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**DIGITAL CHANT STAND**  
OF THE GREEK ORTHODOX ARCHDIOCESE OF AMERICA

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**The Service of Matins**  
**for Sunday, September 19, 2021**

**Octoechos - Mode 4**  
**on Sunday Morning**  
**Eothion 2**

**Menaion - September 14**  
**Sunday after the Feast**  
**Katavasias of the Cross**

**Texts in Greek and English**

**Links to Matins Ordinary**

**Bilingual**

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## Sources

[ AC ] Anthony Cook. [ GKD ] George K. Duvall. [ KW ] Kallistos Ware. [ RB ] Richard Barrett. [ SD ] Fr. Seraphim Dedes. [ TC ] Thomas Carroll. [ VPA ] Virgil Peter Andronache. [ GOA ] Greek Orthodox Archdiocese of America. [ HC ] Holy Cross Orthodox Press. [ OCA ] Orthodox Church in America.

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<https://dcs.goarch.org>

## Email

[dcsinfo@goarch.org](mailto:dcsinfo@goarch.org)

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**Βιβλία - Πηγαί**

**Ὁκτώηχος - ᾠχος δ΄.**

Τῆ Κυριακῆ Πρωΐ

**Μηναῖον - Τῆ ΙΔ΄ ΣΕΠΤΕΜΒΡΙΟΥ**

Κυριακῆ μετὰ τὴν Ἑορτήν

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**ΟΡΘΟΣ**

**ΧΟΡΟΣ**

**ᾠχος δ΄.**

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν.  
Εὐλόγημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.

**Στίχ. α΄.** Ἐξομολογεῖσθε τῷ Κυρίῳ καὶ  
ἐπικαλεῖσθε τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

*ἦ· Ἐξομολογεῖσθε τῷ Κυρίῳ, ὅτι ἀγαθός, ὅτι εἰς  
τὸν αἰῶνα τὸ ἔλεος αὐτοῦ.*

**Στίχ. β΄.** Πάντα τὰ ἔθνη ἐκύκλωσάν με,  
καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτοῦς.

**Στίχ. γ΄.** Παρὰ Κυρίου ἐγένετο αὕτη καὶ  
ἔστι θαυμαστὴ ἐν ὀφθαλμοῖς ἡμῶν.

Τῆς Ὁκτωήχου ---

**Ἀπολυτίκιον Ἀναστάσιμον.**

**ᾠχος δ΄.**

Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα,  
ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου  
Μαθήτριά, καὶ τὴν προγονικὴν ἀπόφασιν  
ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι  
ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη  
Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ  
μέγα ἔλεος.

Δόξα. **Τὸ αὐτό.**

Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα,  
ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου  
Μαθήτριά, καὶ τὴν προγονικὴν ἀπόφασιν

**Books - Sources**

**Octoechos - Mode 4.**

On Sunday Morning

**Menaion - September 14**

Sunday after the Feast

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**MATINS**

**CHOIR**

**Mode 4.**

God is the Lord, and He revealed Himself  
to us. Blessed is he who comes in the name of  
the Lord. [SAAS]

**Verse 1:** Give thanks to the Lord and call  
upon His holy name.

*or: Give thanks to the Lord, for He is good; for  
His mercy endures forever.*

**Verse 2:** All the nations surrounded me,  
but in the name of the Lord I defended myself  
against them.

**Verse 3:** And this came about from the  
Lord, and it is wonderful in our eyes.

From Octoechos ---

**Resurrectional Apolytikion.**

**Mode 4.**

When the women Disciples of the Lord  
had learned from the Angel the joyful message  
of the Resurrection and rejected the ancestral  
decision, they cried aloud to the Apostles  
triumphantly: Death has been despoiled, Christ  
God has risen, granting His great mercy to the  
world. [SD]

Glory. **Repeat.**

When the women Disciples of the Lord  
had learned from the Angel the joyful message  
of the Resurrection and rejected the ancestral

ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

Καὶ νῦν.

**Ἀπολυτίκιον. Τοῦ Σταυροῦ.**

Τοῦ Μηναιίου ---

**Ἦχος α΄.**

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

**ΙΕΡΕΥΣ**

Ἦτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

( Κύριε, ἐλέησον. )

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

( Κύριε, ἐλέησον. )

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

( Σοί, Κύριε. )

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ αἰεὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

( Ἀμήν. )

decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world. [SD]

Both now.

**Apolytikion. For the Cross.**

From Menaion ---

**Mode 1.**

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth. [GOA]

**PRIEST**

Again and again, in peace, let us pray to the Lord.

( Lord, have mercy. )

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

( Lord, have mercy. )

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

( To You, O Lord. )

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

( Amen. )

**ΧΟΡΟΣ**

Τῆς Ὀκτωήχου - - -

**Κάθισμα Α΄.**

**ᾠχος δ΄.**

Ἀναβλέψασαι τοῦ τάφου τὴν εἴσοδον, καὶ τὴν φλόγα τοῦ Ἀγγέλου μὴ φέρουσαι, αἱ Μυροφόροι σὺν τρόμῳ ἐξίσταντο λέγουσαι· Ἄρα ἐκλάπη, ὁ τῷ Ληστῆ ἀνοίξας Παράδεισον, ἄρα ἠγέρθη, ὁ καὶ πρὸ πάθους κηρύξας τὴν Ἔγερσιν, ἀληθῶς ἀνέστη Χριστὸς ὁ Θεός, τοῖς ἐν ἄδη παρέχων ζωὴν καὶ ἀνάστασιν.

Δόξα.

*Κατεπλάγη Ἰωσήφ.*

Ἐκουσίᾳ σου βουλῆ, Σταυρὸν ὑπέμεινας Σωτήρ, καὶ ἐν μνήματι καινῷ, ἄνθρωποι ἔθεντο θνητοί, τὸν διὰ λόγου τὰ πέρατα συστησάμενον· ὅθεν δεσμευθεὶς ὁ ἀλλότριος, θάνατος δεινῶς ἐσκυλεύετο, καὶ οἱ ἐν ἄδη ἅπαντες ἐκραύγαζον, τῇ ζωηφόρῳ Ἐγέρσει σου· Χριστὸς ἀνέστη, ὁ ζωοδότης, μένων εἰς τοὺς αἰῶνας.

Τοῦ Μηναίου - - -

Καὶ νῦν. **Τῆς Ἑορτῆς.**

**ᾠχος α΄.** *Τοῦ λίθου σφραγισθέντος.*

Τοῦ Σταυροῦ σου τὸ ξύλον προσκυνοῦμεν Φιλάνθρωπε, ὅτι ἐν αὐτῷ προσηλώθης ἡ ζωὴ τῶν ἀπάντων· Παράδεισον ἠνέωξας Σωτήρ, τῷ πίστει προσελθόντι σοι Ληστῆ· καὶ τρυφῆς κατηξιώθη, ὁμολογῶν σοι, Μνήσθητί μου Κύριε. Δέξαι ὡσπερ ἐκείνον καὶ ἡμᾶς, κραυγάζοντας· Ἠμάρτομεν, πάντες τῇ εὐσπλαγχνίᾳ σου, μὴ υπερίδης ἡμᾶς.

**CHOIR**

From Octoechos - - -

**Kathisma I.**

**Mode 4.**

Looking up at the entrance to the sepulcher, and unable to endure the Angel's radiance, the myrrh-bearing women were trembling and said in astonishment: Has He been stolen, who to the Robber opened up Paradise? Has He arisen, who spoke of rising before even suffering? He is truly risen as Christ our God, granting those in Hades life and resurrection. [SD]

Glory.

*Joseph marveled.*

By Your voluntary will, O Savior, You endured the Cross, \* and by mortal men were You into a new tomb interred, \* who by a word had created the entire world. \* Therefore being bound was the enemy Death \* plundered of his spoils catastrophically. \* And those in Hades all together cried aloud at Your life-bearing resurrection: \* The Christ is risen, the Life-bestower, \* and He abides forever. [SD]

From Menaion - - -

Both now. **For the Feast.**

**Mode 1.** *The stone had been secured.*

We venerate the wood of Your Cross, O humane One, \* for You, the Life of all, were nailed to it. \* O Savior, You opened Paradise to the Robber who approached You with faith. \* He was counted worthy of delight, confessing You, Remember me, O Lord. \* Accept us as You accepted him, \* for we now cry, We all have sinned \* against Your compassion. Do not abandon us. [SD]

Τῆς Ὀκτωήχου ---

**Κάθισμα Β΄.**

**ᾠχος δ΄.** *Ταχὺ προκατάλαβε.*

Ἀνέστης ὡς ἀθάνατος, ἀπὸ τοῦ ἄδου  
Σωτήρ, συνήγειρας τὸν κόσμον σου, τῆ  
Ἀναστάσει τῆ σῆ, Χριστέ ὁ Θεὸς ἡμῶν,  
ἔθραυσας ἐν ἰσχύϊ, τοῦ θανάτου τὸ κράτος,  
ἔδειξας Ἐλεῆμον, τὴν Ἀνάστασιν πᾶσι· διὸ σε  
καὶ δοξάζομεν, μόνε Φιλάνθρωπε.

Δόξα.

*Κατεπλάγη Ἰωσήφ.*

Ἐκ τῶν ἄνω κατελθὼν, τῶν ὑψωμάτων  
Γαβριήλ, καὶ τῆ πέτρα προσελθὼν, ἔνθα ἡ  
πέτρα τῆς ζωῆς, λευχειμονῶν ἀνεκραύγαζε  
ταῖς κλαιούσαις· Παύσασθε ὑμεῖς, τῆς  
θρηνώδους κραυγῆς, ἔχουσαι αἰεὶ, τὸ  
εὐσυμπάθητον· ὄν γὰρ ζητεῖτε κλαίουσαι,  
θαρσεῖτε, ὡς ἀληθῶς ἐξεγήγερται· διὸ βοᾶτε,  
τοῖς Ἀποστόλοις, ὅτι ἀνέστη ὁ Κύριος.

Τοῦ Μηναίου ---

Καὶ νῦν. **Τῆς Ἑορτῆς.**

**ᾠχος πλ. β΄.**

Μόνον ἐπάγη τὸ ξύλον, Χριστέ τοῦ  
Σταυροῦ σου, τὰ θεμέλια ἐσαλεύθησαν, τοῦ  
θανάτου Κύριε· ὄν γὰρ κατέπιε πόθῳ ὁ ἄδης,  
ἀπέλυσε τρόμφ· Ἐδειξας ἡμῖν τὸ σωτήριόν  
σου Ἅγιε, καὶ δοξολογοῦμέν σε Υἱὲ Θεοῦ,  
ἐλέησον ἡμᾶς.

From Octoechos ---

**Kathisma II.**

**Mode 4.** *Come quickly.*

O Savior, immortal as You are, from  
Hades You rose, \* by virtue of Your own  
resurrection raising Your world \* together, O  
Christ our God. \* Mightily You have broken  
death's dominion, O Master. \* You as the  
Lord of mercy showed to all the resurrection.  
\* We therefore glorify You who alone love  
humanity. [SD]

Glory.

*Joseph marveled.*

From exalted heights above descended  
Gabriel and came, \* and he sat upon the rock  
wherein the Rock of life had lain. \* Arrayed in  
white, he cried out to the weeping women: \*  
"Cease now from your mourning and cries of  
lament, \* you women who are always moved  
to sympathy. \* Take courage; for truly risen \*  
is He for whom you weep and are seeking. \*  
And therefore, cry out to the Apostles, \* "The  
Lord has truly risen." [SD]

From Menaion ---

Both now. **For the Feast.**

**Mode pl. 2.**

The wood of Your Cross was merely  
planted, O Christ, and the foundations of death  
were shaken, O Lord. Hades had swallowed  
You eagerly, but with trembling it disgorged  
You. You have shown us Your salvation, O  
Holy One, and we glorify You, Son of God.  
Have mercy on us. [SD]

**Εὐλογητάρια Ἀναστάσιμα.**

**ῥῆχος πλ. α'.**

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.*

Τῶν Ἀγγέλων ὁ δῆμος, κατεπλάγη ὀρῶν  
σε, ἐν νεκροῖς λογισθέντα, τοῦ θανάτου δὲ  
Σωτήρ, τὴν ἰσχὺν καθελόντα, καὶ σὺν ἑαυτῷ  
τὸν Ἀδὰμ ἐγείραντα, καὶ ἐξ Ἅδου πάντας  
ἐλευθερώσαντα.

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.*

Τί τὰ μύρα, συμπαθῶς τοῖς δάκρυσιν, ὧ  
Μαθήτριάι κερνάτε; ὁ ἀστράπτων ἐν τῷ τάφῳ  
Ἄγγελος, προσεφθέγγετο ταῖς Μυροφόροις·  
Ἴδετε ὑμεῖς τὸν τάφον καὶ ἦσθητε· ὁ Σωτήρ  
γὰρ ἐξανέστη τοῦ μνήματος.

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.*

Λίαν πρωί, Μυροφόροι ἔδραμον, πρὸς  
τὸ μνήμά σου θρηνολογοῦσαι· ἀλλ' ἐπέστη,  
πρὸς αὐτάς ὁ Ἄγγελος, καὶ εἶπε· θρήνου ὁ  
καιρὸς πέπαυται, μὴ κλαίετε, τὴν Ἀνάστασιν  
δέ, Ἀποστόλοις εἶπατε.

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.*

Μυροφόροι γυναῖκες, μετὰ μύρων  
ἐλθοῦσαι, πρὸς τὸ μνήμά σου, Σῶτερ  
ἐνηχοῦντο. Ἄγγελου τρανώς, πρὸς αὐτάς  
φθεγγομένου· Τί μετὰ νεκρῶν, τὸν ζῶντα

**Resurrectional Evlogetaria.**

**Mode pl. 1.**

*Blessed are You, O Lord, teach me Your  
statutes.*

When the hosts of the Angels saw how  
You were accounted among the dead, they all  
marveled. You, O Savior, are the One who  
destroyed the might of death; and when You  
arose You raised Adam with yourself and from  
Hades liberated everyone. [SD]

*Blessed are You, O Lord, teach me Your  
statutes.*

"Why do you mingle the ointments with  
your tears full of pity, O women disciples?"  
Thus the Angel who was shining in the tomb  
cried to the myrrh-bearing women. "See for  
yourselves the empty tomb and understand,  
that the Savior has risen from the sepulcher."  
[SD]

*Blessed are You, O Lord, teach me Your  
statutes.*

Very early in the morning, the myrrh-  
bearing women were hastening to Your tomb  
lamenting. But the Angel appeared to them and  
uttered, "The time for lamentation has ended;  
weep no more. Go announce the Resurrection  
to the Apostles." [SD]

*Blessed are You, O Lord, teach me Your  
statutes.*

When the myrrh-bearing women had come  
with their spices to Your sepulcher, O Savior,  
they heard the voice of an Angel clearly  
speaking to them, "Why do you account

λογίζεσθε; ὡς Θεὸς γάρ, ἐξανέστη τοῦ μνήματος.

Δόξα.

Προσκυνοῦμεν Πατέρα, καὶ τὸν τούτου Υἱὸν τε, καὶ τὸ Ἅγιον Πνεῦμα, τὴν Ἁγίαν Τριάδα, ἐν μιᾷ τῇ οὐσίᾳ, σὺν τοῖς Σεραφεῖμ, κράζοντες τό· Ἅγιος, Ἅγιος, Ἅγιος εἶ, Κύριε.

Καὶ νῦν.

Ζωοδότην τεκοῦσα, ἐλυτρώσω Παρθένε, τὸν Ἀδὰμ ἀμαρτίας, χαρμονὴν δὲ τῇ Εὐᾶ, ἀντὶ λύπης παρέσχες, ρέυσαντα ζωῆς, ἴθυνε πρὸς ταύτην δέ, ὁ ἐκ σοῦ σαρκωθείς Θεὸς καὶ ἄνθρωπος.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα σοι, ὁ Θεός. (ἐκ γ')

### ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

( Κύριε, ἐλέησον. )

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

( Κύριε, ἐλέησον. )

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

( Σοί, Κύριε. )

### ΙΕΡΕΥΣ

Ὅτι ἡλόγηταί σου τὸ ὄνομα, καὶ δεδόξασταί σου ἡ βασιλεία, τοῦ Πατρὸς καὶ

among the dead the One who lives? For as God, He has risen from the sepulcher." <sup>[SD]</sup>

Glory.

We bow down in worship to the Father and His Son and the Holy Spirit, the Holy Trinity, one in essence; and we cry aloud with the Seraphim: Holy, Holy, Holy are You, O Lord. <sup>[SD]</sup>

Both now.

Giving birth to the Giver of life, O Virgin, you delivered Adam from sin, and to Eve you have rendered joy in place of sorrow. He who from you became incarnate, God and man, has directed to life him who fell from it. <sup>[SD]</sup>

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

### DEACON

Again and again, in peace, let us pray to the Lord.

( Lord, have mercy. )

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

( Lord, have mercy. )

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

( To You, O Lord. )

### PRIEST

For blessed is Your name, and glorified is Your kingdom, of the Father and the Son



τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ  
ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

( *Ἀμήν.* )

**ΑΝΑΓΝΩΣΤΗΣ**

Τῆς Ὀκτωήχου - - -

**Ὑπακοή. ᾠχος δ΄.**

Τὰ τῆς σῆς παραδόξου ἐγέρσεως,  
προδραμοῦσαι αἱ Μυροφόροι, τοῖς  
Ἀποστόλοις ἐκήρυττον Χριστέ, ὅτι ἀνέστης ὡς  
Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

**ΧΟΡΟΣ**

**Οἱ Ἀναβαθμοί.**

**Ἀντίφωνον Α΄. ᾠχος δ΄.**

Ἐκ νεότητός μου πολλὰ πολεμεῖ με πάθη,  
ἀλλ' αὐτὸς ἀντιλαβοῦ, καὶ σῶσον Σωτήρ μου.

Οἱ μισοῦντες Σιών, αἰσχύνθητε ἀπὸ  
τοῦ Κυρίου· ὡς χόρτος γάρ, πυρὶ ἔσεσθε  
ἀπεξηραμμένοι.

Δόξα· καὶ νῦν.

Ἁγίῳ Πνεύματι πᾶσα ψυχὴ ζωοῦται, καὶ  
καθάρσει ὑποῦται λαμπρύνεται, τῇ τριαδικῇ  
Μονάδι ἱεροκρυφίως.

**Ἀντίφωνον Β΄.**

Ἐκέκραξά σοι Κύριε, θερμῶς ἐκ βάθους  
ψυχῆς μου, κἄμοι γενέσθω, πρὸς ὑπακοὴν τὰ  
θεῖά σου ᾄτα.

Ἐπὶ τὸν Κύριον ἐλπίδα πᾶς τις  
κεκτημένος, ὑψηλότερος ἐστὶ, πάντων τῶν  
λυπούντων.

and the Holy Spirit, now and forever and to the  
ages of ages.

( *Amen.* )

**READER**

From Octoechos - - -

**Hypakoe. Mode 4.**

The women bearing myrrh hurried to  
declare the matter of Your paradoxal rising  
to Your Apostles, O Christ, that as God You  
arose, granting the world great mercy. [SD]

**CHOIR**

**Anavathmoi.**

**Antiphon I. Mode 4.**

Since my youth have many passions  
waged war against me. O my Savior,  
nonetheless help me and save me. [SD]

You, the haters of Zion, be put to shame  
by the Lord, for like thatch in fire you will be  
completely dried up. [SD]

Glory. Both now.

From the Holy Spirit every soul receives  
life, and through cleansing is lifted and  
brightened, in a hidden, sacred manner, by the  
trinal Monad. [SD]

**Antiphon II.**

I cried to You, O Lord, from the depth of  
my soul with fervor. Let Your divine ears be  
responsive to me. [SD]

Whosoever has acquired hope in the Lord  
is superior to all whatsoever might grieve him.

[SD]

Δόξα· καὶ νῦν.

Ἄγιω Πνεύματι, ἀναβλύζει τὰ τῆς χάριτος  
ρεῖθρα, ἀρδεύοντα, ἅπασαν τὴν κτίσιν πρὸς  
ζωογονίαν.

**Ἀντίφωνον Γ΄.**

Ἡ καρδιά μου πρὸς σέ Λόγε ὑψωθήτω,  
καὶ οὐδὲν θέλξει με, τῶν τοῦ κόσμου τερπνῶν  
πρὸς χαμαιζηλίαν.

Ἐπὶ τὴν μητέρα αὐτοῦ, ὡς ἔχει τις  
στοργήν, ἐπὶ τῷ Κυρίῳ θερμότερον φίλτρον  
χρεωστοῦμεν.

Δόξα· καὶ νῦν.

Ἄγιω Πνεύματι, θεογνωσίας πλοῦτος,  
θεωρίας καὶ σοφίας· πάντα γὰρ ἐν τούτῳ τὰ  
πατρῶα δόγματα, ὁ Λόγος ἐκκαλύπτει.

**Προκείμενον.**

Ἀνάστα, Κύριε, βοήθησον ἡμῖν, καὶ  
λύτρωσαι ἡμᾶς, ἕνεκεν τῆς δόξης τοῦ  
ὀνόματός σου. (δ΄)

**Στίχ.** Ὁ Θεός, ἐν τοῖς ὠσὶν ἡμῶν  
ἠκούσαμεν.

Ἀνάστα, Κύριε, βοήθησον ἡμῖν, καὶ  
λύτρωσαι ἡμᾶς, ἕνεκεν τῆς δόξης τοῦ  
ὀνόματός σου.

**ΑΝΑΓΝΩΣΤΗΣ**

Τοῦ Μηναίου ---

**Κοντάκιον τῆς Ἑορτῆς.**

**Ἦχος δ΄. Αὐτόμελον.**

Ὁ ὑψωθεὶς ἐν τῷ Σταυρῷ ἐκουσίως, τῇ  
ἐπωνύμῳ σου καινῇ πολιτείᾳ τοὺς οἰκτιρμούς  
σου δώρησαι, Χριστέ ὁ Θεός· εὐφρανὸν ἐν  
τῇ δυνάμει σου τοὺς πιστοὺς βασιλεῖς ἡμῶν,  
νίκας χορηγῶν αὐτοῖς κατὰ τῶν πολεμίων·

Glory. Both now.

From the Holy Spirit do the streams of  
grace well forth; they irrigate everything  
created, so that life be engendered. [SD]

**Antiphon III.**

Let my heart be lifted up unto You, O  
Logos; and none of the world's delights will  
entice me to be earthly-minded. [SD]

Whereas one has filial affection for his  
mother, for the Lord we ought to have a love  
even more fervent. [SD]

Glory. Both now.

In the Holy Spirit is the wealth of  
knowledge of God, contemplation and  
wisdom. For in Him the Logos discloses all the  
dogmas of the Father. [SD]

**Prokeimenon.**

Arise, O Lord; help us, and redeem us,  
because of the glory of Your name. (2)

**Verse:** *O God, we heard with our ears.*

Arise, O Lord; help us, and redeem us,  
because of the glory of Your name. [SAAS]

**READER**

From Menaion ---

**Kontakion of the Feast.**

**Mode 4. Automelon.**

You who were lifted on the cross  
voluntarily, \* O Christ our God, bestow  
Your tender compassions \* upon Your new  
community to which You gave Your name. \*  
Cause our faithful emperors to be glad in Your

τὴν συμμαχίαν ἔχοιεν τὴν σὴν, ὄπλον εἰρήνης,  
ἀήττητον τρόπαιον.

Τῆς Ὀκτωήχου - - -

### **Κοντάκιον Ἀναστάσιμον.**

Ὁ Σωτὴρ καὶ ῥύστης μου, ἀπὸ τοῦ τάφου,  
ὡς Θεὸς ἀνέστησεν, ἐκ τῶν δεσμῶν τοὺς  
γηνγενεῖς, καὶ πύλας ἄδου συνέτριψε, καὶ ὡς  
Δεσπότης ἀνέστη τριήμερος.

### **Ὁ Οἶκος.**

Τὸν ἀναστάντα ἐκ νεκρῶν Χριστὸν τὸν  
ζωοδότην, τριήμερον ἐκ τάφου, καὶ πύλας τοῦ  
θανάτου σήμερον συνθλάσαντα, τῇ δυνάμει  
τῇ αὐτοῦ, τὸν ἄδην τε νεκρώσαντα, καὶ τὸ  
κέντρον τοῦ θανάτου συντρίψαντα, καὶ τὸν  
Ἀδὰμ σὺν τῇ Εὐᾶ ἐλευθερώσαντα, ὑμνήσωμεν  
πάντες οἱ γηνγενεῖς, εὐχαρίστως βοῶντες αἶνον  
ἐκτενωῶς. Αὐτὸς γὰρ ὡς μόνος κραταῖος Θεός,  
καὶ Δεσπότης ἀνέστη τριήμερος.

*Ὁ λαὸς ἴσταται διὰ τὴν ἀνάγνωσιν τοῦ Συναξαρίου.*

### **Συναξάριον**

*Τοῦ Μηναιίου.*

Τῇ ΙΘ΄ τοῦ αὐτοῦ μηνός μνήμη τῶν  
ἀγίων Μαρτύρων Τροφίμου, Σαββατίου, καὶ  
Δορυμέδοντος.

Ταῖς αὐτῶν ἀγίαις πρεσβείαις, ὁ Θεός,  
ἐλέησον ἡμᾶς. Ἀμήν.

### **ΧΟΡΟΣ**

#### **Καταβασίαι τοῦ Σταυροῦ**

**Ὡδὴ α΄. ᾠχος πλ. δ΄.**

Σταυρὸν χαράζας Μωσῆς, ἐπ' εὐθείας  
ράβδῳ, τὴν Ἐρυθρὰν διέτεμε, τῷ Ἰσραὴλ

power, \* granting them the victories against  
their adversaries. \* And for an ally, Lord, may  
they have You, \* peace as their armor, the  
trophy invincible. [SD]

From Octoechos - - -

### **Resurrectional Kontakion.**

Savior and Deliverer is He who raised  
up from the tomb and from the bonds those  
born on earth, for He is God; and He destroyed  
Hades' bars and gates, and on the third day  
arose, as the Master of all. [SD]

### **Oikos.**

To Him who from the dead arose, Christ  
the Life-Giver, on the third day from the tomb;  
who crushed the gates of death today by the  
power which is His; who slew Hades and  
ground away the sting of death, and rescued  
Adam and Eve: to Him let us all, born on  
earth, now sing, earnestly shouting our grateful  
praise. For He, alone our mighty God, on the  
third day arose, as the Master of all. [GKD]

*It is appropriate for the congregation to stand for the  
reading of the Synaxarion.*

### **Synaxarion**

*From the Menaion.*

On September 19, we commemorate  
the holy martyrs Trophimus, Sabbatius and  
Dorymedon.

By the intercessions of Your Saints, O  
God, have mercy on us. Amen.

### **CHOIR**

#### **Katavasia of the Cross**

**Ode i. Mode pl. 4.**

Moses prefigured the Cross. \* Lifting up  
the rod, he stretched out his hand and split

πεζεύσαντι· τὴν δὲ ἐπιστρεπτικῶς, Φαραὼ τοῖς ἄρμασι, κροτήσας ἤνωσεν, ἐπ' εὐρους διαγράψας, τὸ ἀήττητον ὄπλον· διὸ Χριστῷ ἄσωμεν, τῷ Θεῷ ἡμῶν ὅτι δεδόξασται.

**Ὦδὴ γ'.**

Ῥάβδος εἰς τύπον, τοῦ μυστηρίου παραλαμβάνεται· τῷ βλαστῷ γὰρ προκρίνει τὸν ἱερέα· τῇ στειρευούσῃ δὲ πρόην, Ἐκκλησία νῦν ἐξήνηθησε, ξύλον Σταυροῦ, εἰς κράτος καὶ στερέωμα.

**Ὦδὴ δ'.**

Εἰσακήκοα Κύριε, τῆς οἰκονομίας σου τὸ μυστήριον, κατενόησα τὰ ἔργα σου, καὶ ἐδόξασά σου τὴν θεότητα.

**Ὦδὴ ε'.**

Ὡ τρισμακάριστον ξύλον! ἐν ᾧ ἐτάθη Χριστός, ὁ Βασιλεὺς καὶ Κύριος· δι' οὗ πέπτωκεν ὁ ξύλῳ ἀπατήσας, τῷ ἐν σοὶ δελεασθεὶς, Θεῷ τῷ προσπαγέντι σαρκί, τῷ παρέχοντι, τὴν εἰρήνην ταῖς ψυχαῖς ἡμῶν.

**Ὦδὴ ς'.**

Νοτίου θηρὸς ἐν σπλάγχνοις, παλάμας Ἰωνᾶς, σταυροειδῶς διεκπετάσας, τὸ σωτήριον πάθος, προδιετύπου σαφῶς· ὅθεν τριήμερος ἐκδύς, τὴν ὑπερκόσμιον ἀνάστασιν ὑπεζωγράφησε, τοῦ σαρκὶ προσπαγέντος Χριστοῦ τοῦ Θεοῦ, καὶ τριημέρῳ ἐγέρσει, τὸν κόσμον φωτίσαντος.

the Sea for Israel to cross on land. \* Then he stretched it out again, \* and the sea returned and covered Pharaoh's chariots. \* The Cross was thus portrayed as our invincible armor. \* So let us sing to the Lord, \* Christ our God, for He is greatly glorified. [SD]

**Ode iii.**

The rod of Aaron is seen as typifying the mystery; \* for it budded, and thus was the priest selected. \* Now in the Church, that was barren once, the Cross of Christ, like a tree, \* has blossomed forth, \* as power and a firm support. [SD]

**Ode iv.**

I have heard the report, O Lord, \* of Your incarnation, which is a mystery. \* I considered Your astounding works, \* and I glorified Your divinity. [SD]

**Ode v.**

Tree of the Cross, you are thrice-blessed, \* for Jesus Christ, who is King and Lord, was crucified on you. \* Through you fallen is the one who by a tree deceived us, \* for he was lured by God who in the flesh indeed \* was hung and nailed to you, \* and who grants to our souls His peace. [SD]

**Ode vi.**

In the belly of the sea beast \* the prophet Jonah prayed with his arms extended crosswise; \* thus he clearly prefigured the saving Passion of Christ. \* When after three days he emerged, \* he was depicting the supernal resurrection from the dead \* of Christ God, who was physically nailed to the Cross

**Ὡδή ζ΄.**

Ἐκνοον πρόσταγμα τυράννου δυσσεβοῦς,  
λαοὺς ἐκλόνησε, πνέον ἀπειλῆς καὶ δυσφημίας  
θεοστυγοῦς. Ὅμως τρεῖς Παῖδας οὐκ  
ἐδειμάτωσε, θυμὸς θηριώδης, οὐ πῦρ βρόμιον·  
ἀλλ' ἀντηχούντι δροσοβόλῳ πνεύματι, πυρὶ  
συνόντες ἔψαλλον· Ὁ ὑπερύμνητος, τῶν  
πατέρων καὶ ἡμῶν, Θεὸς εὐλογητὸς εἶ.

**Ὡδή η΄.**

*Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν  
τὸν Κύριον.*

Εὐλογεῖτε Παῖδες, τῆς Τριάδος ἰσάριθμοι,  
δημιουργὸν Πατέρα Θεόν· ὑμνεῖτε τὸν  
συγκαταβάντα Λόγον, καὶ τὸ πῦρ εἰς δρόσον  
μεταποιήσαντα· καὶ ὑπερψοῦτε, τὸ πᾶσι ζωὴν  
παρέχον, Πνεῦμα πανάγιον εἰς τοὺς αἰῶνας.

*Ὁ λαὸς ἵσταται διὰ τὴν ἀνάγνωσιν τοῦ Εὐαγγελίου.*

**ΔΙΑΚΟΝΟΣ**

Τοῦ Κυρίου δεηθῶμεν.

( *Κύριε, ἐλέησον.* )

**ΙΕΡΕΥΣ**

Ὅτι ἅγιος εἶ ὁ Θεὸς ἡμῶν, καὶ ἐν ἁγίοις  
ἐπαναπαύη, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,  
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι,  
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

\* and by His third-day arising illumined the  
universe. <sup>[SD]</sup>

**Ode vii.**

The impious tyrant's preposterous decree  
disturbed the populace, \* breathing threats  
and blasphemous pronouncements hateful to  
God. \* His brutal anger did not intimidate \*  
the three Servants, nor did the consuming fire.  
\* But when the dew-laden breeze whistled  
against the fire, they joined it and together  
sang, \* "Blessed are You, O Lord. You are  
highly praised, O God, the God of our fathers."

<sup>[SD]</sup>

**Ode viii.**

*We praise and we bless and we worship  
the Lord.*

You three pious Servants, \* same in  
number as the Trinity, \* bless God the Father,  
Maker of all; \* sing a hymn to the Word who  
condescended \* and who changed the fire  
in the furnace into dew; \* as for the all-holy  
Spirit, who gives life to all, exalt It \* beyond  
measure unto the ages. <sup>[SD]</sup>

*It is appropriate for the congregation to stand for the  
reading of Gospel.*

**DEACON**

Let us pray to the Lord.

( *Lord, have mercy.* )

**PRIEST**

For You are holy, our God, who rest  
among the Saints, and to You we give glory,  
to the Father and the Son and the Holy Spirit,  
now and forever and to the ages of ages.

**ΧΟΡΟΣ**

Ἀμήν.

**Ἦχος β΄.**

Πᾶσα πνοή αἰνεσάτω τὸν Κύριον. (δίς)  
Αἰνεσάτω πνοή πᾶσα τὸν Κύριον.

**ΔΙΑΚΟΝΟΣ**

Καὶ ὑπὲρ τοῦ καταξιωθῆναι ἡμᾶς τῆς  
ἀκροάσεως τοῦ ἁγίου Εὐαγγελίου, Κύριον τὸν  
Θεὸν ἡμῶν ἱκετεύσωμεν.

( Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,  
ἐλέησον. )

**ΔΙΑΚΟΝΟΣ**

Σοφία. Ὁρθοί. Ἀκούσωμεν τοῦ ἁγίου  
Εὐαγγελίου.

**ΙΕΡΕΥΣ**

Εἰρήνη πᾶσι.

( Καὶ τῷ πνεύματί σου. )

**ΙΕΡΕΥΣ**

Ἐκ τοῦ κατὰ Μᾶρκον ἁγίου Εὐαγγελίου τὸ  
ἀνάγνωσμα.

**ΔΙΑΚΟΝΟΣ**

Πρόσχωμεν.

( Δόξα σοι, Κύριε, δόξα σοι. )

**ΙΕΡΕΥΣ (ἀπὸ τῆς ἁγίας τραπέζης)**

Ἐωθινὸν Β΄  
Μᾶρκον ΙϚ΄ 1-8

Διαγενομένου τοῦ Σαββάτου, Μαρία ἡ  
Μαγδαληνὴ καὶ Μαρία ἡ τοῦ Ἰακώβου καὶ  
Σαλώμη ἠγόρασαν ἀρώματα, ἵνα ἐλθοῦσαι  
ἀλείψωσιν τὸν Ἰησοῦν. Καὶ λίαν πρωτὶ τῆ  
μιᾶ τῶν σαββάτων ἔρχονται ἐπὶ τὸ μνημεῖον  
ἀνατείλαντος τοῦ ἡλίου. Καὶ ἔλεγον πρὸς  
ἑαυτάς· Τίς ἀποκυλίσει ἡμῖν τὸν λίθον ἐκ  
τῆς θύρας τοῦ μνημείου; καὶ ἀναβλέψασαι

**CHOIR**

Amen.

**Mode 2.**

Let everything that breathes praise the  
Lord. (2) Let everything that breathes praise  
the Lord. [SAAS]

**DEACON**

Let us pray to the Lord our God that we  
may be made worthy to hear the holy Gospel.

( Lord, have mercy. Lord, have mercy.  
Lord, have mercy. )

**DEACON**

Wisdom. Arise. Let us hear the Holy  
Gospel.

**PRIEST**

Peace be with all.

( And with your spirit. )

**PRIEST**

The reading is from the Holy Gospel  
according to Mark.

**DEACON**

Let us be attentive.

( Glory to You, O Lord, glory to You. )

**PRIEST (from the altar table)**

Eothinon 2  
Mark. 16:1-8

When the Sabbath was past, Mary  
Magdalene, and Mary the mother of James and  
Salome, bought spices, so that they might go  
and anoint Jesus. And very early on the first  
day of the week they went to the tomb when  
the sun had risen. And they were saying to one  
another, "Who will roll away the stone for us  
from the door of the tomb?" And looking up,

θεωροῦσιν ὅτι ἀποκεκύλισται ὁ λίθος· ἦν γὰρ μέγας σφόδρα. Καὶ εἰσελθοῦσαι εἰς τὸ μνημεῖον, εἶδον νεανίσκον καθήμενον ἐν τοῖς δεξιοῖς, περιβεβλημένον στολὴν λευκὴν, καὶ ἐξεθαμβήθησαν· ὁ δὲ λέγει αὐταῖς· Μὴ ἐκθαμβεῖσθε, Ἰησοῦν ζητεῖτε τὸν Ναζαρητὸν τὸν ἐσταυρωμένον, ἠγέρθη, οὐκ ἔστιν ὧδε· ἴδε, ὁ τόπος ὅπου ἔθηκαν αὐτόν, ἀλλ' ὑπάγετε, εἴπατε τοῖς μαθηταῖς αὐτοῦ καὶ τῷ Πέτρῳ, ὅτι προάγει ὑμᾶς εἰς τὴν Γαλιλαίαν· ἐκεῖ αὐτὸν ὄψεσθε, καθὼς εἶπεν ὑμῖν. Καὶ ἐξελθοῦσαι ταχὺ ἐφυγον ἀπὸ τοῦ μνημείου, εἶχε δὲ αὐτὰς τρόμος καὶ ἔκστασις, καὶ οὐδενὶ οὐδὲν εἶπον· ἐφοβοῦντο γάρ.

( Δόξα σοι, Κύριε, δόξα σοι. )

#### ΑΝΑΓΝΩΣΤΗΣ

Ἀνάστασιν Χριστοῦ θεασάμενοι, προσκυνήσωμεν Ἅγιον Κύριον Ἰησοῦν, τὸν μόνον ἀναμάρτητον. Τὸν Σταυρὸν σου, Χριστέ, προσκυνοῦμεν καὶ τὴν ἀγίαν σου ἀνάστασιν ὑμνοῦμεν καὶ δοξάζομεν· σὺ γὰρ εἶ Θεὸς ἡμῶν, ἐκτός σου ἄλλον οὐκ οἶδαμεν, τὸ ὄνομά σου ὀνομάζομεν. Δεῦτε πάντες οἱ πιστοί, προσκυνήσωμεν τὴν τοῦ Χριστοῦ ἀγίαν ἀνάστασιν· ἰδοὺ γὰρ ἦλθε διὰ τοῦ Σταυροῦ χαρὰ ἐν ὅλῳ τῷ κόσμῳ. Διὰ παντὸς εὐλογοῦντες τὸν Κύριον, ὑμνοῦμεν τὴν ἀνάστασιν αὐτοῦ· Σταυρὸν γὰρ ὑπομείνας δι' ἡμᾶς, θανάτῳ θάνατον ὤλεσεν.

they saw that the stone was rolled back—it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, He is not here; see the place where they laid Him. But go, tell His disciples and Peter that He is going before you to Galilee; there you will see Him, as He told you." And they went out and fled from the tomb, for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid. [RSV]

( Glory to You, O Lord, glory to You. )

#### READER

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. Your Cross, O Christ, we venerate, and Your holy Resurrection we praise and glorify. For You are our God; apart from You we know no other; we call upon Your name. Come, all faithful, let us venerate the holy Resurrection of Christ; for behold, through the Cross, joy has come to the whole world. Ever blessing the Lord, let us praise His Resurrection; for having endured the Cross for us, He destroyed death by death. [GOA]

**ΧΟΡΟΣ**

**Ψαλμὸς Ν' (50).**

**Ἦχος β'.** (ἡ τῆς ἐβδομάδος.)

[Ἐλεήμων,] Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου καὶ ἀπὸ τῆς ἀμαρτίας μου καθάρισόν με.

Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἀμαρτία μου ἐνώπιόν μου ἔστι διαπαντός.

Σοὶ μόνῳ ἤμαρτον καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσῃς ἐν τῷ κρίνεσθαί σε.

Ἴδου γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἀμαρτίας ἐκίσσησέ με ἡ μήτηρ μου.

Ἴδου γὰρ ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι.

Ῥαντιεῖς με ὑσσώπῳ, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲρ χιόνα λευκανθήσομαι.

Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην, ἀγαλλιάσονται ὅστέα τεταπεινωμένα.

Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν ἀμαρτιῶν μου, καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον.

Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαινίσον ἐν τοῖς ἐγκάτοις μου.

**CHOIR**

**Psalm 50 (51).**

**Mode 2.** (or the Mode of the week)

[Merciful,] Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Wash me thoroughly from my lawlessness and cleanse me from my sin.

For I know my lawlessness, and my sin is always before me.

Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged.

For behold, I was conceived in transgressions, and in sins my mother bore me.

Behold, You love truth; You showed me the unknown and secret things of Your wisdom.

You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow.

You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice.

Turn Your face from my sins, and blot out all my transgressions.

Create in me a clean heart, O God, and renew a right spirit within me.



Μὴ ἀπορρίψῃς με ἀπὸ τοῦ προσώπου σου  
καὶ τὸ πνεῦμά σου τὸ ἅγιον μὴ ἀντανέλης ἀπ'  
ἐμοῦ.

Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου  
σου καὶ πνεύματι ἡγεμονικῶ στήριζόν με.

Διδάξω ἀνόμους τὰς ὁδοὺς σου, καὶ  
ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι.

Ῥῦσαί με ἐξ αἱμάτων, ὁ Θεὸς ὁ Θεὸς τῆς  
σωτηρίας μου· ἀγαλλιάσεται ἡ γλῶσσά μου  
τὴν δικαιοσύνην σου.

Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα  
μου ἀναγγελεῖ τὴν αἴνεσίν σου.

Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν·  
ὀλοκαυτώματα οὐκ εὐδοκήσεις.

Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον,  
καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ  
Θεὸς οὐκ ἐξουδενώσει.

Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου τὴν  
Σιών, καὶ οἰκοδομηθήτω τὰ τεῖχη Ἱερουσαλήμ.

Τότε εὐδοκήσεις θυσίαν δικαιοσύνης,  
ἀναφορὰν καὶ ὀλοκαυτώματα.

Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου  
μόσχους. Καὶ ἐλέησόν με, ὁ Θεός.

Δόξα.

Ταῖς τῶν Ἀποστόλων πρεσβείαις,  
Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν  
ἐγκλημάτων.

Do not cast me away from Your presence,  
and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation,  
and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and  
the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God,  
the God of my salvation, and my tongue shall  
greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my  
mouth will declare Your praise.

For if You desired sacrifice, I would give  
it; You will not be pleased with whole burnt  
offerings.

A sacrifice to God is a broken spirit,  
a broken and humbled heart God will not  
despise.

Do good, O Lord, in Your good pleasure  
to Zion, and let the walls of Jerusalem be built.

Then You will be pleased with a sacrifice  
of righteousness, with offerings and whole  
burnt offerings.

Then shall they offer young bulls on Your  
altar. And have mercy on me, O God. [SAAS]

Glory.

At the intercession of the Apostles, O Lord  
of mercy, blot out my many offences. [SDI]

Καὶ νῦν.

Ταῖς τῆς Θεοτόκου πρεσβείαις, Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν ἐγκλημάτων.

**Στίχ.** Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Ἀναστὰς ὁ Ἰησοῦς ἀπὸ τοῦ τάφου, καθὼς προεῖπεν, ἔδωκεν ἡμῖν τὴν αἰώνιον ζωὴν, καὶ μέγα ἔλεος.

### ΔΙΑΚΟΝΟΣ

Σῶσον ὁ Θεὸς τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου· ἐπίσκεψαι τὸν κόσμον σου ἐν ἐλέει καὶ οἰκτιρμοῖς· ὕψωσον κέρας Χριστιανῶν Ὁρθοδόξων καὶ κατάπεμψον ἐφ' ἡμᾶς τὰ ἐλέη σου τὰ πλοῦσια· πρεσβείαις τῆς παναχράντου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας, δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων Δυνάμεων ἀσωμάτων, ἱκεσίαις τοῦ τιμίου ἐνδόξου Προφήτου Προδρόμου καὶ Βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων Ἀποστόλων, τῶν ἐν ἁγίοις Πατέρων ἡμῶν μεγάλων Ἱεραρχῶν καὶ οἰκουμενικῶν Διδασκάλων, Βασιλείου τοῦ Μεγάλου, Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου τοῦ Χρυσοστόμου, Ἀθανασίου, Κυρίλλου καὶ Ἰωάννου τοῦ Ἐλεήμονος Πατριαρχῶν Ἀλεξανδρίας· Νικολάου τοῦ ἐν Μύροις, Σπυρίδωνος Τριμυθοῦντος καὶ Νεκταρίου Πενταπόλεως τῶν θαυματουργῶν· τῶν ἁγίων ἐνδόξων Μεγαλομαρτύρων Γεωργίου τοῦ Τροπαιοφόρου, Δημητρίου τοῦ Μυροβλήτου, Θεοδώρου τοῦ Τήρωνος, Θεοδώρου τοῦ Στρατηλάτου, Μηνᾶ τοῦ θαυματουργοῦ· τῶν Ἱερομαρτύρων Χαραλάμπους καὶ Ἐλευθερίου, τῆς ἁγίας ἐνδόξου Μεγαλομάρτυρος καὶ

Both now.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offences. <sup>[SD]</sup>

**Verse:** *Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.*

Jesus, having risen from the grave as He foretold, has granted us eternal life and great mercy. <sup>[SD]</sup>

### DEACON

O God, save Your people and bless Your inheritance. Look upon Your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us Your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs

πανευφήμου Εὐφημίας· τῶν ἁγίων ἐνδόξων  
Μαρτύρων Θέκλας, Βαρβάρας, Ἀναστασίας,  
Αἰκατερίνης, Κυριακῆς, Φωτεινῆς, Μαρίνης,  
Παρασκευῆς καὶ Εἰρήνης· τῶν ὁσίων καὶ  
Θεοφόρων Πατέρων ἡμῶν· (τοῦ Ἁγίου τοῦ  
Ναοῦ)· τῶν ἁγίων καὶ δικαίων Θεοπατόρων  
Ἰωακείμ καὶ Ἄννης, καὶ πάντων σου τῶν  
Ἁγίων. Ἰκετεύομέν σε, μόνη πολυέλεε Κύριε,  
ἐπάκουσον ἡμῶν τῶν ἁμαρτωλῶν δεομένων  
σου καὶ ἐλέησον ἡμᾶς.

**ΧΟΡΟΣ**

Κύριε, ἐλέησον. (ιβ')

**ΙΕΡΕΥΣ**

Ἐλέει καὶ οἰκτιρμοῖς καὶ φιλανθρωπία τοῦ  
μονογενοῦς σου Υἱοῦ, μεθ' οὗ εὐλογητὸς εἶ,  
σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου  
Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων.

( Ἀμήν. )

*Ὁ λαὸς ἵσταται διὰ τὴν Θ' Ὠδὴν.*

**ΔΙΑΚΟΝΟΣ**

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν  
ᾧ ἕμνοις τιμῶντες μεγαλύνωμεν.

**ΧΟΡΟΣ**

**Ὠδὴ θ'.**

**Μεγαλυνάριον. ᾠδὴ πλ. δ'.**

**Στίχ.** Μεγαλύνει ἡ ψυχὴ μου τὸν Κύριον,  
καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ  
σωτῆρί μου.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ  
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν  
ἀδιαφθόρωσ, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως  
Θεοτόκον, σὲ μεγαλύνωμεν.

Thecla, Barbara, Anastasia, Katherine,  
Kyriake, Fotene, Marina, Paraskeve and Irene;  
of our holy God-bearing Fathers; (**local patron  
saint**); the holy and righteous ancestors of  
God Joachim and Anna, and of all your Saints.  
We beseech you, only merciful Lord, hear us  
sinners who pray to you and have mercy on us.

**CHOIR**

Lord, have mercy. (12)

**PRIEST**

Through the mercy, compassion, and love  
of mankind of Your only-begotten Son, with  
whom You are blessed, together with Your  
all-holy, good and life-giving Spirit, now and  
forever and to the ages of ages.

( Amen. )

*It is appropriate for the congregation to stand for the  
singing of Ode ix.*

**DEACON**

Let us honor and magnify in song the  
Theotokos and the Mother of the light.

**CHOIR**

**Ode ix.**

**The Magnificat. Mode pl. 4.**

**Verse:** *My soul magnifies the Lord, and  
my spirit has rejoiced in God my Savior.* [NKJV]

Greater in honor than the Cherubim, and  
in glory greater beyond compare than the  
Seraphim; you without corruption gave birth to  
God the Word, and are truly Theotokos. You  
do we magnify. [SD]

**Στίχ.** Ὅτι ἐπέβλεψεν ἐπὶ τὴν ταπεινῶσιν τῆς δούλης αὐτοῦ· ἰδοὺ γάρ, ἀπὸ τοῦ νῦν μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρωσ, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Ὅτι ἐποίησέ μοι μεγαλεῖα ὁ Δυνατός, καὶ ἅγιον τὸ ὄνομα αὐτοῦ, καὶ τὸ ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεάν τοῖς φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρωσ, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Ἐποίησε Κράτος ἐν βραχίονι αὐτοῦ, διεσκόρπισεν ὑπερηφάνους διανοίᾳ καρδίας αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρωσ, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Καθεῖλε δυνάστας ἀπὸ θρόνων, καὶ ὑψώσε ταπεινοὺς, πεινῶντας ἐνέπλησεν ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε κενούς.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν

**Verse:** For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed.

[NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

**Verse:** For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

**Verse:** He has shown strength with His arm; He has scattered the proud in the imagination of their hearts. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

**Verse:** He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to

ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Ἀντελάβετο Ἰσραὴλ παιδὸς αὐτοῦ, μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς Πατέρας ἡμῶν, τῷ Ἀβραάμ, καὶ τῷ σπέρματι αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἔνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**ᾠδὴ θ'. Καταβασία. ᾠχος πλ. δ'.**

Μυστικὸς εἶ Θεοτόκε Παράδεισος, ἀγεωργήτως βλαστήσασα Χριστόν, ὅφ' οὗ τὸ τοῦ Σταυροῦ, ζωφόρον ἐν γῆ, πεφυτούργηται δένδρον· δι' οὗ νῦν ὑψουμένου, προσκυνοῦντες αὐτόν, σὲ μεγαλύνομεν.

**ΔΙΑΚΟΝΟΣ**

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

( Κύριε, ἐλέησον. )

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

( Κύριε, ἐλέησον. )

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

( Σοί, Κύριε. )

God the Word, and are truly Theotokos. You do we magnify. [SD]

**Verse:** *He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

**Ode ix. Katavasia. Mode pl. 4.**

Theotokos, you are mystical Paradise, \* for without husbandry you have blossomed Christ, \* by whom on earth the Cross, as a life-bearing tree, has been planted and watered. \* As it is now exalted, \* we adore Him and worship Him and magnify you. [SD]

**DEACON**

Again and again, in peace, let us pray to the Lord.

( Lord, have mercy. )

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

( Lord, have mercy. )

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

( To You, O Lord. )

**ΙΕΡΕΥΣ**

Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

( Ἀμήν. )

**ΧΟΡΟΣ**

**Ἦχος β΄.**

Ἅγιος Κύριος ὁ Θεὸς ἡμῶν. (δίς)

Ἐψοῦτε Κύριον τὸν Θεὸν ἡμῶν καὶ προσκυνεῖτε τῷ ὑποποδίῳ τῶν ποδῶν αὐτοῦ.

Ὅτι ἅγιός ἐστι.

Τῆς Ὀκτωήχου ---

**Ἐξαποστειλάριον.**

**Τὸ Β΄ Ἐωθινόν.**

**Ἦχος β΄.** *Τοῖς Μαθηταῖς συνέλθωμεν.*

Τὸν λίθον θεωρήσασαι, ἀποκεκυλισμένον, αἱ Μυροφόροι ἔχαιρον· εἶδον γὰρ Νεανίσκον, καθήμενον ἐν τῷ τάφῳ, καὶ αὐτὸς ταύταις ἔφη· Ἴδου Χριστὸς ἐγήγερται, εἶπατε σὺν τῷ Πέτρῳ, τοῖς Μαθηταῖς· Ἐν τῷ ὄρει φθάσατε Γαλιλαίας, ἐκεῖ ὑμῖν ὀφθήσεται, ὡς προεῖπε τοῖς φίλοις.

**Τῆς Ἑορτῆς.**

Τοῦ Μηναίου ---

**Ἦχος β΄.** *Τῶν Μαθητῶν ὁρώντων σε.*

Σταυρός, ὁ φύλαξ πάσης τῆς οἰκουμένης· Σταυρός, ἡ ὠραιότης τῆς Ἐκκλησίας, Σταυρός, Βασιλέων τὸ κραταίωμα· Σταυρός, Πιστῶν τὸ στήριγμα· Σταυρός, Ἀγγέλων ἡ δόξα, καὶ τῶν δαιμόνων τὸ τραῦμα.

**PRIEST**

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

( Amen. )

**CHOIR**

**Mode 2.**

Holy is the Lord our God. (2) [SAAS]

Exalt the Lord our God, and worship at the footstool of His feet.

For He is holy.

From Octoechos ---

**Exaposteilarion.**

**Eothinon 2.**

**Mode 2.** *On the mountain.*

The women with the myrrh rejoiced \* when they saw that the great stone \* had from the tomb been rolled away. \* For they had seen a young man sitting within on the right side. \* And he addressed them, saying: \* "Lo, Christ has risen from the dead. \* Go and tell His disciples and Peter too, \* to proceed to Galilee on the mountain. \* For He will there appear to you \* His friends, as He foretold you." [SD]

**For the Feast.**

From Menaion ---

**Mode 2.** *With the disciples.*

O Cross, you are the guardian of the whole world. \* O Cross, you are the height of the Church's beauty. \* O Cross, you are what strengthened the Emperors. \* O Cross, the believers' firm support. \* O Cross, the glory of Angels \* and the defeat of the demons. [SD]

**Οἱ Αἶνοι. ᾠχος δ΄.**

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε αὐτὸν ἐν τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ· αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτόν πάντα τὰ ἄστρα καὶ τὸ φῶς.

Αἰνεῖτε αὐτόν οἱ οὐρανοὶ τῶν οὐρανῶν καὶ τὸ ὕδωρ τὸ ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ ὄνομα Κυρίου.

Ὅτι αὐτὸς εἶπε, καὶ ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ ἐκτίσθησαν.

Ἔστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος· πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται.

Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι ἄβυσσοι.

Πῦρ, χάλαζα, χιόν, κρύσταλλος, πνεῦμα καταιγίδος, τὰ ποιοῦντα τὸν λόγον αὐτοῦ.

Τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ πᾶσαι κέδροι.

Τὰ θηρία καὶ πάντα τὰ κτήνη, ἔρπετα καὶ πετεινὰ πτερωτά.

Βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς.

Νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων· αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου.

Ἡ ἐξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐρανοῦ. καὶ ὑψώσει κέρας λαοῦ αὐτοῦ.

Ἕμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραὴλ, λαῶ ἐγγίζοντι αὐτῷ.

Ἄσατε τῷ Κυρίῳ ᾠσμα καινόν, ἢ αἶνεσις αὐτοῦ ἐν ἐκκλησίᾳ ὁσίων.

Εὐφρανθήτω Ἰσραὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ υἱοὶ Σιών ἀγαλλιᾶσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν.

**Lauds. Mode 4.**

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χορῶ, ἐν τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῶ.

Ὅτι εὐδοκεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ καὶ ὑψώσει πραεῖς ἐν σωτηρίᾳ.

Καυχήσονται ὅσοι ἐν δόξῃ καὶ ἀγαλλιάσονται ἐπὶ τῶν κοιτῶν αὐτῶν.

Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάρυγγι αὐτῶν, καὶ ῥομφαῖαι δίστομοι ἐν ταῖς χερσὶν αὐτῶν.

Τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμούς ἐν τοῖς λαοῖς.

Τοῦ δῆσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς.

Τῆς Ὀκτωήχου - - -

### **Στιχηρὰ Ἀναστάσιμα.**

#### **Ἦχος δ΄.**

*Τοῦ ποιῆσαι ἐν αὐτοῖς κριμα ἔγγραπτον· δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.*

Ὁ Σταυρὸν ὑπομείνας καὶ θάνατον, καὶ ἀναστὰς ἐκ τῶν νεκρῶν, παντοδύναμε Κύριε, δοξάζομέν σου τὴν Ἀνάστασιν.

#### **Ἦχος δ΄.**

*Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ, αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως αὐτοῦ.*

Ἐν τῷ Σταυρῷ σου Χριστέ, τῆς ἀρχαίας κατάρας ἠλευθέρωσας ἡμᾶς, καὶ ἐν τῷ θανάτῳ σου, τὸν τὴν φύσιν ἡμῶν τυραννήσαντα, διάβολον κατήργησας, ἐν δὲ τῇ Ἐγέρσει σου, χαρᾶς τὰ πάντα ἐπλήρωσας· διὸ βοῶμέν σοι, ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

From Octoechos - - -

### **Resurrectional Stichera.**

#### **Mode 4.**

*To fulfill among them the written judgment: this glory have all His holy ones.*

[SAAS]

You endured crucifixion and death, O Lord, and resurrected from the dead. O Almighty One, we glorify Your resurrection.

[SD]

#### **Mode 4.**

*Praise God in His saints; praise Him in the firmament of His power.* [SAAS]

O Christ, by means of Your Cross, You have set us free from the ancient curse; and by means of Your death, You have neutralized the devil who tyrannized our nature; and by Your rising, You filled all things with joy. Therefore we shout to You, who rose from the dead, "Glory to You, O Lord." [SD]



**Ἦχος δ'.**

*Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ.*

Τῷ σῶ Σταυρῷ Χριστέ Σωτήρ, ὁδήγησον ἡμᾶς ἐπὶ τὴν ἀλήθειάν σου, καὶ ῥῦσαι ἡμᾶς, τῶν παγίδων τοῦ ἐχθροῦ, ὁ ἀναστάς ἐκ τῶν νεκρῶν, ἀνάστησον ἡμᾶς πεσόντας τῇ ἁμαρτία, ἐκτείνας τὴν χεῖρά σου, φιλόανθρωπε Κύριε, τῇ πρεσβείᾳ τῶν Ἁγίων σου.

**Ἦχος δ'.**

*Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρα.*

Τῶν πατρικῶν σου κόλπων, μὴ χωρισθεῖς μονογενὲς Λόγε τοῦ Θεοῦ, ἦλθες ἐπὶ γῆς διὰ φιλοανθρωπίαν, ἄνθρωπος γενόμενος ἀτρέπτως, καὶ Σταυρὸν καὶ θάνατον ὑπέμεινας σαρκί, ὁ ἀπαθῆς τῇ Θεότητι, ἀναστάς δὲ ἐκ νεκρῶν ἀθανασίαν παρέσχες τῷ γένει τῶν ἀνθρώπων, ὡς ὁ μόνος παντοδύναμος.

**Τοῦ Σταυροῦ.**

Τοῦ Μηναίου ---

**Ἦχος πλ. δ'.** Ὡ τοῦ παραδόξου.

*Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῷ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὄργάνῳ.*

Ὡ τοῦ παραδόξου θαύματος! τὸ ζωηφόρον φυτόν, ὁ Σταυρὸς ὁ πανάγιος, εἰς ὕψος αἰρόμενος, ἐμφανίζεται σήμερον· δοξολογοῦσι πάντα τὰ πέρατα· ἐκδειματοῦνται δαίμονες ἅπαντες, ὡς οἶον δώρημα, τοῖς βροτοῖς κεχάρισται! δι' οὗ Χριστέ, σῶσον τὰς ψυχὰς ἡμῶν, ὡς ὁ μόνος εὐσπλαγχνος.

**Mode 4.**

*Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]*

By means of Your Cross, O Lord, direct us to Your truth, O Christ our Savior; and deliver us from the snares of the foe. You who rose from the dead, raise us who are fallen because of sin, extending Your hand, O Lord who loves humanity, at the intercession of Your holy ones. [SD]

**Mode 4.**

*Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]*

Only-begotten Logos of God, while departing not from the Father's bosom, You came to earth for love of humanity, immutably becoming human; and You physically endured the Cross and death, although impassible in divinity. Having risen from the dead, You granted the human race immortality, as the only almighty One. [SD]

**For the Cross.**

From Menaion ---

**Mode pl. 4.** *What a paradoxal.*

*Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]*

What a paradoxal miracle! \* Behold, the life-bearing plant, \* the all-holy and precious Cross,\* is appearing on display \* and is carried aloft today. \* Now all the ends of the earth do glorify, \* and all the demons are greatly terrified. \* Oh, what a gift is this \* that to mortals has been granted! Hence, O Christ \*

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.

Ὡ τοῦ παραδόξου θαύματος! τὸ ζωηφόρον φυτόν, ὁ Σταυρὸς ὁ πανάγιος, εἰς ὕψος αἰρόμενος, ἐμφανίζεται σήμερον· δοξολογοῦσι πάντα τὰ πέρατα· ἐκδειματοῦνται δαίμονες ἅπαντες, ὡ οἶον δώρημα, τοῖς βροτοῖς κεχάρισται! δι' οὗ Χριστέ, σῶσον τὰς ψυχὰς ἡμῶν, ὡς μόνος εὐσπλαγχνος.

**Στίχ.** Ὑψοῦτε Κύριον τὸν Θεὸν ἡμῶν καὶ προσκυνεῖτε τῷ ὑποποδίῳ τῶν ποδῶν αὐτοῦ, ὅτι ἅγιός ἐστι.

Ὡ τοῦ παραδόξου θαύματος! ὡς βότρυον πλήρη ζωῆς, ὁ βαστάσας τὸν ὕψιστον, ἀπὸ γῆς ὑψούμενος, Σταυρὸς ὀρᾶται σήμερον· δι' οὗ πρὸς Θεὸν πάντες εἰλκύσθημεν, καὶ κατεπόθη εἰς τέλος θάνατος, Ὡ ξύλον ἄχραντον! ὑφ' οὗ ἀπολαύομεν τῆς ἐν Ἐδέμ, ἀθανάτου βρώσεως, Χριστὸν δοξάζοντες.

**Στίχ.** Ὁ δὲ Θεὸς βασιλεὺς ἡμῶν πρὸ αἰώνων, εἰργάσατο σωτηρίαν ἐν μέσῳ τῆς γῆς.

Ὡ τοῦ παραδόξου θαύματος! εὖρος καὶ μῆκος Σταυροῦ, οὐρανοῦ ἰσοστάσιον, ὅτι θεία χάριτι, ἀγιάζει τὰ σύμπαντα, ἐν τούτῳ ἔθνη βάρβαρα ἤττηνται· ἐν τούτῳ σκῆπτρα ἀνάκτων ἠδρασταί. Ὡ θείας κλίμακος! δι'

the only compassionate, \* do thereby save our souls. [SD]

*Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord.* [SAAS]

What a paradoxal miracle! \* Behold, the life-bearing plant, \* the all-holy and precious Cross,\* is appearing on display \* and is carried aloft today. \* Now all the ends of the earth do glorify, \* and all the demons are greatly terrified. \* Oh, what a gift is this \* that to mortals has been granted! Hence, O Christ \* the only compassionate, \* do thereby save our souls. [SD]

**Verse:** *Exalt the Lord our God, and worship at the footstool of His feet; for He is holy.* [SAAS]

What a paradoxal miracle! \* The Cross that held the Most High \* like a grape cluster full of life \* is observed by all to be \* exalted from the earth today: \* the Cross, through which we have all been drawn to God, \* and by which death was completely swallowed up. \* O immaculate Tree, \* whereby we again enjoy the deathless food \* that was in Eden of old, \* and Christ we glorify. [SD]

**Verse:** *God is our King before the ages; He worked salvation in the midst of the earth.*

[SAAS]

What a paradoxal miracle! \* Behold the breadth and the length \* of the Cross are the same as those \* of the sky. For by divine \* grace it hallows the universe. \* By it barbarian nations are subdued, \* by it the scepters of

ἧς ἀνατρέχομεν εἰς οὐρανοὺς, ὑψοῦντες ἐν ἄσμασι, Χριστὸν τὸν Κύριον.

Τῆς Ὀκτωήχου - - -

Δόξα. ᾠχος β΄.  
Τὸ Β΄ Ἐωθινόν.

Μετὰ μύρων προσελθούσαις, ταῖς περὶ Μαριάμ Γυναίξί, καὶ διαπορουμέναις, πῶς ἔσται αὐταῖς τυχεῖν τοῦ ἐφετοῦ, ὠράθη ὁ λίθος μετηρμένος, καὶ θεῖος Νεανίας, καταστέλλων τὸν θόρυβον αὐτῶν τῆς ψυχῆς. Ἠγέρθη γὰρ φήσιν, Ἰησοῦς ὁ Κύριος· διὸ κηρύξατε τοῖς κήρυξιν αὐτοῦ Μαθηταῖς τὴν Γαλιλαίαν δραμεῖν, καὶ ὄψεσθε αὐτόν, ἀναστάντα ἐκ νεκρῶν, ὡς ζωοδότην καὶ Κύριον.

Καὶ νῦν. Θεοτοκίον.

Ἐπευλογημένη ὑπάρχεις, Θεοτόκε Παρθένε· διὰ γὰρ τοῦ ἐκ σοῦ σαρκωθέντος, ὁ ἄδης ἠχμαλώτισται, ὁ Ἄδὰμ ἀνακέκληται, ἡ κατάρα νενέκρωται, ἡ Εὐὰ ἠλευθέρωται, ὁ θάνατος τεθανάτωται, καὶ ἡμεῖς ἐζωοποιήθημεν· διὸ ἀνυμνοῦντες βοῶμεν· Εὐλογητὸς Χριστὸς ὁ Θεὸς ἡμῶν, ὁ οὕτως εὐδοκήσας δόξα σοι.

*Ὁ λαὸς ἵσταται διὰ τὴν Μ. Δοξολογίαν.*

**Ἡ Μεγάλη Δοξολογία**

Δόξα σοι τῷ δείξαντι τὸ φῶς. Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις εὐδοκία.

kings have been secured. \* O holy and divine \* ladder whereby to the heavens we return, \* as we offer songs of praise \* exalting Christ the Lord. [SD]

From Octoechos - - -

Glory. **Mode 2.**  
**Eothinon 2.**

The women with their ointments went with Mary to the tomb, and they wondered how they would attain what they desired. Then they saw that the stone was rolled back, and also a godly young man who tried to quiet the disturbance of their souls. For he said, "The Lord Jesus has risen. Therefore, preach it to His Disciples and preachers, that they should go quickly to Galilee; and you will see Him, risen from the dead, as the Giver of Life and Lord." [SD]

Both now. **Theotokion.**

You are supremely blessed, O Virgin Theotokos. For through Him who from you became incarnate was Hades taken prisoner, and Adam has been summoned back; the curse has been neutralized, and Eve has been liberated; death has been put to death, and we have been brought to life. Therefore extolling we cry out: O Christ our God, You are blessed, for so was Your good pleasure. Glory to You!

[SD]

*It is appropriate for the congregation to stand for the Great Doxology.*

**Great Doxology**

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. [SD]

Ὑμνοῦμέν σε, εὐλογοῦμέν σε,  
προσκυνοῦμέν σε, δοξολογοῦμέν σε,  
εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου  
δόξαν.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ  
παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ  
Χριστέ, καὶ Ἅγιον Πνεῦμα.

Κύριε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ  
Υἱὸς τοῦ Πατρὸς, ὁ αἴρων τὴν ἀμαρτίαν τοῦ  
κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς ἀμαρτίας  
τοῦ κόσμου.

Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος  
ἐν δεξιᾷ τοῦ Πατρὸς, καὶ ἐλέησον ἡμᾶς.

Ὅτι σὺ εἶ ὁ μόνος Ἅγιος, σὺ εἶ ὁ μόνος  
Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ  
Πατρὸς. Ἀμήν.

Καθ' ἐκάστην ἡμέραν εὐλογήσω σε καὶ  
αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν  
αἰῶνα τοῦ αἰῶνος.

Καταξίωσον, Κύριε, ἐν τῇ ἡμέρᾳ ταύτῃ,  
ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων  
ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά  
σου εἰς τοὺς αἰῶνας. Ἀμήν.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς,  
καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.

We praise You, we bless You, we worship  
You, we glorify You, we give thanks to You  
for Your great glory.

Lord King, heavenly God, Father, Ruler  
over all; Lord, only-begotten Son, Jesus Christ;  
and You, O Holy Spirit.

Lord God, Lamb of God, Son of the  
Father, who take away the sin of the world,  
have mercy on us, You who take away the sins  
of the world.

Accept our supplication, You who sit at  
the right hand of the Father, and have mercy on  
us.

For You alone are holy, You alone are  
Lord, Jesus Christ, to the glory of God the  
Father. Amen.

Every day I will bless You, and Your  
name will I praise to eternity, and to the ages  
of ages.

Vouchsafe, O Lord, this day, that we be  
kept without sin.

Blessed are You, O Lord, the God of our  
fathers, and praised and glorified is Your name  
to the ages. Amen.

Let Your mercy be on us, O Lord, as we  
have set our hope on You.

Blessed are You, O Lord. Teach me Your  
statutes.

Blessed are You, O Lord. Teach me Your  
statutes.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.

Κύριε, καταφυγὴ ἐγενήθης ἡμῖν ἐν γενεᾷ  
καὶ γενεᾷ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν με, ἴασαι  
τὴν ψυχὴν μου, ὅτι ἤμαρτόν σοι.

Κύριε, πρὸς σὲ κατέφυγον. Δίδαξόν με τοῦ  
ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου.

Ὅτι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί σου  
ὀψόμεθα φῶς.

Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί  
σε.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος  
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων. Ἀμήν.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος  
Ἀθάνατος, ἐλέησον ἡμᾶς.

*Μετὰ τὸ τέλος τῆς Δοξολογίας λέγομεν Τροπάριον  
Ἀναστάσιμον.*

**Ἦχος δ'.** (ἡ τῆς ἐβδομάδος.)

Σήμερον σωτηρία τῷ κόσμῳ γέγονεν.  
Ἄσωμεν τῷ ἀναστάντι ἐκ τάφου καὶ ἀρχηγῷ  
τῆς ζωῆς ἡμῶν· καθελὼν γὰρ τῷ θανάτῳ τὸν  
θάνατον, τὸ νίκος ἔδωκεν ἡμῖν, καὶ τὸ μέγα  
ἔλεος.

Blessed are You, O Lord. Teach me Your  
statutes.

Lord, You have been our refuge from  
generation to generation. I said: Lord, have  
mercy on me. Heal my soul, for I have sinned  
against You.

Lord, I have fled to You. Teach me to do  
Your will, for You are my God.

For with You is the fountain of life; in  
Your light we shall see light.

Continue Your mercy to those who know  
You.

Holy God, Holy Mighty, Holy Immortal,  
have mercy on us. (3)

Glory to the Father and the Son and the  
Holy Spirit.

Both now and ever and to the ages of ages.  
Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal,  
have mercy on us.

*After the Doxology, sing the following Resurrectional  
Troparion.*

**Mode 4.** (or the Mode of the week)

Today has salvation come to pass in the  
world. Let us sing to Him who resurrected  
from the tomb and is the Author of our life.  
For, destroying death by death, He gave us the  
victory and the great mercy. [SD]