

Exalt the Lord our God, and worship at the footstool of His feet.

For He is holy.

From Octoechos - - -

# Έξαποστειλάριον. Τὸ Ε΄ Ἑωθινόν.

**Ήχος β΄.** Τοῖς Μαθηταῖς συνέλθωμεν.

Ή ζωὴ καὶ ὁδὸς Χριστός, ἐκ νεκρῶν τῷ Κλεόπα καὶ τῷ Λουκᾶ συνώδευσεν, οἶς περ καὶ ἐπεγνώσθη, εἰς Ἐμμαοὺς κλῶν τὸν ἄρτον ὧν ψυχαὶ καὶ καρδίαι, καιόμεναι ἐτύγχανον, ὅτε τούτοις ἐλάλει ἐν τῇ ὁδῷ, καὶ Γραφαῖς ἡρμήνευεν, ἃ ὑπέστη· μεθ' ὧν, Ἡγέρθη, κράξωμεν, ὤφθη τε καὶ τῷ Πέτρῳ.

## Θεοτοκίον. Όμοιον.

Ύμνῶ σου τὸ ἀμέτρητον, ἔλεος Ποιητά μου, ὅτι σαυτὸν ἐκένωσας, τοῦ φορέσαι καὶ σῶσαι, φύσιν βροτῶν κακωθεῖσαν· καὶ Θεὸς ἀν ἠνέσχου, ἐκ τῆς Ἁγνῆς θεόπαιδος, κατ' ἐμὲ γεννηθῆναι, καὶ κατελθεῖν, μέχρις ἄδου, θέλων με Λόγε σῶσαι, πρεσβείαις τῆς Τεκούσης σε, Δέσποτα πανοικτίρμον.

## Οἱ Αἶνοι. Ἦχος δ΄.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε αὐτὸν ἐν τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ· αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αίνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτὸν πάντα τὰ ἄστρα καὶ τὸ φῶς.

## Exaposteilarion. Eothinon 5.

Mode 2. Let us in faith.

Τοῖς Μαθηταῖς συνέλθωμεν.

When Christ, the way, the truth, the life
\* rose from the dead, He drew near \* and
went with Luke and Cleopas \* to Emmaus and
broke bread. \* And with that, they recognized
Him. \* Their souls and hearts within them \*
had burned while He had talked to them \* on
the road and had interpreted to them \* in all
the scriptures the things He had suffered. \*
With them we shout, "The Lord arose, \* and
He appeared to Peter!" [GOASD]

## Theotokion. Same Melody.

O my Creator, I extol \* Your immeasurable mercy. \* For You emptied yourself, O Lord, \* to put on human nature, \* which was injured, and to save it. \* And as God You accepted \* to become like me, being born \* from the pure Theotokos, and to descend \* to Hades, wishing to save me, O Logos \* and Master all-compassionate, \* through Your all-holy Mother. [GOASD]

#### Lauds. Mode 4.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Αίνεῖτε αὐτὸν οἱ οὐρανοὶ τῶν οὐρανῶν καὶ τὸ ὕδωρ τὸ ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ ὄνομα Κυρίου.

Ότι αὐτὸς εἶπε, καὶ ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ ἐκτίσθησαν.

"Εστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος· πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται.

Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι ἄβυσσοι.

Πῦρ, χάλαζα, χιών, κρύσταλλος, πνεῦμα καταιγίδος, τὰ ποιοῦντα τὸν λόγον αὐτοῦ.

Τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ πᾶσαι κέδροι.

Τὰ θηρία καὶ πάντα τὰ κτήνη, έρπετὰ καὶ πετεινὰ πτερωτά.

Βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς.

Νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου.

Ή έξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐρανοῦ. καὶ ὑψώσει κέρας λαοῦ αὐτοῦ.

Ψμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραήλ, λαῷ ἐγγίζοντι αὐτῷ.

"Ασατε τῷ Κυρίῳ ἆσμα καινόν, ἡ αἴνεσις αὐτοῦ ἐν ἐκκλησία ὁσίων.

Εὐφρανθήτω Ἰσραὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ υἱοὶ Σιὼν ἀγαλλιάσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν.

Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χορῷ, ἐν τυμπάνῳ καὶ ψαλτηρίω ψαλάτωσαν αὐτῶ.

Ότι εὐδοκεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ καὶ ὑψώσει πραεῖς ἐν σωτηρίᾳ.

Καυχήσονται ὅσιοι ἐν δόξῃ καὶ ἀγαλλιάσονται ἐπὶ τῶν κοιτῶν αὐτῶν.

Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάρυγγι αὐτῶν, καὶ ἑομφαῖαι δίστομοι ἐν ταῖς χερσὶν αὐτῶν.

Τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμοὺς ἐν τοῖς λαοῖς.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

Τοῦ δῆσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς.

Τῆς Ὀκτωήχου - - -

## Στιχηρὰ Άναστάσιμα. Ήχος δ'.

Τοῦ ποιῆσαι ἐν αὐτοῖς κρῖμα ἔγγραπτον· δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Ό Σταυρὸν ὑπομείνας καὶ θάνατον, καὶ ἀναστὰς ἐκ τῶν νεκρῶν, παντοδύναμε Κύριε, δοξάζομέν σου τὴν ἀνάστασιν.

## Ήχος δ'.

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ, αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως αὐτοῦ.

Έν τῷ Σταυρῷ σου Χριστέ, τῆς ἀρχαίας κατάρας, ἠλευθέρωσας ἡμᾶς, καὶ ἐν τῷ θανάτῳ σου, τὸν τὴν φύσιν ἡμῶν τυραννήσαντα, διάβολον κατήργησας· ἐν δὲ τῆ ἐγέρσει σου, χαρᾶς τὰ πάντα ἐπλήρωσας· διὸ βοῶμεν σοι· Ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

## Ήχος δ΄.

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ.

Τῷ σῷ Σταυρῷ Χριστὲ Σωτήρ, ὁδήγησον ἡμᾶς ἐπὶ τὴν ἀλήθειάν σου, καὶ ῥῦσαι ἡμᾶς, τῶν παγίδων τοῦ ἐχθροῦ· ὁ ἀναστὰς ἐκ τῶν νεκρῶν, ἀνάστησον ἡμᾶς πεσόντας τῆ ἁμαρτίᾳ, ἐκτείνας τὴν χεῖρά σου, φιλάνθρωπε Κύριε, τῆ πρεσβείᾳ τῶν Ἁγίων σου.

To shackle their kings with chains and their nobles with fetters of iron.

From Octoechos - -

## Resurrectional Stichera. Mode 4.

To fulfill among them the written judgment: this glory have all His holy ones.

[SAAS]

You endured the Cross and death, and You rose from the dead. O almighty Lord, we glorify Your resurrection. [GOASD]

### Mode 4.

Praise God in His saints; praise Him in the firmament of His power. [SAAS]

By Your Cross You freed us from the ancient curse, O Christ; and by Your death You neutralized the devil who tyrannized our nature; and by Your resurrection, You filled the whole world with joy. Therefore we sing to You, who rose from the dead, "Glory to You, O Lord." [GOASD]

#### Mode 4.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

O Christ our Savior, by Your Cross, guide us to Your truth, and deliver us from the snares of the foe. Since You have risen from the dead, reach out Your hand and raise us who have fallen into sin, O benevolent Lord, at the intercession of Your Saints. [GOASD]

## Ήχος δ'.

Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρᾳ.

Τῶν πατρικῶν σου κόλπων, μὴ χωρισθεὶς μονογενὲς Λόγε τοῦ Θεοῦ, ἦλθες ἐπὶ γῆς διὰ φιλανθρωπίαν, ἄνθρωπος γενόμενος ἀτρέπτως, καὶ Σταυρὸν καὶ θάνατον ὑπέμεινας σαρκί, ὁ ἀπαθὴς τῆ θεότητι· ἀναστὰς δὲ ἐκ νεκρῶν, ἀθανασίαν παρέσχες τῷ γένει τῶν ἀνθρώπων, ὡς μόνος παντοδύναμος.

## Ήχος δ'.

Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῷ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνῳ.

Θάνατον κατεδέξω σαρκί, ἡμῖν ἀθανασίαν πραγματευσόμενος Σωτήρ· καὶ ἐν τάφῳ ἄκησας, ἵνα ἡμᾶς τοῦ ἄδου ἐλευθερώσῃς, συναναστήσας ἑαυτῷ, παθῶν μὲν ὡς ἄνθρωπος, ἀλλ' ἀναστὰς ὡς Θεός· διὰ τοῦτο βοῶμεν· Δόξα σοι ζωοδότα, Κύριε, μόνε φιλάνθρωπε.

## Ήχος δ΄.

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοἡ αἰνεσάτω τὸν Κύριον.

Πέτραι ἐσχίσθησαν Σωτήρ, ὅτε ἐν τῷ Κρανίῳ ὁ Σταυρός σου ἐπάγη· ἔφριξαν ἄδου πυλωροί, ὅτε ἐν τῷ μνημείῳ ὡς θνητὸς κατετέθης· καὶ γὰρ τοῦ θανάτου καταργήσας τὴν ἰσχύν, τοῖς τεθνεῶσι πᾶσιν ἀφθαρσίαν παρέσχες, τῇ ἀναστάσει σου Σωτήρ. Ζωοδότα Κύριε δόξα σοι.

#### Mode 4.

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

Never parting from the Father's bosom, Only-begotten Logos of God, You came to earth, for the sake of humanity, and without change became man. And in the flesh You endured the Cross and death, remaining impassible in divinity. As the only almighty Lord, You rose from the dead, and You granted immortality to the human race. [GOASD]

#### Mode 4.

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

You accepted death in the flesh, in order to achieve immortality for us, O Savior. You were confined in a tomb, that You might release us from Hades and resurrect us with yourself. You suffered as a man, but You rose as God. And therefore we now sing: "Glory to You, O Giver of Life and only benevolent Lord." [GOASD]

#### Mode 4.

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. ISAASI

As Your cross stood on Calvary, O Savior, the rocks were split. As a mortal You were laid in the sepulcher, and the doorkeepers of Hades quaked. By Your resurrection, O Savior, You neutralized the force of death and granted incorruption to all the dead. Lord and Giver of Life, glory to You! [GOASD]

## Ήχος δ'.

Άνάστηθι, Κύριε ὁ Θεός μου, ὑψωθήτω ἡ χείρ σου, μὴ ἐπιλάθῃ τῶν πενήτων σου εἰς τέλος.

Έπεθύμησαν γυναῖκες, ἰδεῖν σου τὴν ἀνάστασιν, Χριστὲ ὁ Θεός· ἦλθε προλαβοῦσα Μαρία ἡ Μαγδαληνή, εὖρε τὸν λίθον ἀποκυλισθέντα τοῦ μνήματος, καὶ τὸν Ἄγγελον καθεζόμενον, καὶ λέγοντα· Τί ζητεῖτε τὸν ζώντα μετὰ τῶν νεκρῶν; ἀνέστη ὡς Θεός, ἵνα σώση τὰ σύμπαντα.

## Ήχος δ'.

Έξομολογήσομαί σοι, Κύριε, ἐν ὅλῃ καρδίᾳ μου, διηγήσομαι πάντα τὰ θαυμάσιά σου.

Ποῦ ἐστιν Ἰησοῦς, ὃν ἐλογίσασθε φυλάττειν; εἴπατε Ἰουδαῖοι· ποῦ ἐστιν, ὂν ἐθήκατε ἐν τῷ μνήματι, τὸν λίθον σφραγίσαντες; δότε τὸν νεκρόν, οἱ τὴν ζωήν ἀρνησάμενοι· δότε τὸν ταφέντα, ἢ πιστεύσατε τῷ ἀναστάντι· κἂν ὑμεῖς σιγήσητε τοῦ Κυρίου τὴν ἔγερσιν, οἱ λίθοι κεκράξονται, μάλιστα ὁ ἀποκυλισθεὶς ἐκ τοῦ μνήματος. Μέγα σου τὸ ἔλεος! Μέγα τὸ μυστήριον τῆς οἰκονομίας σου! Σωτὴρ ἡμῶν δόξα σοι.

Τῆς Ὀκτωήχου - - -

## Δόξα. Ήχος πλ. α΄. Τὸ Ε΄ Ἑωθινόν.

"Ω τῶν σοφῶν σου κριμάτων Χριστέ! πῶς Πέτρῳ μὲν τοῖς ὀθονίοις μόνοις, ἔδωκας ἐννοῆσαί σου τὴν ἀνάστασιν; Λουκᾳ δὲ καὶ Κλεόπᾳ, συμπορευόμενος ὡμίλεις, καὶ ὁμιλῶν, οὐκ εὐθέως σεαυτὸν φανεροῖς; Διὸ καὶ

#### Mode 4.

Arise, O Lord my God, let Your hand be lifted high, and do not forget Your poor to the end. [SAAS]

The women longed to see Your resurrection, O Christ God. Mary Magdalene had come before the others. She found the stone rolled away from the tomb. An Angel sat on it and said, "Why do you seek the living among the dead? He has risen, as God, to save the universe." [GOASD]

#### Mode 4.

I will give thanks to You, O Lord, with my whole heart; I will tell of all Your wondrous things. [SAAS]

So where is Jesus, whom you thought you were guarding? Tell us, O leaders of the Jews! Where is He who was laid in the sepulcher, the stone of which you sealed? Give up the dead man, you who rejected life. Give up the buried corpse, or believe in Him who rose from the dead. Even if you try to cover up the Lord's resurrection, the stones will shout, especially the one that was rolled back from the sepulcher. "Great is Your mercy! Great is the mystery of Your plan for our salvation! Glory to You, our Savior!" [GOASD]

From Octoechos - - -

## Glory. **Mode pl. 1. Eothinon 5.**

How marvelous and wise are Your judgments, O Christ! You permitted Peter to perceive Your resurrection, when he saw the linen cloths by themselves. Whereas with Luke and Cleopas, You walked and

όνειδίζη, ὡς μόνος παροικῶν ἐν Ἱερουσαλήμ, καὶ μὴ μετέχων τῶν ἐν τέλει βουλευμάτων αὐτῆς. ἀλλ' ὁ πάντα πρός τὸ τοῦ πλάσματος συμφέρον οἰκονομῶν, καὶ τὰς περὶ σοῦ προφητείας ἀνέπτυξας, καὶ ἐν τῷ εὐλογεῖν τὸν ἄρτον, ἐγνώσθης αὐτοῖς· ὧν καὶ πρὸ τούτου αἱ καρδίαι, πρὸς γνῶσιν σου ἀνεφλέγοντο· οἳ καὶ τοῖς Μαθηταῖς συνηθροισμένοις, ἤδη τρανῶς ἐκήρυττόν σου τὴν ἀνάστασιν· δι' ἦς ἐλέησον ἡμᾶς.

#### Καὶ νῦν. Θεοτοκίον.

Ύπερευλογημένη ὑπάρχεις, Θεοτόκε Παρθένε· διὰ γὰρ τοῦ ἐκ σοῦ σαρκωθέντος, ὁ ἄδης ἠχμαλώτισται, ὁ Ἀδὰμ ἀνακέκληται, ἡ κατάρα νενέκρωται, ἡ Εὔα ἠλευθέρωται, ὁ θάνατος τεθανάτωται, καὶ ἡμεις ἐζωοποιήθημεν· διὸ ἀνυμνοῦντες βοῶμεν· Εὐλογητὸς Χριστὸς ὁ Θεὸς ἡμῶν, ὁ οὕτως εὐδοκήσας δόξα σοι.

Ό λαὸς ἵσταται διὰ τὴν Μ. Δοξολογίαν.

#### Ή Μεγάλη Δοξολογία

Δόξα σοι τῷ δείξαντι τὸ φῶς. Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις εὐδοκία.

Ύμνοῦμέν σε, εὐλογοῦμέν σε, προσκυνοῦμέν σε, δοξολογοῦμέν σε, εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου δόξαν.

talked; but while You talked, You did not immediately reveal yourself to them. And You were criticized as the only visitor to Jerusalem who had no knowledge of that city's latest conspiracy. Then You, who mastermind everything for the good of Your creature, opened their minds to understand the prophecies concerning You; and when You blessed the bread, You opened their eyes and they recognized You. Even before this, their hearts had burned in recognition of You. Then at once, they returned to the disciples, who were gathered together, and they proclaimed Your resurrection; by which have mercy on us.

[GOASD]

#### Both now. Theotokion.

You are supremely blessed, O Virgin
Theotokos. For through Him who from you
became incarnate, Hades has been captured,
and Adam has been called back; the curse has
been killed, and Eve has been freed; death has
been put to death, and we have been brought
back to life. Therefore we extol Him and cry
out, "O Christ our God, You are blessed, for so
was Your good pleasure. Glory to You!" [GOASD]

Stand for the Great Doxology.

#### **Great Doxology**

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind.

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ παντοκράτορ· Κύριε Υὶὲ μονογενές, Ἰησοῦ Χριστέ, καὶ Ἅγιον Πνεῦμα.

Κύριε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ Υἱὸς τοῦ Πατρός, ὁ αἴρων τὴν ἁμαρτίαν τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς ἁμαρτίας τοῦ κόσμου.

Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος ἐν δεξιᾳ τοῦ Πατρός, καὶ ἐλέησον ἡμᾶς.

Ότι σὺ εἶ μόνος Ἅγιος, σὺ εἶ μόνος Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ Πατρός. Ἀμήν.

Καθ' ἑκάστην ἡμέραν εὐλογήσω σε καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος.

Καταξίωσον, Κύριε, έν τῆ ἡμέρα ταύτη, ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Εύλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Κύριε, καταφυγή έγενήθης ήμῖν έν γενεᾶ καὶ γενεᾶ. Έγὼ εἶπα· Κύριε, ἐλέησόν με, ἴασαι τὴν ψυχήν μου, ὅτι ἥμαρτόν σοι.

Κύριε, πρὸς σὲ κατέφυγον. Δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὰ εἶ ὁ Θεός μου.

Ότι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί σου ὀψόμεθα φῶς.

Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί σε.

Άγιος ὁ Θεός, Άγιος Ἰσχυρός, Άγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (3)

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Άμήν.

Άγιος Άθάνατος, έλέησον ἡμᾶς.

Άγιος ὁ Θεός, Άγιος Ἰσχυρός, Άγιος Άθάνατος, ἐλέησον ἡμᾶς.

Μετὰ τὸ τέλος τῆς Δοξολογίας λέγομεν Τροπάριον Άναστάσιμον.

## Ήχος δ΄. (ἢ τῆς ἑβδομάδος.)

Σήμερον σωτηρία τῷ κόσμῳ γέγονεν. Ἄσωμεν τῷ ἀναστάντι ἐκ τάφου καὶ ἀρχηγῷ τῆς ζωῆς ἡμῶν· καθελὼν γὰρ τῷ θανάτῳ τὸν θάνατον, τὸ νῖκος ἔδωκεν ἡμῖν, καὶ τὸ μέγα ἔλεος.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

After the Doxology, sing the following Resurrectional Troparion.

#### **Mode 4.** (or the Mode of the week)

Today has salvation come to pass in the world. Let us sing to Him who resurrected from the tomb and is the Author of our life. For, destroying death by death, He gave us the victory and the great mercy. [SD]