
DIGITAL CHANT STAND
OF THE GREEK ORTHODOX ARCHDIOCESE OF AMERICA

The Service of Matins
for Sunday, April 14, 2024

Octoechos - Mode 4
on Sunday Morning
Eothion 1

Triodion - Fourth Sunday of Lent
Fourth Sunday of Lent: St John Climacus
on Sunday Morning at Matins

Menaion - April 14
Katavasias of Theotokos

Texts in Greek and English

Links to Matins Ordinary

Bilingual

dcs.goarch.org/goa/dcs/p/b/matinsordinary/normal/gr-en/bk.matinsordinary.normal.pdf

English

dcs.goarch.org/goa/dcs/p/b/matinsordinary/normal/en/bk.matinsordinary.normal.pdf

Sources

[**GOASD**] Greek Orthodox Archdiocese of America. Fr. Seraphim Dedes. [**AC**] Anthony Cook. [**GKD**] George K. Duvall. [**KW**] Kallistos Ware. [**RB**] Richard Barrett. [**SD**] Fr. Seraphim Dedes.
[**TC**] Thomas Carroll. [**VPA**] Virgil Peter Andronache. [**GOA**] Greek Orthodox Archdiocese of America. [**HC**] Holy Cross Orthodox Press. [**OCA**] Orthodox Church in America.

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Βιβλία - Πηγαί

Ὁκτώηχος - ᾠχος δ΄.

Τῆ Κυριακῇ Πρωΐ

Τριώδιον

Κυριακῇ Δ΄ τῶν Νηστειῶν - Τῆ Κυριακῇ Πρωΐ

Κυριακῇ Δ΄ τῶν Νηστειῶν τοῦ Ὁσίου Ἰωάννου τῆς
Κλίμακος

ΟΡΘΟΣ

ΧΟΡΟΣ

ᾠχος δ΄.

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν.
Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.

Στίχ. α΄. Ἐξομολογεῖσθε τῷ Κυρίῳ καὶ
ἐπικαλεῖσθε τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

Στίχ. β΄. Πάντα τὰ ἔθνη ἐκύκλωσάν με,
καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτούς.

Στίχ. γ΄. Παρὰ Κυρίου ἐγένετο αὕτη καὶ
ἔστι θαυμαστὴ ἐν ὀφθαλμοῖς ἡμῶν.

Τῆς Ὁκτωήχου - - -

Ἀπολυτικίον Ἀναστάσιμον.

ᾠχος δ΄.

Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα,
ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου
Μαθήτριά, καὶ τὴν προγονικὴν ἀπόφασιν
ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι
ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη
Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ
μέγα ἔλεος.

Τοῦ Τριωδίου - - -

Δόξα. **Τοῦ Ὁσίου.**

ᾠχος πλ. δ΄.

Ταῖς τῶν δακρύων σου ῥοαῖς, τῆς
ἐρήμου τὸ ἄγονον ἐγεώργησας, καὶ τοῖς ἐκ

Books - Sources

Octoechos - Mode 4.

On Sunday Morning

Triodion

Fourth Sunday of Lent - On Sunday Morning

Fourth Sunday of Lent: St John Climacus

MATINS

CHOIR

Mode 4.

God is the Lord, and He revealed Himself
to us. Blessed is he who comes in the name of
the Lord. [SAAS]

Verse 1: Give thanks to the Lord and call
upon His holy name.

Verse 2: All the nations surrounded me,
but in the name of the Lord I defended myself
against them.

Verse 3: And this came about from the
Lord, and it is wonderful in our eyes.

From Octoechos - - -

Resurrectional Apolytikion.

Mode 4.

When the women disciples of the Lord
heard the Angel joyously proclaim the
resurrection, they cast aside the ancestral
verdict, and boasting in glory they said to the
Apostles, “Death has been despoiled! Christ
God has risen, granting the great mercy to the
world!” [GOASD]

From Triodion - - -

Glory. **For the Devout Man.**

Mode pl. 4.

With the rivers of your tears you made the
barren desert bloom; and with your sighs from

βάθους στεναγμοῖς, εἰς ἑκατὸν τοὺς πόνους
ἐκαρποφόρησας, καὶ γέγονας φωστὴρ τῆ
οἰκουμένη, λάμπων τοῖς θαύμασιν, Ἰωάννη
Πατὴρ ἡμῶν ὅσιε, πρέσβευε Χριστῷ τῷ Θεῷ,
σωθῆναι τὰς ψυχὰς ἡμῶν.

Καὶ νῦν. **Θεοτοκίον.**

Τῆς Ὀκτωήχου ---

Ἦχος πλ. δ'.

Ὁ δι' ἡμᾶς γεννηθεὶς ἐκ Παρθένου, καὶ
σταύρωσιν ὑπομείνας Ἀγαθέ, ὁ θανάτῳ τὸν
θάνατον σκυλεύσας, καὶ ἔγερσιν δείξας ὡς
Θεός, μὴ παρίδῃς οὐς ἔπλασας τῆ χειρὶ σου·
δείξον τὴν φιλανθρωπίαν σου Ἐλεῆμον· δέξαι
τὴν τεκοῦσάν σε Θεοτόκον, πρεσβεύουσαν
ὑπὲρ ἡμῶν, καὶ σῶσον Σωτὴρ ἡμῶν, λαὸν
ἀπεγνωσμένον.

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

ΧΟΡΟΣ

Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς, ὁ Θεός, τῆ σῆ χάριτι.

ΧΟΡΟΣ

Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Τῆς παναγίας, ἀχράντου,
ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν,
Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ
πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς
καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν
Χριστῷ τῷ Θεῷ παραθώμεθα.

deep within, you made your labors bear their
fruits a hundredfold; and you became a star,
illuminating the world by your miracles, O
John, our devout father. Intercede with Christ
our God, for the salvation of our souls. [SD]

Both now. **Theotokion.**

From Octoechos ---

Mode pl. 4.

You were born of a Virgin, and You
endured crucifixion for us, O good Lord. By
Your death You divested death of spoils, and
You displayed resurrection, as God. Please
do not despise us, the work of Your hand.
Demonstrate Your loving kindness, O merciful
Master. Defer to Your Mother, the Theotokos,
when she intercedes on our behalf, and save
us, Your people in despair, O Savior. [GOASD]

PRIEST

Again and again in peace let us pray to the
Lord.

CHOIR

Lord, have mercy.

PRIEST

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

CHOIR

Lord, have mercy.

PRIEST

Remembering our all-holy, immaculate,
most blessed, and glorious Lady, the
Theotokos and ever-virgin Mary, with all
the saints, let us commend ourselves and one
another and our whole life to Christ our God.

ΧΟΡΟΣ

Σοί, Κύριε.

ΙΕΡΕΥΣ

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ

Ἀμήν.

ΧΟΡΟΣ

Τῆς Ὀκτωήχου ---

Κάθισμα Α΄.

ᾠχος δ΄.

Ἀναβλέψασαι τοῦ τάφου τὴν εἴσοδον, καὶ τὴν φλόγα τοῦ Ἀγγέλου μὴ φέρουσαι, αἱ Μυροφόροι σὺν τρόμῳ ἐξίσταντο λέγουσαι· Ἄρα ἐκλάπη, ὁ τῷ ληστῇ ἀνοίξας Παράδεισον; Ἄρα ἠγέρθη, ὁ καὶ πρὸ πάθους κηρύξας τὴν ἔγερσιν; Ἀληθῶς ἀνέστη Χριστὸς ὁ Θεός, τοῖς ἐν ἄδη παρέχων ζωὴν καὶ ἀνάστασιν.

Δόξα.

ᾠχος δ΄. Κατεπλάγη Ἰωσήφ.

Ἐκουσία σου βουλῆ, Σταυρὸν ὑπέμεινας Σωτήρ, καὶ ἐν μνήματι καινῷ, ἄνθρωποι ἔθεντο θνητοί, τὸν διὰ λόγου τὰ πέρατα συστησάμενον· ὅθεν δεσμευθεὶς ὁ ἀλλότριος, θάνατος δεινῶς ἐσκυλεύετο, καὶ οἱ ἐν ἄδη ἅπαντες ἐκραύγαζον, τῇ ζωηφόρῳ ἐγέρσει σου· Χριστὸς ἀνέστη, ὁ ζωοδότης, μένων εἰς τοὺς αἰῶνας.

CHOIR

To You, O Lord.

PRIEST

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

CHOIR

Amen.

CHOIR

From Octoechos ---

Kathisma I.

Mode 4.

Looking up at the entrance to the sepulcher, then unable to endure the Angel's radiance, the Myrrh-bearing Women were frightened; and perplexed they said, "Has He been stolen, who opened Paradise to the Robber? Has He arisen, who before His Passion announced His rising?" Indeed, Christ God has truly risen, granting life and resurrection to those in the netherworld. [GOASD]

Glory.

Mode 4. Joseph marveled.

Κατεπλάγη Ἰωσήφ.

By Your voluntary will, O Savior, You endured the Cross, * In a new tomb mortal men buried Your body, O Lord, * who by a word had created the universe. * Death, the ancient foe, was restrained by You * and forcefully deprived of the spoils it had. * And all the souls in Hades sang and glorified * Your resurrection, which gave them life, * "Christ the Giver of Life has risen! * And He abides forever!" [GOASD]

Καὶ νῦν. **Θεοτοκίον.**

Τὸ ἀπ' αἰῶνος ἀπόκρυφον, καὶ Ἀγγέλοις ἄγνωστον μυστήριον, διὰ σοῦ Θεοτόκε τοῖς ἐπιγῆς πεφανέρωται, Θεὸς ἐν ἀσυγχύτῳ ἐνώσει σαρκούμενος, καὶ Σταυρὸν ἐκουσίως ὑπὲρ ἡμῶν καταδεξάμενος· δι' οὗ ἀναστήσας τὸν πρωτόπλαστον, ἔσωσεν ἐκ θανάτου τὰς ψυχὰς ἡμῶν.

Τῆς Ὀκτωήχου - - -

Κάθισμα Β'.

ᾠχος δ'. *Ταχὺ προκατάλαβε.*

Ἀνέστης ὡς ἀθάνατος, ἀπὸ τοῦ ἄδου Σωτήρ· συνήγειρας τὸν κόσμον σου, τῆ ἀναστάσει τῆ σῆ, Χριστέ ὁ Θεὸς ἡμῶν· ἔθραυσας ἐν ἰσχύϊ, τοῦ θανάτου τὸ κράτος· ἔδειξας Ἐλεῆμον, τὴν ἀνάστασιν πᾶσι· διό σε καὶ δοξάζομεν, μόνε Φιλάνθρωπε.

Δόξα.

ᾠχος δ'. *Κατεπλάγη Ἰωσήφ.*

Ἐκ τῶν ἄνω κατελθὼν, τῶν ὑψωμάτων Γαβριήλ, καὶ τῆ πέτρα προσελθὼν, ἔνθα ἡ πέτρα τῆς ζωῆς, λευχειμονῶν ἀνεκραύγαζε ταῖς κλαιούσαις· Παύσασθε ὑμεῖς, τῆς θρηνώδους κραυγῆς, ἔχουσαι ἀεὶ, τὸ εὐσυμπάθητον· ὄν γὰρ ζητεῖτε κλαίουσαι, θαρσεῖτε, ὡς ἀληθῶς ἐξεγήγερται· διό βοᾶτε, τοῖς Ἀποστόλοις, ὅτι ἀνέστη ὁ Κύριος.

Καὶ νῦν. **Θεοτοκίον.**

ᾠχος δ'. *Κατεπλάγη Ἰωσήφ.*

Κατεπλάγησαν Ἄγνη, πάντες Ἀγγέλων οἱ χοροί, τὸ Μυστήριον τῆς σῆς, κυοφορίας

Both now. **Theotokion.**

O Theotokos, revealed through you to us on earth was the mystery, that was hidden for ages and unknown by the angels. God became incarnate, uniting natures without confusion, and for us He voluntarily accepted crucifixion, through which He resurrected the first-formed man, and He saved our souls from death. [GOASD]

From Octoechos - - -

Kathisma II.

Mode 4. *Come quickly.*

Ταχὺ προκατάλαβε.

You rose, as immortal Savior, from the netherworld, * and with yourself You also raised Your world by Your resurrection, O Christ our God. * Mightily You shattered the power of death, O Master. * Merciful Lord, You showed to all the resurrection. * Therefore we glorify You, only benevolent God. [GOASD]

Glory.

Mode 4. *Joseph marveled.*

Κατεπλάγη Ἰωσήφ.

From exalted heights above Gabriel came down to earth; * and he sat upon the rock wherein the Rock of life had lain. * Arrayed in white, he cried out to the weeping women, * “Women, even though you are emotional, * You no longer need to lament and mourn. * No more weeping, for the One you are seeking * has truly risen, so be of good cheer. * And go and tell it to His Apostles, * that the Lord has truly risen.” [GOASD]

Both now. **Theotokion.**

Mode 4. *Joseph marveled.*

Κατεπλάγη Ἰωσήφ.

O pure Virgin, all the hosts of holy angels were amazed * at the awesome mystery of

τὸ φρικτόν, πῶς ὁ τὰ πάντα συνέχων νεύματι
μόνῳ, ἀγκάλαις ὡς βροτός, ταῖς σαῖς
συνέχεται, καὶ δέχεται ἀρχὴν ὁ Προαιώνιος,
καὶ γαλουχεῖται σύμπασαν ὁ τρέφων, πνοὴν
ἀφάτῳ χρηστότητι, καὶ σὲ ὡς ὄντως, Θεοῦ
Μητέρα, εὐφημοῦντες δοξάζουσι.

Εὐλογητάρια Ἀναστάσιμα.

ᾠχος πλ. α΄.

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.*

Τῶν Ἀγγέλων ὁ δῆμος, κατεπλάγη ὀρῶν
σε, ἐν νεκροῖς λογισθέντα, τοῦ θανάτου δὲ
Σωτήρ, τὴν ἰσχὺν καθελόντα, καὶ σὺν ἑαυτῷ
τὸν Ἀδὰμ ἐγείραντα, καὶ ἐξ Ἅδου πάντας
ἐλευθερώσαντα.

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.*

Τί τὰ μύρα, συμπαθῶς τοῖς δάκρυσιν, ᾧ
Μαθήτρια κερνάτε; ὁ ἀστράπτων ἐν τῷ τάφῳ
Ἄγγελος, προσεφθέγγετο ταῖς Μυροφόροις·
Ἴδετε ὑμεῖς τὸν τάφον καὶ ἦσθητε· ὁ Σωτήρ
γὰρ ἐξανέστη τοῦ μνήματος.

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.*

Λίαν πρωί, Μυροφόροι ἔδραμον, πρὸς
τὸ μνήμα σου θρηνολογοῦσαι· ἀλλ' ἐπέστη,
πρὸς αὐτάς ὁ Ἄγγελος, καὶ εἶπε· θρήνου ὁ
καιρὸς πέπαυται, μὴ κλαίετε, τὴν Ἀνάστασιν
δέ, Ἀποστόλοις εἶπατε.

your pregnancy and birth, * how He whose
simple command holds all things together * is
held in your embrace as a mortal babe, * the
pre-eternal Word accepts an origin; * and He is
nursed who nourishes the whole world * in His
ineffable kindness. * And they extol you and
glorify you * who are truly Theotokos. [GOASD]

Resurrectional Evlogetaria.

Mode pl. 1.

*Blessed are You, O Lord, teach me Your
statutes.*

When the hosts of the Angels saw how
You were accounted among the dead, they all
marveled. You, O Savior, are the One who
destroyed the might of death; and when You
arose You raised Adam with yourself and from
Hades liberated everyone. [SD]

*Blessed are You, O Lord, teach me Your
statutes.*

“Why do you mingle the ointments with
your tears full of pity, O women disciples?”
Thus the Angel who was shining in the tomb
cried to the myrrh-bearing women. “See for
yourselves the empty tomb and understand,
that the Savior has risen from the sepulcher.”

*Blessed are You, O Lord, teach me Your
statutes.*

Very early in the morning, the myrrh-
bearing women were hastening to Your tomb
lamenting. But the Angel appeared to them and
uttered, “The time for lamentation has ended;
weep no more. Go announce the Resurrection
to the Apostles.”

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Μυροφόροι γυναῖκες, μετὰ μύρων ἐλθοῦσαι, πρὸς τὸ μνήμά σου, Σῶτερ ἐνηχοῦντο. Ἀγγέλου τρανώς, πρὸς αὐτάς φθεγγομένου· Τί μετὰ νεκρῶν, τὸν ζῶντα λογιζεσθε; ὡς Θεὸς γάρ, ἐξανέστη τοῦ μνήματος.

Δόξα.

Προσκυνοῦμεν Πατέρα, καὶ τὸν τούτου Υἱόν τε, καὶ τὸ Ἅγιον Πνεῦμα, τὴν Ἁγίαν Τριάδα, ἐν μιᾷ τῇ οὐσίᾳ, σὺν τοῖς Σεραφεῖμ, κρᾶζοντες τό· Ἅγιος, Ἅγιος, Ἅγιος εἶ, Κύριε.

Καὶ νῦν.

Ζωοδότην τεκοῦσα, ἐλυτρώσω Παρθένε, τὸν Ἀδὰμ ἀμαρτίας, χαρμονὴν δὲ τῇ Εὐᾶ, ἀντὶ λύπης παρέσχες, ρέυσαντα ζωῆς, ἴθυνε πρὸς ταύτην δέ, ὁ ἐκ σοῦ σαρκωθεὶς Θεὸς καὶ ἄνθρωπος.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα σοι, ὁ Θεός. (3)

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

ΧΟΡΟΣ

Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῆ χάριτι.

ΧΟΡΟΣ

Κύριε, ἐλέησον.

Blessed are You, O Lord, teach me Your statutes.

When the myrrh-bearing women had come with their spices to Your sepulcher, O Savior, they heard the voice of an Angel clearly speaking to them, “Why do you account among the dead the One who lives? For as God, He has risen from the sepulcher.”

Glory.

We bow down in worship to the Father and His Son and the Holy Spirit, the Holy Trinity, one in essence; and we cry aloud with the Seraphim: Holy, Holy, Holy are You, O Lord.

Both now.

Giving birth to the Giver of life, O Virgin, you delivered Adam from sin, and to Eve you have rendered joy in place of sorrow. He who from you became incarnate, God and man, has directed to life him who fell from it.

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

PRIEST

Again and again in peace let us pray to the Lord.

CHOIR

Lord, have mercy.

PRIEST

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

CHOIR

Lord, have mercy.

ΙΕΡΕΥΣ

Τῆς παναγίας, ἀχράντου,
ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν,
Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ
πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς
καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν
Χριστῷ τῷ Θεῷ παραθώμεθα.

ΧΟΡΟΣ

Σοί, Κύριε.

ΙΕΡΕΥΣ

Ὅτι ἠυλόγηταί σου τὸ ὄνομα καὶ
δεδοξασταί σου ἡ βασιλεία, τοῦ Πατρὸς καὶ
τοῦ Υἱοῦ καὶ τοῦ ἁγίου Πνεύματος, νῦν καὶ ἀεὶ
καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ

Ἀμήν.

ΑΝΑΓΝΩΣΤΗΣ

Τῆς Ὀκτωήχου ---

Ὑπακοή. ᾠχος δ΄.

Τὰ τῆς σῆς παραδόξου ἐγέρσεως,
προδραμοῦσαι αἱ Μυροφόροι, τοῖς
Ἀποστόλοις ἐκήρυττον Χριστέ, ὅτι ἀνέστης ὡς
Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

ΧΟΡΟΣ

Οἱ Ἀναβαθμοί.

Ἀντίφωνον Α΄. ᾠχος δ΄.

Ἐκ νεότητός μου πολλὰ πολεμεῖ με πάθη·
ἀλλ' αὐτὸς ἀντιλαβοῦ, καὶ σῶσον Σωτήρ μου.

Οἱ μισοῦντες Σιών, αἰσχύνθητε ἀπὸ
τοῦ Κυρίου· ὡς χόρτος γάρ, πυρὶ ἔσεσθε
ἀπεξηραμμένοι.

PRIEST

Remembering our all-holy, immaculate,
most blessed, and glorious Lady, the
Theotokos and ever-virgin Mary, with all
the saints, let us commend ourselves and one
another and our whole life to Christ our God.

CHOIR

To You, O Lord.

PRIEST

For blessed is Your name, and glorified is
Your kingdom, of the Father and the Son and
the Holy Spirit, now and ever and to the ages
of ages.

CHOIR

Amen.

READER

From Octoechos ---

Hypakoe. Mode 4.

The Myrrh-bearing Women hurried to
declare the matter of Your paradoxal rising
to Your Apostles, O Christ, that You rose, as
God, and granted to the world the great mercy.

[GOASD]

CHOIR

Anavathmoi.

Antiphon 1. Mode 4.

From my youth, many passions war
against me. O my Savior, I implore You,
uphold me and save me. [GOASD]

You who hate Zion, be shamed by the
Lord; for you will be withered like grass in the
fire. [GOASD]

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι πᾶσα ψυχὴ ζωοῦται, καὶ καθάρσει ὑποῦται, λαμπρύνεται, τῇ τριαδικῇ μονάδι ἱεροκρυφίως.

Ἀντίφωνον Β΄.

Ἐκέκραξά σοι Κύριε, θερμῶς ἐκ βάθους ψυχῆς μου· Κἄμοι γενέσθω, πρὸς ὑπακοὴν τὰ θεῖά σου ᾧτα.

Ἐπὶ τὸν Κύριον ἐλπίδα πᾶς τις κεκτημένος, ὑψηλότερός ἐστι, πάντων τῶν λυπούντων.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, ἀναβλύζει τὰ τῆς χάριτος ρεῖθρα, ἀρδεύοντα, ἅπασαν τὴν κτίσιν πρὸς ζωογονίαν.

Ἀντίφωνον Γ΄.

Ἡ καρδιά μου πρὸς σέ Λόγε ὑψωθήτω, καὶ οὐδὲν θέλξει με, τῶν τοῦ κόσμου τερπνῶν πρὸς χαμαιζηλίαν.

Ἐπὶ τὴν μητέρα αὐτοῦ, ὡς ἔχει τις στοργήν, ἐπὶ τῷ Κυρίῳ, θερμότερον φίλτρον χρεωστοῦμεν.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, θεογνωσίας πλοῦτος, θεωρίας καὶ σοφίας· πάντα γὰρ ἐν τούτῳ, τὰ πατρῶα δόγματα, ὁ Λόγος ἐκκαλύπτει.

Προκείμενον.

Ἀνάστα, Κύριε, βοήθησον ἡμῖν, καὶ λύτρωσαι ἡμᾶς, ἕνεκεν τῆς δόξης τοῦ ὀνόματός σου. (δὶς)

Glory. Both now.

By the Holy Spirit every soul is animated, and when purified, it is mystically uplifted and brightened by the triune Godhead. [GOASD]

Antiphon 2.

I have cried to You, O Lord, from the depth of my soul with fervor. Let Your divine ears be attentive to me. [GOASD]

Everyone who has their hope in the Lord is higher than anything that could sadden them.

[GOASD]

Glory. Both now.

From the Holy Spirit the streams of grace well forth; they water all creation, so that life be engendered. [GOASD]

Antiphon 3.

Let my heart be lifted up to You, O Logos; and none of the world's delights will entice me to be earthly-minded. [GOASD]

Whereas one has filial affection for his mother, for the Lord we ought to have a love even more fervent. [GOASD]

Glory. Both now.

In the Holy Spirit is the wealth of knowledge of God, contemplation and wisdom. For in Him the Logos discloses all the dogmas of the Father. [GOASD]

Prokeimenon.

Arise, O Lord; help us, and redeem us, because of the glory of Your name. (2)

Στίχ. Ὁ Θεός, ἐν τοῖς ὠσὶν ἡμῶν
ἠκούσαμεν.

Ἀνάστα, Κύριε, βοήθησον ἡμῖν, καὶ
λύτρωσαι ἡμᾶς, ἕνεκεν τῆς δόξης τοῦ
ὀνόματός σου.

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

ΧΟΡΟΣ

Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῆ χάριτι.

ΧΟΡΟΣ

Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Τῆς παναγίας, ἀχράντου,
ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν,
Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ
πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς
καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν
Χριστῷ τῷ Θεῷ παραθώμεθα.

ΧΟΡΟΣ

Σοί, Κύριε.

ΙΕΡΕΥΣ

Σὺ γὰρ εἶ ὁ βασιλεὺς τῆς εἰρήνης καὶ
σωτὴρ τῶν ψυχῶν ἡμῶν, καὶ σοὶ τὴν δόξαν
ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ
ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας
τῶν αἰώνων.

ΧΟΡΟΣ

Ἀμήν.

Verse: O God, we heard with our ears.

Arise, O Lord; help us, and redeem us,
because of the glory of Your name. [SAAS]

PRIEST

Again and again in peace let us pray to the
Lord.

CHOIR

Lord, have mercy.

PRIEST

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

CHOIR

Lord, have mercy.

PRIEST

Remembering our all-holy, immaculate,
most blessed, and glorious Lady, the
Theotokos and ever-virgin Mary, with all
the saints, let us commend ourselves and one
another and our whole life to Christ our God.

CHOIR

To You, O Lord.

PRIEST

For You are the King of peace and the
savior of our souls, and to You we offer up
glory, to the Father and the Son and the Holy
Spirit, now and ever and to the ages of ages.

CHOIR

Amen.

ΑΝΑΓΝΩΣΤΗΣ

Τῆς Ὀκτωήχου ---

Κοντάκιον Ἀναστάσιμον.

Ὁ Σωτὴρ καὶ ῥύστης μου, ἀπὸ τοῦ τάφου,
ὡς Θεὸς ἀνέστησεν, ἐκ τῶν δεσμῶν τοὺς
γῆγενεῖς, καὶ πύλας ἄδου συνέτριψε, καὶ ὡς
Δεσπότης, ἀνέστη τριήμερος.

Ὁ Οἶκος.

Τὸν ἀναστάντα ἐκ νεκρῶν, Χριστὸν τὸν
ζωοδότην, τριήμερον ἐκ τάφου καὶ πύλας τοῦ
θανάτου σήμερον συνθλάσαντα, τῇ δυνάμει
τῇ αὐτοῦ, τὸν ἄδην τε νεκρώσαντα, καὶ τὸ
κέντρον τοῦ θανάτου συντρίψαντα, καὶ τὸν
Ἀδὰμ σὺν τῇ Εὐᾶ ἐλευθερώσαντα, ὑμνήσωμεν
πάντες οἱ γῆγενεῖς, εὐχαρίστως βοῶντες αἶνον
ἐκτενωῶς· Αὐτὸς γὰρ ὡς μόνος κραταιὸς Θεὸς
καὶ Δεσπότης, ἀνέστη τριήμερος.

Κοντάκιον.

Τοῦ Τριωδίου ---

Ἦχος δ΄. Ἐπεφάνης σήμερον.

Ἐν τῷ ὕψει Κύριος, τῆς ἐγκρατείας,
ἀληθῆ σε ἔθετο, ὥσπερ ἀστέρα ἀπλανῆ,
φωταγωγοῦντα τὰ πέρατα, καθηγητὰ Ἰωάννη
Πατὴρ ἡμῶν.

Ὁ Οἶκος.

Οἶκον Θεοῦ ὡς ἀληθῶς, σαυτὸν εἰργάσω
Πάτερ, ταῖς θείαις ἀρεταῖς σου, σαφῶς
κατακοσμήσας, ὥσπερ χρυσίον τηλαυγές,
πίστιν ἐλπίδα καὶ ἀγάπην ἀληθῆ, θείους
θεσμοὺς ἐκθέμενος, ἐγκρατεία ἀσκήσας ὡς
ἄσαρκος, φρόνησιν, ἀνδρείαν, σωφροσύνην
κτησάμενος ταπεινώσιν, δι' ἧς ἀνυψώθης·
διὸ καὶ ἐφωτίσθης εὐχαῖς ἀενάοις, καὶ τοῦ
οὐρανοῦ κατέλαβες τὰς σκηνώσεις, καθηγητὰ
Ἰωάννη Πατὴρ ἡμῶν.

READER

From Octoechos ---

Resurrectional Kontakion.

He who saved and rescued me has
resurrected from the tomb and bonds of
death those born on earth, for He is God. He
smashed the gates of the netherworld, and on
the third day, He rose, as the Lord of all. [GOASD]

Oikos.

Christ is the Giver of Life. He rose from
the dead and the tomb, on the third day. He
smashed the gates of death with His might
today. He neutralized Hades and crushed the
sting of death. And He freed Adam and Eve.
Let all of us born on earth earnestly sing and
praise Him with gratitude; for He is our one
and mighty God, and on the third day He rose,
as the Lord of all. [GOASD]

Kontakion.

From Triodion ---

Mode 4. You appeared today.

In the height of self-control the Lord has
placed you as a true unerring star illuminating
all the earth and also guiding us to the light, as
our professor and mentor, O Father John. [SD]

Oikos.

You have rendered yourself God's true
abode, O Father, by your divine virtue,
adorning it lucidly, as with gold that glitters
from afar. You set forth faith, hope and true
charity as divine axioms. As with angelic self-
control, you practiced prudence, courage, and
temperance. You acquired humility, by which
you were exalted. Hence, you were enlightened
by prayer unflinching, and you attained the

Ὁ λαὸς ἵσταται διὰ τὴν ἀνάγνωσιν τοῦ Συναξαρίου.

Συναξάριον

Τοῦ Μηναίου.

Τῆς ἸΔ' τοῦ αὐτοῦ μηνός, μνήμη τῶν Ἁγίων Ἀποστόλων ἐκ τῶν ἑβδομήκοντα, Ἀριστάρχου, Πούδη καὶ Τροφίμου.

Τῆς αὐτῆς ἡμέρας, μνήμη τοῦ Ἁγίου Μάρτυρος Ἀρδαλίωνος τοῦ Μίμου.

Τῆς αὐτῆς ἡμέρας, μνήμη τῆς Ἁγίας Μάρτυρος Θωμαΐδος.

Τῆς αὐτῆς ἡμέρας, ἡ ἄθλησις τοῦ Ἁγίου Νεομάρτυρος Δημητρίου τοῦ Πελοποννησίου, τοῦ ἐκ Λιγυδίστης τῆς Τριφυλίας καταγομένου, κατὰ τὸ ἔτος ,αωγ' (1803) ἐν Τριπόλει ξίφει τελειωθέντος.

Τοῦ Τριωδίου.

Τῆς αὐτῆς ἡμέρας, Κυριακῆς τετάρτης τῶν Νηστειῶν, μνήμην ποιούμεν τοῦ Ὁσίου Πατρὸς ἡμῶν Ἰωάννου, τοῦ Συγγραφέως τῆς Κλίμακος.

Στίχοι

Ὁ σάρκα καὶ ζῶν νεκρὸς ὢν Ἰωάννης,
Αἰώνιος ζῆ, καὶ νεκρὸς φανεὶς ἄπνους.

Σύγγραμμα λιπῶν Κλίμακα τῆ ἀνόδῳ,
Δείκνυσιν αὐτοῦ πορείαν τῆς ἀνόδου.

Ταῖς αὐτοῦ πρεσβείαις, ὁ Θεός, ἐλέησον,
καὶ σῶσον ἡμᾶς. Ἀμήν.

ΧΟΡΟΣ

Καταβασίαι τῆς Θεοτόκου

Ὠδὴ α'. Ἦχος δ'.

Ἀνοιξω τὸ στόμα μου, καὶ πληρωθήσεται
Πνεύματος, καὶ λόγον ἐρεῦξομαι, τῆ Βασιλίδι

mansions of heaven, as our professor and
mentor, O Father John. ^[GKD]

Stand for the reading of the Synaxarion.

Synaxarion

From the Menaion.

On April 14 we commemorate the holy
Apostles of the Seventy, Aristarchos, Pudens,
and Trophimos.

On this day we also commemorate the
holy Martyr Ardalion the Mime.

On this day we also commemorate the
holy woman Martyr Thomais.

On this day was the contest and
martyrdom of the holy Neo-martyr Demetrius
of Peloponnesos, who was from Ligudista,
Tryphilia, and who died by the sword in
Tripoli in the year 1803.

From the Triodion.

On this day, the fourth Sunday of Lent, we
commemorate our devout Father John, author
of The Ladder.

Verses

John, who was dead in the flesh while living,
Ever lives, while appearing to be dead and not breathing.

He left us his book, the Ladder for ascending,
And shows us the way of his ascent to heaven.

By his intercessions, O God, have mercy
on us and save us. Amen.

CHOIR

Katavasia of Theotokos

Ode i. Mode 4.

I open my mouth and pray the Spirit fill
it, like David said, * to pour out a good word

Μητρί, καὶ ὀφθήσομαι, φαιδρῶς πανηγυρίζων,
καὶ ἄσω γηθόμενος, ταύτης τὰ θαύματα.

Ὦδὴ γ'.

Τοὺς σοὺς ὑμνολόγους Θεοτόκε, ὡς ζῶσα
καὶ ἄφθονος πηγὴ, θίασον συγκροτήσαντας
πνευματικόν, στερέωσον· καὶ ἐν τῇ θείᾳ δόξῃ
σου, στεφάνων δόξης ἀξίωσον.

Ὦδὴ δ'.

Τὴν ἀνεξιχνίαστον θείαν βουλήν, τῆς ἐκ
τῆς Παρθένου σαρκώσεως, σοῦ τοῦ Ὑψίστου,
ὁ Προφήτης, Ἀββακούμ, κατανοῶν ἐκραύγαζε·
Δόξα τῇ δυνάμει σου Κύριε.

Ὦδὴ ε'.

Ἐξέστη τὰ σύμπαντα, ἐπὶ τῇ θείᾳ δόξῃ
σου· σὺ γὰρ ἀπειρόγαμε Παρθένε, ἔσχες ἐν
μήτρᾳ, τὸν ἐπὶ πάντων Θεόν, καὶ τέτοκας
ἄχρονον Υἱόν, πᾶσι τοῖς ὑμνοῦσί σε, σωτηρίαν
βραβεύοντα.

Ὦδὴ ς'.

Τὴν θείαν ταύτην καὶ πάντιμον, τελοῦντες
ἐορτὴν οἱ θεόφρονες, τῆς Θεομήτορος, δεῦτε
τὰς χεῖρας κροτήσωμεν, τὸν ἐξ αὐτῆς τεχθέντα
Θεὸν δοξάζοντες.

Ὦδὴ ζ'.

Οὐκ ἐλάτρευσαν τῇ κτίσει οἱ θεόφρονες,
παρὰ τὸν Κτίσαντα, ἀλλὰ πυρὸς ἀπειλὴν,
ἀνδρείως πατήσαντες, χαίροντες ἔψαλλον.

to the Queen and Mother of God. * I will
celebrate * her feast with joy and gladness *
and sing to her merrily, lauding her miracles.

[GOASD]

Ode iii.

Establish your servants who extol you,
* O Mother of God, for they have formed
* a spiritual choir for you * the living and
abundant fount; * and graciously in your
divine glory give glorious crowns to them.

[GOASD]

Ode iv.

When the Prophet Habakkuk heard the
divine * and incomprehensible counsel of
Your Incarnation * from the Virgin, O Most
High, * considering, he cried aloud: * Glory to
Your strength, O Lord my God. [GOASD]

Ode v.

Amazed was the universe by your divine
magnificence. * You who were perpetually
virgin * carried the heavenly God of all in your
womb * and gave birth to the eternal Son, *
who awards salvation to all who sing hymns of
praise to you. [GOASD]

Ode vi.

O godly-minded believers, come * and
celebrate this sacred and venerable feast and
thus extol * the Theotokos, and clap our hands,
* and glorify our God who was truly born of
her. [GOASD]

Ode vii.

Godly-minded three * did not adore
created things in the Creator's stead; * rather,
disdaining the threat * of fire, they trampled

Ἐπερὺμνητε, ὁ τῶν Πατέρων Κύριος, καὶ Θεὸς εὐλογητὸς εἶ.

Ὡδὴ η´.

Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν τὸν Κύριον.

Παῖδας εὐαγεῖς ἐν τῇ καμίνῳ, ὁ τόκος τῆς Θεοτόκου διεσώσατο, τότε μὲν τυπούμενος, νῦν δὲ ἐνεργούμενος, τὴν οἰκουμένην ἅπασαν, ἀγείρει ψάλλουσαν. Τὸν Κύριον ὑμνεῖτε τὰ ἔργα, καὶ ὑπερψοῦτε, εἰς πάντας τοὺς αἰῶνας.

Ὁ λαὸς ἴσταται διὰ τὴν ἀνάγνωσιν τοῦ Εὐαγγελίου.

ΔΙΑΚΟΝΟΣ

Τοῦ Κυρίου δεηθῶμεν.

ΧΟΡΟΣ

Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Ὅτι ἅγιος εἶ, ὁ Θεὸς ἡμῶν, καὶ ἐν ἀγίοις ἐπαναπαύῃ, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ

Ἀμήν.

Ἦχος β´.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. (δίς)
Αἰνεσάτω πνοὴ πᾶσα τὸν Κύριον.

ΔΙΑΚΟΝΟΣ

Καὶ ὑπὲρ τοῦ καταξιοθῆναι ἡμᾶς τῆς ἀκροάσεως τοῦ ἁγίου Εὐαγγελίου, Κύριον τὸν Θεὸν ἡμῶν ἱκετεύσωμεν.

it, and joyfully they sang: * “O supremely praised * and most exalted Lord and God * of the fathers, You are blessed.” [GOASD]

Ode viii.

We praise and we bless and we worship the Lord.

Guiltless were those Servants in the furnace. * The Son of the Theotokos went and rescued them. * He who was prefigured then, * having been incarnate now, * is gathering the whole wide world into His Church to sing: * “O all you works of the Lord, to all ages * sing praises to the Lord and exalt Him beyond measure.” [GOASD]

Stand for the Gospel reading.

DEACON

Let us pray to the Lord.

CHOIR

Lord, have mercy.

PRIEST

For You, our God, are holy, and You rest among the holy ones, and to You we offer up glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

CHOIR

Amen.

Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes praise the Lord. [SAAS]

DEACON

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

ΧΟΡΟΣ

Κύριε, ἐλέησον. (3)

ΔΙΑΚΟΝΟΣ

Σοφία. Ὁρθοί. Ἀκούσωμεν τοῦ ἁγίου
Εὐαγγελίου.

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

ΧΟΡΟΣ

Καὶ τῷ πνεύματί σου.

ΙΕΡΕΥΣ

Ἐκ τοῦ κατὰ Ματθαῖον ἁγίου Εὐαγγελίου
τὸ ἀνάγνωσμα.

ΔΙΑΚΟΝΟΣ

Πρόσχωμεν.

ΧΟΡΟΣ

Δόξα σοι, Κύριε, δόξα σοι.

ΙΕΡΕΥΣ (ἀπὸ τῆς ἁγίας τραπέζης)

Ἐωθινὸν Α'
Ματθαῖον κη' 16-20

Τῷ καιρῷ ἐκείνῳ, οἱ ἔνδεκα μαθηταὶ
ἐπορεύθησαν εἰς τὴν Γαλιλαίαν, εἰς τὸ ὄρος
οὗ ἐτάξατο αὐτοῖς ὁ Ἰησοῦς, καὶ ἰδόντες
αὐτὸν προσεκύνησαν αὐτῷ, οἱ δὲ ἐδίστασαν.
καὶ προσελθὼν ὁ Ἰησοῦς ἐλάλησεν αὐτοῖς
λέγων· ἐδόθη μοι πᾶσα ἐξουσία ἐν οὐρανῷ
καὶ ἐπὶ γῆς. πορευθέντες μαθητεύσατε πάντα
τὰ ἔθνη, βαπτίζοντες αὐτοὺς εἰς τὸ ὄνομα
τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου
Πνεύματος, διδάσκοντες αὐτοὺς τηρεῖν πάντα
ὅσα ἐνετειλάμην ὑμῖν· καὶ ἰδοὺ ἐγὼ μεθ' ὑμῶν
εἰμι πάσας τὰς ἡμέρας ἕως τῆς συντελείας τοῦ
αἰῶνος. ἀμήν.

ΧΟΡΟΣ

Δόξα σοι, Κύριε, δόξα σοι.

CHOIR

Lord, have mercy. (3)

DEACON

Wisdom. Arise. Let us hear the holy
Gospel.

PRIEST

Peace be with all.

CHOIR

And with your spirit.

PRIEST

The reading is from the holy Gospel
according to Matthew.

DEACON

Let us be attentive.

CHOIR

Glory to You, O Lord, glory to You.

PRIEST (from the altar table)

Eothinon 1
Matthew. 28:16-20

At that time, the eleven disciples went
to Galilee, to the mountain to which Jesus
had directed them. And when they saw Him
they worshiped Him; but some doubted. And
Jesus came and said to them, "All authority
in heaven and on earth has been given to Me.
Go therefore and make disciples of all nations,
baptizing them in the name of the Father and
the Son and the Holy Spirit, teaching them to
observe all that I have commanded you; and lo,
I am with you always, to the close of the age.
Amen." [RSV]

CHOIR

Glory to You, O Lord, glory to You.

ΑΝΑΓΝΩΣΤΗΣ

Ἀνάστασιν Χριστοῦ θεασάμενοι,
προσκυνήσωμεν Ἅγιον Κύριον Ἰησοῦν,
τὸν μόνον ἀναμάρτητον. Τὸν Σταυρὸν σου,
Χριστέ, προσκυνοῦμεν καὶ τὴν ἁγίαν σου
ἀνάστασιν ὑμνοῦμεν καὶ δοξάζομεν· σὺ
γὰρ εἶ Θεὸς ἡμῶν, ἐκτός σου ἄλλον οὐκ
οἶδαμεν, τὸ ὄνομά σου ὀνομάζομεν. Δεῦτε
πάντες οἱ πιστοί, προσκυνήσωμεν τὴν τοῦ
Χριστοῦ ἁγίαν ἀνάστασιν· ἰδοὺ γὰρ ἦλθε διὰ
τοῦ Σταυροῦ χαρὰ ἐν ὄλῳ τῷ κόσμῳ. Διὰ
παντὸς εὐλογοῦντες τὸν Κύριον, ὑμνοῦμεν τὴν
ἀνάστασιν αὐτοῦ· Σταυρὸν γὰρ ὑπομείνας δι’
ἡμᾶς, θανάτῳ θάνατον ὤλεσεν.

ΧΟΡΟΣ

Ψαλμὸς Ν΄ (50).

ᾠδὴ β΄. (ἡ τῆς ἐβδομάδος.)

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός
σου καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρισμῶν σου
ἐξάλειψον τὸ ἀνόμημά μου.

Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου
καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν με.

Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ
ἁμαρτία μου ἐνώπιόν μου ἐστὶ διαπαντός.

Σοὶ μόνῳ ἥμαρτον, καὶ τὸ πονηρὸν
ἐνώπιόν σου ἐποίησα· ὅπως ἂν δικαιωθῆς ἐν
τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί
σε.

Ἴδου γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν
ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου.

READER

Having beheld the Resurrection of Christ,
let us worship the holy Lord Jesus, the only
sinless one. Your Cross, O Christ, we venerate,
and Your holy Resurrection we praise and
glorify. For You are our God; apart from You
we know no other; we call upon Your name.
Come, all faithful, let us venerate the holy
Resurrection of Christ; for behold, through
the Cross, joy has come to the whole world.
Ever blessing the Lord, let us praise His
Resurrection; for having endured the Cross for
us, He destroyed death by death. [GOA]

CHOIR

Psalm 50 (51).

Mode 2. (or the Mode of the week)

Have mercy on me, O God, according
to Your great mercy; and according to the
abundance of Your compassion, blot out my
transgression.

Wash me thoroughly from my lawlessness
and cleanse me from my sin.

For I know my lawlessness, and my sin is
always before me.

Against You only have I sinned and done
evil in Your sight; that You may be justified
in Your words, and overcome when You are
judged.

For behold, I was conceived in
transgressions, and in sins my mother bore me.

Ἴδου γὰρ ἀλήθειαν ἠγάπησας· τὰ ἄδηλα
καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι.

Ῥαντιεῖς με ὑσσώπῳ, καὶ καθαρισθήσομαι·
πλυνεῖς με καὶ ὑπὲρ χιόνα λευκανθήσομαι.

Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην·
ἀγαλλιάσονται ὅστέα τεταπεινωμένα.

Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν
ἁμαρτιῶν μου, καὶ πάσας τὰς ἀνομίας μου
ἐξάλειψον.

Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ Θεός,
καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς ἐγκάτοις
μου.

Μὴ ἀπορρίψης με ἀπὸ τοῦ προσώπου σου,
καὶ τὸ Πνεῦμά σου τὸ ἅγιον μὴ ἀντανέλης ἀπ’
ἐμοῦ.

Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου
σου καὶ πνεύματι ἡγεμονικῶ στήριζόν με.

Διδάξω ἀνόμους τὰς ὁδοὺς σου, καὶ
ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι.

Ῥῦσαί με ἐξ αἱμάτων, ὁ Θεὸς ὁ Θεὸς τῆς
σωτηρίας μου· ἀγαλλιάσεται ἡ γλῶσσά μου
τὴν δικαιοσύνην σου.

Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα
μου ἀναγγελεῖ τὴν αἴνεσίν σου.

Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν·
ὀλοκαυτώματα οὐκ εὐδοκήσεις.

Behold, You love truth; You showed
me the unknown and secret things of Your
wisdom.

You shall sprinkle me with hyssop, and I
will be cleansed; You shall wash me, and I will
be made whiter than snow.

You shall make me hear joy and gladness;
my bones that were humbled shall greatly
rejoice.

Turn Your face from my sins, and blot out
all my transgressions.

Create in me a clean heart, O God, and
renew a right spirit within me.

Do not cast me away from Your presence,
and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation,
and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and
the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God,
the God of my salvation, and my tongue shall
greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my
mouth will declare Your praise.

For if You desired sacrifice, I would give
it; You will not be pleased with whole burnt
offerings.

Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον·
καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ
Θεὸς οὐκ ἐξουδενώσει.

Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου τὴν
Σιών, καὶ οἰκοδομηθήτω τὰ τείχη Ἱερουσαλήμ.

Τότε εὐδοκήσεις θυσίαν δικαιοσύνης,
ἀναφορὰν καὶ ὀλοκαυτώματα.

Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου
μόσχους. Καὶ ἐλέησόν με, ὁ Θεός.

Ἰδιόμελα τοῦ Τριωδίου.

Δόξα. ᾠχος πλ. δ'.

Τῆς μετανοίας ἄνοιξόν μοι πύλας
Ζωοδότα· ὀρθρίζει γὰρ τὸ πνεῦμά μου, πρὸς
ναὸν τὸν ἅγιόν σου, ναὸν φέρον τοῦ σώματος,
ὅλον ἐσπιλωμένον· ἀλλ' ὡς οἰκτίρμων
κάθαρον, εὐσπλάγχυν σου ἐλέει.

Καὶ νῦν. **Ὁ αὐτός.**

Τῆς σωτηρίας εὐθυνόν μοι τρίβους,
Θεοτόκε· αἰσχροῖς γὰρ κατερρύπωσα, τὴν
ψυχὴν ἀμαρτίαις, ὡς ραθύμως τὸν βίον μου,
ὅλον ἐκδαπανήσας, ταῖς σαῖς πρεσβείαις ῥύσαι
με, πάσης ἀκαθαρσίας.

Ἰδιόμελον. ᾠχος πλ. β'.

Στίχ. Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα
ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν
σου ἐξάλειψον τὸ ἀνόμημά μου.

Τὰ πλήθη τῶν πεπραγμένων μοι δεινῶν,
ἐννοῶν ὁ τάλας, τρέμω τὴν φοβερὰν ἡμέραν
τῆς κρίσεως· ἀλλὰ θαρρῶν εἰς τὸ ἔλεος τῆς

A sacrifice to God is a broken spirit,
a broken and humbled heart God will not
despise.

Do good, O Lord, in Your good pleasure
to Zion, and let the walls of Jerusalem be built.

Then You will be pleased with a sacrifice
of righteousness, with offerings and whole
burnt offerings.

Then shall they offer young bulls on Your
altar. And have mercy on me, O God. [SAAS]

Idiomela from the Triodion.

Glory. **Mode pl. 4.**

Open to me the gates of repentance, O
Giver of Life, for early in the morning my
spirit hastens to Your holy temple, bringing
the temple of my body all defiled. But as one
compassionate, cleanse me, I pray, by Your
loving-kindness and mercy. [SD]

Both now. **Same Mode.**

Guide me in the paths of salvation, O
Theotokos, for I have befouled my soul with
shameful sins and I heedlessly squandered all
of my life's resources. By your intercession
deliver me from every uncleanness. [SD]

Idiomelon. Mode pl. 2.

Verse: *Have mercy on me, O God,
according to Your great mercy; and according
to the abundance of Your compassion, blot out
my transgression.*

When I ponder in my wretchedness on the
many terrible things that I have done, I tremble
for that fearful day, the Day of Judgment. But
trusting in the mercy of Your compassion, like

εὐσπλαγχνίας σου, ὡς ὁ Δαυὶδ βοῶ σοι·
Ἐλέησόν με ὁ Θεός, κατὰ τὸ μέγα σου ἔλεος.

ΙΕΡΕΥΣ

Σῶσον ὁ Θεὸς τὸν λαόν σου καὶ
εὐλόγησον τὴν κληρονομίαν σου· ἐπίσκεψαι
τὸν κόσμον σου ἐν ἐλέει καὶ οἰκτιρμοῖς·
ὑψῶσον κέρας χριστιανῶν ὀρθοδόξων καὶ
κατάπεμψον ἐφ’ ἡμᾶς τὰ ἐλέη σου τὰ πλούσια·
πρεσβείαις τῆς παναχράντου δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας,
δυνάμει τοῦ τιμίου καὶ ζωοποιῦ Σταυροῦ,
προστασίαις τῶν τιμίων ἐπουρανίων δυνάμεων
ἀσωμάτων, ἱεσείαις τοῦ τιμίου ἐνδόξου
προφήτου προδρόμου καὶ βαπτιστοῦ
Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων
ἀποστόλων, τῶν ἐν ἁγίοις πατέρων ἡμῶν
μεγάλων ἱεραρχῶν καὶ οἰκουμενικῶν
διδασκάλων Βασιλείου τοῦ Μεγάλου,
Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου τοῦ
Χρυσοστόμου, Ἀθανασίου καὶ Κυρίλλου,
Ἰωάννου τοῦ Ἐλεήμονος πατριαρχῶν
Ἀλεξανδρίας· Νικολάου τοῦ ἐν Μύροις,
Σπυρίδωνος ἐπισκόπου Τριμυθοῦντος, καὶ
Νεκταρίου Πενταπόλεως τῶν θαυματουργῶν·
τῶν ἁγίων ἐνδόξων μεγαλομαρτύρων
Γεωργίου τοῦ τροπαιοφόρου, Δημητρίου
τοῦ μυροβλήτου, Θεοδώρου τοῦ ψήρωνος,
Θεοδώρου τοῦ στρατηλάτου, Μηνᾶ
τοῦ θαυματουργοῦ· τῶν ἱερομαρτύρων
Χαραλάμπους καὶ Ἐλευθερίου, τῆς ἁγίας
ἐνδόξου μεγαλομάρτυρος καὶ πανευφήμου
Εὐφημίας· τῶν ἁγίων ἐνδόξων μαρτύρων
Θέκλας, Βαρβάρας, Ἀναστασίας, Αἰκατερίνης,
Κυριακῆς, Φωτεινῆς, Μαρίνης, Παρασκευῆς
καὶ Εἰρήνης· τῶν ὁσίων καὶ θεοφόρων
πατέρων ἡμῶν· (τοῦ ἁγίου τοῦ ναοῦ)· τῶν
ἁγίων καὶ δικαίων θεοπατόρων Ἰωακείμ καὶ
Ἄννης, τοῦ Ὁσίου Πατρὸς ἡμῶν Ἰωάννου, τοῦ
Συγγραφέως τῆς Κλίμακος, οὗ καὶ τὴν μνήμην
ἐπιτελοῦμεν· καὶ πάντων σου τῶν ἁγίων·

David I cry to You, “Have mercy on me, O
God, according to Your great mercy.” ^[SD]

PRIEST

O God, save Your people and bless Your
inheritance. Look upon Your world with
mercy and compassion. Raise the Orthodox
Christians in glory, and send down upon us
Your rich mercies:
through the intercessions of our all-
immaculate Lady Theotokos and ever-virgin
Mary, by the power of the precious and life-
giving Cross, the protection of the honorable,
heavenly, bodiless powers, the supplications of
the honorable, glorious prophet and forerunner
John the Baptist, the holy, glorious, and
praiseworthy apostles, our fathers among the
saints, the great hierarchs and ecumenical
teachers Basil the Great, Gregory the
Theologian, and John Chrysostom; Athanasios,
Cyril, and John the Merciful, patriarchs
of Alexandria, Nicholas, bishop of Myra,
Spyridon, bishop of Trimythous, Nektarios
of Pentapolis, the wonderworkers; the holy,
glorious, great martyrs George the triumphant,
Demetrios the myrrh-streamer, Theodore the
soldier, and Theodore the general; Menas the
wonderworker; Charalambos and Eleutherios,
the hieromartyrs; the holy, glorious, and
victorious martyrs; the glorious great Martyr
and all-laudable Euphemia; the holy and
glorious Martyrs Thecla, Barbara, Anastasia,
Katherine, Kyriake, Fotene, Marina, Paraskeve
and Irene; our venerable and God-bearing
fathers; (local patron saint); holy and righteous
ancestors of God Joachim and Anna; our
devout father John Climacus, the author of the
Ladder, whose memory we celebrate, and all
Your saints:

ἱκετεύομέν σε, μόνη πολυέλεε Κύριε,
ἐπάκουσον ἡμῶν τῶν ἀμαρτωλῶν δεομένων
σου καὶ ἐλέησον ἡμᾶς.

ΧΟΡΟΣ

Κύριε, ἐλέησον. (ιβ')

ΙΕΡΕΥΣ

Ἐλέει καὶ οἰκτιρμοῖς καὶ φιλανθρωπία τοῦ
μονογενοῦς σου Υἱοῦ, μεθ' οὗ εὐλογητὸς εἶ,
σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου
Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων.

ΧΟΡΟΣ

Ἀμήν.

Ὁ λαὸς ἵσταται διὰ τὴν Θ' Ὠδὴν.

ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν
ᾧ ἕμνοις τιμῶντες μεγαλύνωμεν.

ΧΟΡΟΣ

Ὠδὴ θ'.

Μεγαλυνάριον. ᾠδὴ δ'.

Στίχ. Μεγαλύνει ἡ ψυχὴ μου τὸν Κύριον,
καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ
σωτῆρί μου.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν
ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως
Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ὅτι ἐπέβλεψεν ἐπὶ τὴν ταπεινῶσιν
τῆς δούλης αὐτοῦ· ἰδοὺ γάρ, ἀπὸ τοῦ νῦν
μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν

We beseech you, only merciful Lord, hear
us sinners who pray to you and have mercy on
us.

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love
for humankind of Your only-begotten Son,
with whom You are blessed, and Your all-
holy, good and life-creating Spirit, now and
ever and to the ages of ages.

CHOIR

Amen.

Stand for the singing of Ode ix.

DEACON

Let us honor and magnify in song the
Theotokos and the Mother of the light.

CHOIR

Ode ix.

The Magnificat. Mode 4.

Verse: *My soul magnifies the Lord, and
my spirit has rejoiced in God my Savior.* [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth to
God the Word, and are truly Theotokos. You
do we magnify. [GOASD]

Verse: *For He has regarded the
lowly state of His maidservant; for behold,
henceforth all generations will call me blessed.*

[NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth to

ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ὅτι ἐποίησέ μοι μεγαλεῖα ὁ Δυνατός, καὶ ἅγιον τὸ ὄνομα αὐτοῦ, καὶ τὸ ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεάν τοῖς φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ἐποίησε κράτος ἐν βραχίονι αὐτοῦ, διεσκόρπισεν ὑπερηφάνους διανοίᾳ καρδίας αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Καθεῖλε δυνάστας ἀπὸ θρόνων, καὶ ὑψώσε ταπεινούς, πεινῶντας ἐνέπλησεν ἀγαθῶν, καὶ πλουτοῦντας ἐξάπέστειλε κενούς.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ἀντελάβετο Ἰσραὴλ παιδὸς αὐτοῦ, μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς

God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Verse: *For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Verse: *He has shown strength with His arm; He has scattered the proud in the imagination of their hearts.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Verse: *He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Verse: *He has helped His servant Israel, in remembrance of His mercy, as He spoke*

Πατέρας ἡμῶν, τῷ Ἀβραάμ, καὶ τῷ σπέρματι αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἔνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Ὡδὴ θ΄. Καταβασία. Ἦχος δ΄.

Ἄπας γηγενής, σκιρτάτω τῷ πνεύματι λαμπαδουχούμενος, πανηγυριζέτω δέ, ἀύλων Νόων φύσις γεραίρουσα, τὰ ἱερὰ θαυμάσια τῆς Θεομήτορος, καὶ βοάτω· Χαίροις παμμακάριστε, Θεοτόκε Ἄγνη ἀειπάρθενε.

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

ΧΟΡΟΣ

Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῆ χάριτι.

ΧΟΡΟΣ

Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν, Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

ΧΟΡΟΣ

Σοί, Κύριε.

to our fathers, to Abraham and to his seed forever. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Ode ix. Katavasia. Mode 4.

All you born on earth, * with festival lamps in hand, in spirit leap for joy; * and all you the heavenly angelic orders, join in and celebrate; * and honoring the sacred wonders of the Mother of God, * sing the joyful salutation, “O rejoice, * Theotokos, all-blest, ever-virgin pure!” [GOASD]

PRIEST

Again and again in peace let us pray to the Lord.

CHOIR

Lord, have mercy.

PRIEST

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

CHOIR

Lord, have mercy.

PRIEST

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

CHOIR

To You, O Lord.

ΙΕΡΕΥΣ

Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ

Ἀμήν.

ΧΟΡΟΣ

ᾠχος β΄.

Ἅγιος Κύριος ὁ Θεὸς ἡμῶν. (δίς)

Ἐψοῦτε Κύριον τὸν Θεὸν ἡμῶν καὶ προσκυνεῖτε τῷ ὑποποδίῳ τῶν ποδῶν αὐτοῦ.

Ὅτι ἅγιός ἐστι.

Τῆς Ὀκτωήχου - - -

Ἐξαποστειλᾶριον.

Τὸ Α΄ Ἐωθινόν.

ᾠχος β΄. Αὐτόμελον.

Τοῖς Μαθηταῖς συνέλθωμεν, ἐν ὄρει Γαλιλαίας, πίστει Χριστὸν θεάσασθαι, λέγοντα ἐξουσίαν, λαβεῖν τῶν ἄνω καὶ κάτω· μάθωμεν πῶς διδάσκει, βαπτίζειν εἰς τὸ ὄνομα, τοῦ Πατρὸς, ἔθνη πάντα, καὶ τοῦ Υἱοῦ, καὶ Ἁγίου Πνεύματος, καὶ συνεῖναι, τοῖς μύσταις ὡς ὑπέσχετο, ἕως τῆς συντελείας.

Τοῦ Ὁσίου.

Ἐξαποστειλᾶριον. Τοῦ Τριωδίου.

Τοῦ Τριωδίου - - -

ᾠχος β΄. Γυναῖκες ἀκουτίσθητε.

Τοῦ κόσμου τὴν εὐπάθειαν, ὡς μοχθηρὰν ἐξέκλινας, καὶ ἀτροφία τὴν σάρκα, μαράνας ἀνεκαίνισας, ψυχῆς τὸν τόνον Ὅσιε, καὶ δόξαν κατεπλούτησας, οὐράνιον ἀοίδιμε· διὸ μὴ παύση πρεσβεύων ὑπὲρ ἡμῶν Ἰωάννη.

PRIEST

For all the powers of heaven praise You, and to You they offer up glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

CHOIR

Amen.

CHOIR

Mode 2.

Holy is the Lord our God. (2) [SAAS]

Exalt the Lord our God, and worship at the footstool of His feet.

For He is holy.

From Octoechos - - -

Exaposteilarion.

Eothinon 1.

Mode 2. Automelon.

Τοῖς Μαθηταῖς συνέλθωμεν.

Let us in faith now join the Lord's * disciples on the mountain * in Galilee, and we shall see * Christ saying He was given * all authority, both on high * and below. We shall hear Him * teach how to baptize nations all, * in the name of the Father and of the Son * and the Holy Spirit, and say He always * is with believers to the close * of the age, as He promised. [GOASD]

For the Devout Man.

Exaposteilarion. From the Triodion.

From Triodion - - -

Mode 2. O Women, hearken.

Γυναῖκες ἀκουτίσθητε.

You spurned the comforts of the world * as being sources of distress. * The flesh you withered by fasting, * Devout one, thus renewing * the vim and vigor of the soul. * O father ever-mem'orable. * And you became

Θεοτοκίον.

ᾠχος β΄. *Γυναῖκες ἀκουτίσθητε.*

Κυρίως Θεοτόκον σε, ὁμολογοῦμεν
Δέσποινα, οἱ διὰ σοῦ σεσωσμένοι· καὶ γὰρ
Θεὸν ἐκύησας, ἀπορρήτως τὸν λύσαντα,
διὰ Σταυροῦ τὸν θάνατον, πρὸς ἑαυτὸν δ΄
ἐλκύσαντα, Ὁσίων δῆμους, μεθ΄ ὧν σε,
ἀνευφημοῦμεν Παρθένε.

Οἱ Αἴνοι. ᾠχος δ΄.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. Αἰνεῖτε
τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε αὐτὸν ἐν
τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ·
αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ
πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτὸν πάντα τὰ
ἄστρα καὶ τὸ φῶς.

Αἰνεῖτε αὐτὸν οἱ οὐρανοὶ τῶν οὐρανῶν καὶ τὸ ὕδωρ τὸ
ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ ὄνομα Κυρίου.

Ὅτι αὐτὸς εἶπε, καὶ ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ
ἐκτίσθησαν.

Ἔστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ
αἰῶνος· πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται.

Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι
ἄβυσσοι.

Πῦρ, χάλαζα, χιόν, κρύσταλλος, πνεῦμα καταιγίδος, τὰ
ποιῶντα τὸν λόγον αὐτοῦ.

Τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ
πᾶσαι κέδροι.

Τὰ θηρία καὶ πάντα τὰ κτήνη, ἐρπετὰ καὶ πετεινὰ
πτερωτά.

exceeding rich * in heavenly glory. Therefore
* cease not for us interceding. [SD]

Theotokion.

Mode 2. *O Women, hearken.*

Γυναῖκες ἀκουτίσθητε.

O Lady, we confess that you * are
Theotokos lit'rally. * Through you we have
our salvation, * for you ineffably gave birth
* to God who neutralized the force * of death
by being crucified. * Thus He attracted to
himself * the companies of devout monks, *
with whom we laud you, O Virgin. [SD]

Lauds. Mode 4.

Let everything that breathes praise the
Lord. Praise the Lord from the heavens, praise
Him in the highest. It is fitting to sing a hymn
to You, O God. [SAAS]

Praise Him, all you His angels; praise
Him, all you His hosts. It is fitting to sing a
hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars
and light.

Praise Him, you heavens of heavens, and you waters
above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded,
and they were created.

He established them forever and unto ages of ages; He
set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the
deeps.

Fire and hail, snow and ice, stormy wind, which
perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying
birds.

Βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς.

Νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων· αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου.

Ἡ ἐξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐρανοῦ. καὶ ὑψώσει κέρας λαοῦ αὐτοῦ.

Ἦμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραὴλ, λαῶ ἐγγίζοντι αὐτῷ.

Ἄσατε τῷ Κυρίῳ ῥῆσμα καινόν, ἡ αἴνεσις αὐτοῦ ἐν ἐκκλησίᾳ ὁσίων.

Εὐφρανθήτω Ἰσραὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ υἱοὶ Σιών ἀγαλλιᾶσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν.

Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χορῷ, ἐν τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῷ.

Ὅτι εὐδοκεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ καὶ ὑψώσει πρᾶεῖς ἐν σωτηρίᾳ.

Καυχῆσονται ὅσοι ἐν δόξῃ καὶ ἀγαλλιᾶσονται ἐπὶ τῶν κοιτῶν αὐτῶν.

Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάρυγγι αὐτῶν, καὶ ῥομφαῖαι δίστομοι ἐν ταῖς χερσὶν αὐτῶν.

Τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμούς ἐν τοῖς λαοῖς.

Τοῦ δῆσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς.

Τῆς Ὀκτωήχου ---

Στιχηρὰ Αναστάσιμα.

Ἦχος δ΄.

Τοῦ ποιῆσαι ἐν αὐτοῖς κρῖμα ἐγγραπτον· δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Ὁ Σταυρὸν ὑπομείνας καὶ θάνατον, καὶ ἀναστὰς ἐκ τῶν νεκρῶν, παντοδύναμε Κύριε, δοξάζομέν σου τὴν ἀνάστασιν.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

From Octoechos ---

Resurrectional Stichera.

Mode 4.

To fulfill among them the written judgment: this glory have all His holy ones.

[SAAS]

You endured the Cross and death, and You rose from the dead. O almighty Lord, we glorify Your resurrection. [GOASD]

Ἦχος δ΄.

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ,
αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως
αὐτοῦ.

Ἐν τῷ Σταυρῷ σου Χριστέ, τῆς
ἀρχαίας κατάρας, ἠλευθέρωσας ἡμᾶς, καὶ
ἐν τῷ θανάτῳ σου, τὸν τὴν φύσιν ἡμῶν
τυραννήσαντα, διάβολον κατήργησας· ἐν δὲ τῇ
ἐγέρσει σου, χαρᾶς τὰ πάντα ἐπλήρωσας· διὸ
βοῶμεν σοι· Ὁ ἀναστάς ἐκ τῶν νεκρῶν, Κύριε
δόξα σοι.

Ἦχος δ΄.

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ,
αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης
αὐτοῦ.

Τῷ σῶ Σταυρῷ Χριστέ Σωτήρ, ὁδήγησον
ἡμᾶς ἐπὶ τὴν ἀλήθειάν σου, καὶ ῥῦσαι ἡμᾶς,
τῶν παγίδων τοῦ ἐχθροῦ· ὁ ἀναστάς ἐκ
τῶν νεκρῶν, ἀνάστησον ἡμᾶς πεσόντας τῇ
ἁμαρτία, ἐκτείνας τὴν χεῖρά σου, φιλόνηρωπε
Κύριε, τῇ πρεσβείᾳ τῶν Ἁγίων σου.

Ἦχος δ΄.

Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε
αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρα.

Τῶν πατρικῶν σου κόλπων, μὴ χωρισθεῖς
μονογενὲς Λόγε τοῦ Θεοῦ, ἦλθες ἐπὶ γῆς διὰ
φιλονηρωπίαν, ἄνθρωπος γενόμενος ἀτρέπτως,
καὶ Σταυρὸν καὶ θάνατον ὑπέμεινας σαρκί,
ὁ ἀπαθὴς τῇ θεότητι· ἀναστάς δὲ ἐκ νεκρῶν,
ἀθανασίαν παρέσχες τῷ γένει τῶν ἀνθρώπων,
ὡς μόνος παντοδύναμος.

Mode 4.

*Praise God in His saints; praise Him in
the firmament of His power.* [SAAS]

By Your Cross You freed us from the
ancient curse, O Christ; and by Your death
You neutralized the devil who tyrannized our
nature; and by Your resurrection, You filled
the whole world with joy. Therefore we sing to
You, who rose from the dead, “Glory to You,
O Lord.” [GOASD]

Mode 4.

*Praise Him for His mighty acts; praise
Him according to the abundance of His
greatness.* [SAAS]

O Christ our Savior, by Your Cross, guide
us to Your truth, and deliver us from the snares
of the foe. Since You have risen from the
dead, reach out Your hand and raise us who
have fallen into sin, O benevolent Lord, at the
intercession of Your Saints. [GOASD]

Mode 4.

*Praise Him with the sound of trumpet;
praise Him with the harp and lyre.* [SAAS]

Never parting from the Father’s bosom,
Only-begotten Logos of God, You came to
earth, for the sake of humanity, and without
change became man. And in the flesh You
endured the Cross and death, remaining
impassible in divinity. As the only almighty
Lord, You rose from the dead, and You
granted immortality to the human race. [GOASD]

Στιχηρά. Τοῦ Ὁσίου.

Τοῦ Τριωδίου ---

Ἦχος πλ. δ΄. Ὡ τοῦ παραδόξου.

Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῶ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὄργάνῳ.

Πάτερ Ἰωάννη Ὅσιε, διαπαντὸς ἀληθῶς, τοῦ Θεοῦ ἐν τῷ λάρυγγι, τὰς ὑψώσεις ἔφερες, μελετῶν πρακτικώτατα, τὰ θεόπνευστα, λόγια πάνσοφε, καὶ τὴν ἐκεῖθεν, ἀναπηγάζουσας, χάριν ἐπλούτησας, γεγονῶς μακάριος, τῶν ἀσεβῶν, πάντων τὰ βουλεύματα, καταστρεψάμενος.

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.

Πάτερ Ἰωάννη Ὅσιε, διαπαντὸς ἀληθῶς, τοῦ Θεοῦ ἐν τῷ λάρυγγι, τὰς ὑψώσεις ἔφερες, μελετῶν πρακτικώτατα, τὰ θεόπνευστα, λόγια πάνσοφε, καὶ τὴν ἐκεῖθεν, ἀναπηγάζουσας, χάριν ἐπλούτησας, γεγονῶς μακάριος, τῶν ἀσεβῶν, πάντων τὰ βουλεύματα, καταστρεψάμενος.

Στίχ. *Μακάριος ἀνὴρ ὁ φοβούμενος τὸν Κύριον, ἐν ταῖς ἐντολαῖς αὐτοῦ θελήσει σφόδρα.*

Πάτερ Ἰωάννη ἔνδοξε, ταῖς τῶν δακρύων πηγαῖς, τὴν ψυχὴν καθαιρόμενος, καὶ παννύχοις στάσεσι τὸν Θεὸν ἰλασκόμενος, ἀνεπτερώθης πρὸς τὴν ἀγάπησιν τὴν τούτου Μάκαρ, καὶ ὠραιότητα, ἧς ἐπαξίως νῦν

Stichera. For the Devout Man.

From Triodion ---

Mode pl. 4. *What a paradoxal.*

Ὡ τοῦ παραδόξου.

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

Holy father John, as one devout, * the exaltations of God * were at all times the property * of your throat in very truth, * as you studied and practiced well * the God-inspired sayings, as one all wise. * You were enriched in your soul by the divine * grace welling up from them. * And becoming blessed you fully destroyed * the malicious purposes * of all impious men. [SD]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

Holy father John, as one devout, * the exaltations of God * were at all times the property * of your throat in very truth, * as you studied and practiced well * the God-inspired sayings, as one all wise. * You were enriched in your soul by the divine * grace welling up from them. * And becoming blessed you fully destroyed * the malicious purposes * of all impious men. [SD]

Verse: *Blessed is the man who fears the Lord; he will delight exceedingly in His commandments. [SAAS]*

Holy father John, most glorious, * you shed a well-spring of tears, * and your soul thus was purified; * you propitiated God * by your standing in prayer all night. * Thus given wings, you ascended to His love * and to His

ἀπολαύεις ἄληκτα, χαρμονικῶς, μετὰ τῶν
συνάθλων σου, θεόφρον Ὅσιε.

Στίχ. Τίμιος ἐναντίον Κυρίου ὁ θάνατος
τοῦ ὁσίου αὐτοῦ.

Πάτερ Ἰωάννη Ὅσιε, ἀναπτερώσας
τὸν νοῦν, πρὸς Θεὸν διὰ πίστεως, κοσμικῆς
συγχύσεως, ἐβδελύξω τὸ ἄστατον, καὶ τὸν
Σταυρόν σου, ἀναλαβόμενος τῷ Παντεπόπτη,
κατηκολούθησας, σῶμα δυσήνιον ἀγωγαῖς
ἀσκήσεως τῷ λογισμῷ, σθένει δουλωσάμενος
τοῦ θείου Πνεύματος.

Δόξα. **Τοῦ Τριωδίου.**

Τοῦ Τριωδίου - - -

Ἦχος α΄.

Δεῦτε ἐργασώμεθα ἐν τῷ μυστικῷ
ἀμπελῶνι καρποὺς μετανοίας, ἐν τούτῳ
ποιούμενοι οὐκ ἐν βρώμασι καὶ πόμασι
κοπιῶντες, ἀλλ' ἐν προσευχαῖς καὶ
νηστείαις τὰς ἀρετὰς κατορθοῦντες, τούτοις
ἀρεσκόμενος, ὁ Κύριος τοῦ ἔργου δηνάριον
παρέχει δι' οὗ ψυχὰς λυτροῦται, χρέους
ἀμαρτίας, ὁ μόνος πολυέλεος.

Τῆς Ὀκτωήχου - - -

Καὶ νῦν. **Θεοτοκίον.**

Ὑπερευλογημένη ὑπάρχεις, Θεοτόκε
Παρθένε· διὰ γὰρ τοῦ ἐκ σοῦ σαρκωθέντος,
ὁ ἄδης ἠχμαλώτισται, ὁ Ἄδὰμ ἀνακέκληται,
ἡ κατάρα νενέκρωται, ἡ Εὐὰ ἠλευθέρωται,
ὁ θάνατος τεθανάτωται, καὶ ἡμεῖς
ἐζωοποιήθημεν· διὸ ἀνυμνοῦντες βοῶμεν·

beauty, all blessed as you are; * which now
you worthily * are enjoying endlessly as you
rejoice * with your fellow athlete-monks, * O
godly-minded Saint. [SD]

Verse: *Precious in the sight of the Lord is
the death of His holy one.* [SAAS]

Holy father John, as one devout, * when
you had lifted your mind * unto God on the
wings of faith * you despised the turbulence *
of the world and its transience. * And on your
shoulders you took up your own Cross * and
followed after the Lord who sees all things. *
Then the unruly flesh * you subordinated to
your pious thought, * through ascetic exercise,
* by the divine Spirit's might. [SD]

Glory. **From the Triodion.**

From Triodion - - -

Mode 1.

Come, let us labor in the mystical
vineyard, producing fruits of repentance within
it - not laboring for things that are eaten or
drunk, but by prayer and fasting attaining the
virtues. By such will the Lord of the labor be
pleased, and He will grant them the denarius,
by which He ransoms souls from the debt of
sin, for He alone is greatly merciful. [GKD]

From Octoechos - - -

Both now. **Theotokion.**

You are supremely blessed, O Virgin
Theotokos. For through Him who from you
became incarnate, Hades has been captured,
and Adam has been called back; the curse has
been killed, and Eve has been freed; death has
been put to death, and we have been brought
back to life. Therefore we extol Him and cry

Εὐλογητὸς Χριστὸς ὁ Θεὸς ἡμῶν, ὁ οὕτως
εὐδοκήσας δόξα σοι.

Ὁ λαὸς ἵσταται διὰ τὴν Μ. Δοξολογίαν.

Ἡ Μεγάλη Δοξολογία

Δόξα σοι τῷ δείξαντι τὸ φῶς. Δόξα ἐν
ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις
εὐδοκία.

Ἕμνουμέν σε, εὐλογοῦμέν σε,
προσκυνοῦμέν σε, δοξολογοῦμέν σε,
εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου
δόξαν.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ
παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ
Χριστέ, καὶ Ἅγιον Πνεῦμα.

Κύριε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ
Υἱὸς τοῦ Πατρός, ὁ αἴρων τὴν ἀμαρτίαν τοῦ
κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς ἀμαρτίας
τοῦ κόσμου.

Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος
ἐν δεξιᾷ τοῦ Πατρός, καὶ ἐλέησον ἡμᾶς.

Ὅτι σὺ εἶ ὁ μόνος Ἅγιος, σὺ εἶ ὁ μόνος
Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ
Πατρός. Ἀμήν.

Καθ' ἐκάστην ἡμέραν εὐλογήσω σε καὶ
αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν
αἰῶνα τοῦ αἰῶνος.

Καταξίωσον, Κύριε, ἐν τῇ ἡμέρᾳ ταύτῃ,
ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων
ἡμῶν, καὶ αἰνετὸν καὶ δεδοξαμένον τὸ ὄνομά
σου εἰς τοὺς αἰῶνας. Ἀμήν.

out, “O Christ our God, You are blessed, for so
was Your good pleasure. Glory to You!” ^[GOASD]

Stand for the Great Doxology.

Great Doxology

Glory be to You who showed the light.
Glory in the highest to God. His peace is on
earth, His good pleasure in mankind. ^[SD]

We praise You, we bless You, we worship
You, we glorify You, we give thanks to You
for Your great glory.

Lord King, heavenly God, Father, Ruler
over all; Lord, only-begotten Son, Jesus Christ;
and You, O Holy Spirit.

Lord God, Lamb of God, Son of the
Father, who take away the sin of the world,
have mercy on us, You who take away the sins
of the world.

Accept our supplication, You who sit at
the right hand of the Father, and have mercy on
us.

For You alone are holy, You alone are
Lord, Jesus Christ, to the glory of God the
Father. Amen.

Every day I will bless You, and Your
name will I praise to eternity, and to the ages
of ages.

Vouchsafe, O Lord, this day, that we be
kept without sin.

Blessed are You, O Lord, the God of our
fathers, and praised and glorified is Your name
to the ages. Amen.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς,
καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

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Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Κύριε, καταφυγὴ ἐγενήθης ἡμῖν ἐν γενεᾷ
καὶ γενεᾷ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν με, ἴασα
τὴν ψυχὴν μου, ὅτι ἥμαρτόν σοι.

Κύριε, πρὸς σέ κατέφυγον. Δίδαξόν με τοῦ
ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου.

Ὅτι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί σου
ὀψόμεθα φῶς.

Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί
σε.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς. (3)

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς.

*Μετὰ τὸ τέλος τῆς Δοξολογίας λέγομεν Τροπάριον
Ἀναστάσιμον.*

Let Your mercy be on us, O Lord, as we
have set our hope on You.

Blessed are You, O Lord. Teach me Your
statutes.

Blessed are You, O Lord. Teach me Your
statutes.

Blessed are You, O Lord. Teach me Your
statutes.

Lord, You have been our refuge from
generation to generation. I said: Lord, have
mercy on me. Heal my soul, for I have sinned
against You.

Lord, I have fled to You. Teach me to do
Your will, for You are my God.

For with You is the fountain of life; in
Your light we shall see light.

Continue Your mercy to those who know
You.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3)

Glory to the Father and the Son and the
Holy Spirit.

Both now and ever and to the ages of ages.
Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us.

*After the Doxology, sing the following Resurrectional
Troparion.*

Ἦχος δ'. (ἡ τῆς ἐβδομάδος.)

Σήμερον σωτηρία τῷ κόσμῳ γέγονεν.
Ἄσωμεν τῷ ἀναστάντι ἐκ τάφου καὶ ἀρχηγῷ
τῆς ζωῆς ἡμῶν· καθελὼν γὰρ τῷ θανάτῳ τὸν
θάνατον, τὸ νίκος ἔδωκεν ἡμῖν, καὶ τὸ μέγα
ἔλεος.

Mode 4. (or the Mode of the week)

Today has salvation come to pass in the
world. Let us sing to Him who resurrected
from the tomb and is the Author of our life.
For, destroying death by death, He gave us the
victory and the great mercy. [SD]